

Parish Hall. Come find out about the good work that Arlington Street Church does, and perhaps discover exciting new ways that you can get involved!

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## Other Announcements

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### New Orleans Service Trip

The week of October 12<sup>th</sup>, New Orleans

Come one, come all and join Reverend Kim for Arlington Street Church's service trip to the Big Easy the week of October 12<sup>th</sup>. Arrive early, stay longer and enjoy the hospitality of this Rocking City! There is still plenty to do in and about the neighborhoods surrounding First Church. Most importantly, we need to be present and show our continued support for not only the members of First Church but for the residents of this city of hospitality.

For more information, contact Rev. Kim or email to [NewOrleans@ascboston.org](mailto:NewOrleans@ascboston.org).

### Please Donate Plastic Grocery Bags!

We are resuming our collection of plastic bags for the food pantry at Bethel Tabernacle Pentecostal Church in Dorchester. Please bring grocery sized plastic bags (not newspaper or sandwich bags) to the Social Action table after church. Supporting this food pantry is part of our Jubilee service to Bethel which sponsors the Villages without Walls youth program, funded by Jubilee, Arlington Street Church's work in the world.

### Kundalini Yoga Class

Wednesdays, 6:00 – 7:30 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There will be a \$10 charge that will go to the church.

### Young Adult Group

The Young Adult Group (ages 18–35) meets two Fridays per month at 7 pm in the Perkins Room (downstairs next to the kitchen) for activities, food, and worship. The schedule of meetings can be found on Arlington Street Church's online calendar at [www.ASCBoston.org](http://www.ASCBoston.org).

The Young Adult Group also meets for lunch after the service on Sundays. You can purchase food from the Sandwich Board during Coffee Hour, or bring your own food. The group meets in the Stage Right Room. The Stage Right Room is the first room on your left after going down the stairs at the back of the sanctuary. The group will begin their informal lunches shortly – please check the church calendar for details.

### Climate Change

What you can do at home to reduce Green House Gas Emissions

It is important to control the emission of greenhouse gases (carbon dioxide from the burning of oil, natural gas and coal, methane and other gases) because they trap heat in the atmosphere which causes significant changes in global temperatures and climate patterns. Some observed changes include shrinking of glaciers, sea level rise, thawing of permafrost, later freezing and earlier break-up of ice on rivers and lakes, lengthening of growing seasons, shifts in plant and animal ranges and earlier flowering of trees.

**Change five lights** — Change a light, and you help change the world. Replace the conventional bulbs in your five most frequently used light fixtures with bulbs that have the ENERGY STAR and you will help the environment while saving money on energy bills. If every household in the U.S. took this one simple action we would prevent greenhouse gases equivalent to the emissions from nearly 10 million cars.



UNITARIAN  
UNIVERSALIST  
ASSOCIATION OF  
CONGREGATIONS

#### Suggestion Box

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org) or leave a note in the suggestion box outside the Church Office. Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "Our Caring Community" to the right.

#### Inside Submission Guidelines

Please deliver all Sunday announcements before Tuesday at 3:00 pm by e-mail to [communications@ASCBoston.org](mailto:communications@ASCBoston.org). Announcements will not be accepted by telephone. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### Scheduling Events at Arlington Street Church

All issues dealing with building usage for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, facilities manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617-536-7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

#### Our Caring Community

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office. Our staff and ministers will be in touch to lend support.

#### Security Note

This is an urban church. Please do not leave your valuables unattended! Also, please be attentive when exiting the church into the alley. When walking in the alley avoid being alone, carry a cell phone, walk in the center of the road, and pay attention!

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Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051  
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# INSIDE

## ARLINGTON STREET CHURCH

*NEWS FROM THE SOUL OF SUNDAY*

SUNDAY, SEPTEMBER 20<sup>TH</sup>, 2009

L'SHANAH TOVAH! HAPPY NEW YEAR!

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## Today's Events

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### Coffee Hour

Immediately following the service in the Parish Hall

Let's gather downstairs for coffee, comestibles, and community! If you're visiting Arlington Street Church, or would like more information about Unitarian Universalism, please visit the Welcome Table. The children are in the Perkins Room, right off the Parish Hall; stop by to see what they have been up to this morning. And there's always something going on at the Social Action Table. All are welcome. Enjoy!

### Today! Support Immigrant Rights!

The Santuario Task Force will meet today, September 20th, 12:30 PM–2 PM in the Chapel. There will be an update on recent detentions, raids and deportations and a discussion of opportunities for service work with immigrants and immigrant rights.

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## Children's Religious Education

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Today the church school kicks off a new social justice program, *Cans4Cause!* Children and their parents join in promoting our second principle, "being kind in all you do." Each kind act a child performs earns a can or nonperishable item that the child will bring to church. The cans collected will be distributed to local organizations in the Boston area which directly foster the well being of children.

Erick DuPree, religious educator, will be greeting children and parents this morning at the Children's Corner located at the right front of the sanctuary. The church school children will leave for class downstairs in the Perkins Room during the Children's Blessing where they will decorate their *Cans4Cause* collection bin. All children are welcome!



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

## The Wednesdays: Mary Oliver

Wednesdays, September 23<sup>rd</sup>, 30<sup>th</sup>, October 7<sup>th</sup>, 6:00 – 7:30, Library

Please join Professor Alan Helms and Rev. Kim for Arlington Street's literary salon. This fall features the work of Provincetown poet, Mary Oliver. Here's a taste; just the first five lines of *Wild Geese*:

*You do not have to be good.  
You do not have to walk on your knees  
for a hundred miles through the desert repenting.  
You only have to let the soft animal of your body  
love what it loves.*

All are welcome!

Poems for our first meeting September 23<sup>rd</sup>:

“A Letter from Home”  
“The Swimming Lesson”  
“The Rabbit”  
“At Blackwater Pond”  
“Winter in the Country”  
“Bailing the Boat”  
“Bone Poem”  
“Last Days”  
“The Truro Bear”  
“Entering the Kingdom”  
“Sleeping in the Forest”  
“The Black Snake”

All poems come from *New and Selected Poems* (Beacon Press).

## Sacred Eros Returns for Second Year, Adds Online Discussion

Fourth Monday of each month, 7:00 PM, Perkins Room

Experience Sacred Eros is a monthly discussion group at Arlington Street Church, providing a safe and supportive space to explore questions about sexuality from a spiritual and ethical perspective.

We meet on the fourth Monday of each month in the Perkins Room at 7:00 PM. Please enter through the side door at 351 Boylston Street. All people over 18 are welcome, and participants are expected to respect one another and keep personal matters discussed confidential.

Now in its second year, the group has also begun an online discussion list for announcements, questions and other feedback. To join, go to <http://groups.yahoo.com/group/SacredEros>.

Meeting dates on the ASC Web site calendar, or you can contact the group moderator through the ASC office at [Office@ASCBoston.org](mailto:Office@ASCBoston.org).

## Coming Up...

### Sunday, September 20<sup>th</sup>, 2009

9:30 AM Choir Warm-Up - Sanctuary  
11:00 AM Sunday Morning Worship - Sanctuary  
12:00 PM Coffee Hour - Parish Hall  
12:30 PM Santuario Task Force meeting - Chapel  
12:30 PM Young Adult Group Lunch - Stage Right Room

### Monday, September 21<sup>st</sup>, 2009

No congregation related events at this time.

### Tuesday, September 22<sup>nd</sup>, 2009

6:00 PM Buddha's Belly - Chapel  
7:00 PM Arlington Street Zen Center - Chapel

### Wednesday, September 23<sup>rd</sup>, 2009

3:30 PM \*Staff Meeting - Parish Hall  
6:00 PM Kundalini Yoga - Chapel  
6:00 PM The Wednesdays Literary Salon - Frothingham Library

### Thursday, September 24<sup>th</sup>, 2009

7:00 PM Choir Rehearsal - Clarke Room

### Friday, September 25<sup>th</sup>, 2009

5:00 PM Friday Night Supper Program - Parish Hall and Kitchen

### Saturday, September 26<sup>th</sup>, 2009

7:15 PM Open-Sharing Worship for Katie Tyson - Chapel

### Sunday, September 27<sup>th</sup>, 2009

9:30 AM Choir Warm-Up - Sanctuary  
11:00 AM Sunday Morning Worship - Sanctuary  
12:00 PM Coffee Hour - Parish Hall  
12:30 PM Fundraising Team Committee - Archives Room  
12:30 PM Young Adult Group Lunch - Stage Right Room  
1:30 PM Katie Tyson Celebration of Life - Sanctuary & Chapel

\*Closed meeting

**NOTE:** This calendar is accurate as of noon the Wednesday before publication and only includes events directly related to the congregation. For complete, up-to-date calendar listings over the coming months, visit [www.ASCBoston.org](http://www.ASCBoston.org).

## Music At Arlington Street Church

### Love Singing? Love Community?

### Be Part of our Arlington Street Church Choir!

Do you love to sing? Would you like to be part of a community of sharing music? Do you want or need to take just a couple hours out of your week to create something beautiful? The Arlington Street Church Choir may be just the place for you! No musical experience necessary!

We find that making music with and for our community here at Arlington Street is a central and beautiful part of our spiritual practice as Unitarian Universalists. We rehearse one night a week and sing Sunday mornings at our weekly services, performing an array of challenging, evocative repertoire spanning dozens of cultures, and centuries of musical and liturgical history.

The choir is open to all interested singers able to make a commitment to the choir's schedule. Attendance each week is not mandatory, though members find that it's difficult to function effectively if they miss more than a quarter of the rehearsals. We rehearse on Thursdays from 7:00 – 9:00 PM in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at [MBuckles@ASCBoston.org](mailto:MBuckles@ASCBoston.org).

## Cantabile II

Sunday, October 11<sup>th</sup> at 1:30 PM, Hunnewell Chapel

Violinist Alistair Kok and pianist Rumi Naito present an afternoon recital of exquisite chamber music in the Hunnewell Chapel! Join us!

Alfred Schnittke: Suite in the Old Style

Wolfgang Amadeus Mozart: Sonata in e minor, K.304

J. S. Bach: Adagio from Concerto in c minor for violin and oboe, BWV 2060

Johannes Brahms: Sonata No. 3 in d minor, Op.108

Aaron Copland: Hoe-Down from “Rodeo”

## Congregational Announcements

### Open-Sharing Worship for Katie Tyson

Saturday, September 26<sup>th</sup>, 7:15 PM, Chapel

Join us to share memories of Katie. This event is open to all.

We'll loosely follow the circle worship style often used by UU Youth and Young Adults, but the bulk of the worship will be a time for anyone to share a favorite memory of Katie. Feel free to bring a poem, song, or story to share.

We will gather at 7:15 PM and begin at 7:30 PM. We may end by 8:30 PM, but wouldn't be surprised if the worship ran until 9:30 PM or later (Feel free to leave whenever you need). When entering the building, please use the upstairs door at 351 Boylston Street.

### A Service in Celebration of the Life of Katie Tyson

Sunday, September 27<sup>th</sup>, 1:30 PM, Sanctuary and Chapel

Please join in welcoming Katie's parents, Karen and Herb Tyson; the Boston University community; and Katie's many friends to Arlington Street Church for this memorial celebration.

### Blessing of the Animals

Sunday, October 4<sup>th</sup>, 11:00 AM, Sanctuary

Each year on a Sunday near the Feast Day of St. Francis, we celebrate the animal companions in our lives by welcoming them (crated, on a leash, in a bowl) to be blessed. Come join in this happy, hilarious, and love-filled worship service.

### Arlington Street Church Committee Fair!

The During Coffee Hour on Sunday, October 4<sup>th</sup>, many groups at Arlington Street Church will be represented at tables set up in the