

## Arlington Street Church Committee Fair!

During Coffee Hour on Sunday, October 4th, many groups at Arlington Street Church will be represented at tables set up in the Parish Hall. Come find out about the good work that Arlington Street Church does, and perhaps discover exciting new ways that you can get involved!

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## Other Announcements

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### Please Donate Plastic Grocery Bags!

We are resuming our collection of plastic bags for the food pantry at Bethel Tabernacle Pentecostal Church in Dorchester. Please bring grocery sized plastic bags (not newspaper or sandwich bags) to the Social Action table after church. Supporting this food pantry is part of our Jubilee service to Bethel which sponsors the Villages without Walls youth program, funded by Jubilee, Arlington Street Church's work in the world.

### Kundalini Yoga Class

Wednesdays, 6:00 – 7:30 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There will be a \$10 charge that will go to the church.

### Young Adult Group

The Young Adult Group (ages 18–35) meets two Fridays per month at 7 pm in the Perkins Room (downstairs next to the kitchen) for activities, food, and worship. The schedule of meetings can be found on Arlington Street Church's online calendar at [www.ASCBoston.org](http://www.ASCBoston.org).

The Young Adult Group also meets after the Sunday service for lunch in the Stage Right Room. You can purchase food from the Sandwich Board during Coffee Hour, or bring your own food. The Stage Right Room is the first room on your left after going down the stairs at the back of the sanctuary. All young adults are welcome!

### Buddha's Belly, the Buddhist Book Discussion:

#### *In the Lap of the Buddha*

Second and Fourth Tuesday evenings, 6:00 – 7:00 PM, Hunnewell Chapel immediately preceding the Arlington Street Zen Center

Our next book is Gavin Harrison's beautiful *In the Lap of the Buddha*. Gavin, a South African and longtime AIDS survivor, is a Buddhist meditation teacher in the Vipassana tradition. His story is one of having been transformed by suffering; his writing is lucid and uplifting. We'll be starting the discussion of this book on October 27th. At our next meeting on October 13th, we'll be discussing the *Diamond Sutra*. Bring any translation you'd like; we'll dig in together to this source text of Buddhism. All are welcome!

## Talking Our Walk, a Discussion Group for People Affected by Depression

Third Wednesday evenings, 5:30 – 6:30 PM, Hunnewell Chapel

A wonderful, supportive atmosphere, facilitated by our own John Sacco, awaits in this open discussion group: not a substitute for therapy or medication, but a different kind of healing. *You are not alone!*



UNITARIAN  
UNIVERSALIST  
ASSOCIATION OF  
CONGREGATIONS

#### Suggestion Box

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org) or leave a note in the suggestion box outside the Church Office. Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "Our Caring Community" to the right.

#### Inside Submission Guidelines

Please deliver all Sunday announcements before Tuesday at 3:00 pm by e-mail to [communications@ASCBoston.org](mailto:communications@ASCBoston.org). Announcements will not be accepted by telephone. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### Scheduling Events at Arlington Street Church

All issues dealing with building usage for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, facilities manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617-536-7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

#### Our Caring Community

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office. Our staff and ministers will be in touch to lend support.

#### Security Note

This is an urban church. Please do not leave your valuables unattended! Also, please be attentive when exiting the church into the alley. When walking in the alley avoid being alone, carry a cell phone, walk in the center of the road, and pay attention!

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Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051  
E-mail: [office@ASCBoston.org](mailto:office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

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# INSIDE

## ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, SEPTEMBER 27<sup>TH</sup>, 2009

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## Today's Events

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### Coffee Hour

Immediately following the service in the Parish Hall

Let's gather downstairs for coffee, comestibles, and community! If you're visiting Arlington Street Church, or would like more information about Unitarian Universalism, please visit the Welcome Table. The children are in the Perkins Room, right off the Parish Hall; stop by to see what they have been up to this morning. And there's always something going on at the Social Action Table. All are welcome. Enjoy!

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## Children's Religious Education

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Come to the Cookie Corral! This morning, in celebration of the life of Katie Tyson, church school will make her favorite cookie: oatmeal raisin! All children are welcome to join Erick DuPree, religious educator, at the Children's Corner, located to the right of the chancel in the sanctuary, at the start of services. The children will leave during the Children's Blessing and will gather downstairs in the Perkins Room and kitchen. If this is your first time at Arlington Street Church, please feel free to join your child in this activity and get to know us. A variety of cookies will be available in the Parish Hall following the service. We are asking a donation of \$1.00 per cookie, with proceeds benefiting the Katie Tyson Memorial Fund.

Important note: Arlington Street Church School is a **peanut free zone** due to severe allergies among participants.



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

## A Service in Celebration of the Life of Katie Tyson

Sunday, September 27<sup>th</sup>, 1:30 PM, Sanctuary and Chapel

Please join in welcoming Katie's parents, Karen and Herb Tyson; the Boston University community; and Katie's many friends to Arlington Street Church for this memorial celebration.

The Arlington Street Center  
for Liberal Religious Inquiry  
and Spiritual Practice

## The Wednesdays: Mary Oliver

Wednesdays, September 30<sup>th</sup> and October 7<sup>th</sup>, 6:00 – 7:30, Library

Please join Professor Alan Helms and Rev. Kim for Arlington Street's literary salon. This fall features the work of Provincetown poet, Mary Oliver. Here's a taste; just the first five lines of *Wild Geese*:

*You do not have to be good.  
You do not have to walk on your knees  
for a hundred miles through the desert repenting.  
You only have to let the soft animal of your body  
love what it loves.*

All are welcome!

Poems for our September 30<sup>th</sup> meeting:

"In Blackwater Woods"

"The Sea"

"Rain in Ohio"

"Humpbacks"

"Lightning"

"1945–1985: Poem for the Anniversary"

"Robert Schumann"

"Landscape"

"Wild Geese"

All poems come from *New and Selected Poems* (Beacon Press).

## Sacred Eros Returns for Second Year, Adds Online Discussion

Fourth Monday of each month, 7:00 PM, Perkins Room

Sacred Eros is a monthly discussion group at Arlington Street Church, providing a safe and supportive space to explore questions about sexuality from a spiritual and ethical perspective.

We meet on the fourth Monday of each month in the Perkins Room at 7:00 PM. Please enter through the side door at 351 Boylston Street. All people over 18 are welcome, and participants are expected to respect one another and keep personal matters discussed confidential.

Now in its second year, the group has also begun an online discussion list for announcements, questions and other feedback. To join, go to <http://groups.yahoo.com/group/SacredEros>.

## Coming Up...

### Sunday, September 27<sup>th</sup>, 2009

9:30 AM Choir Warm-Up - Sanctuary  
11:00 AM Sunday Morning Worship - Sanctuary  
12:00 PM Coffee Hour - Parish Hall  
12:30 PM Fundraising Team - Archives Room  
12:30 PM Young Adult Group Lunch - Stage Right Room  
1:30 PM Katie Tyson Memorial Service - Sanctuary

### Monday, September 28<sup>th</sup>, 2009

7:00 PM Sacred Eros - Perkins Room

### Tuesday, September 29<sup>th</sup>, 2009

6:00 PM Worship Committee - Perkins Room  
7:30 PM \*Spiritual Practice for Professional  
Caregivers - Frothingham Library

### Wednesday, September 30<sup>th</sup>, 2009

3:30 PM \*Staff Meeting - Perkins Room  
6:00 PM Kundalini Yoga - Chapel  
6:00 PM The Wednesdays Literary Salon - Frothingham Library

### Thursday, October 1<sup>st</sup>, 2009

7:00 PM Choir Rehearsal - Clarke Room

### Friday, October 2<sup>nd</sup>, 2009

5:00 PM Friday Night Supper Program - Parish Hall and Kitchen  
7:00 PM Young Adult Group - Perkins Room

### Saturday, October 3<sup>rd</sup>, 2009

No congregation related events at this time.

### Sunday, October 4<sup>th</sup>, 2009

9:30 AM Choir Warm-Up - Sanctuary  
9:30 PM Social Action Committee - Archives Room  
10:00 PM Children's Chapel - Chapel  
11:00 AM Sunday Morning Worship - Sanctuary  
12:00 PM Coffee Hour - Parish Hall  
12:00 PM Committee Fair - Parish Hall  
12:30 PM Young Adult Group Lunch - Stage Right Room  
12:30 PM Mystery Worshipper Debriefing - Chapel

\*Closed meeting

**NOTE:** This calendar is accurate as of noon the Wednesday before publication and only includes events directly related to the congregation. For complete, up-to-date calendar listings over the coming months, visit [www.ASCBoston.org](http://www.ASCBoston.org).

Meeting dates on the ASC Web site calendar, or you can contact the group moderator through the ASC office at [Office@ASCBoston.org](mailto:Office@ASCBoston.org).

## Music At Arlington Street Church

### Bach Solo Cello Suites

### Guy Fishman, Artist in Residence

Sunday, October 11<sup>th</sup> at 11:00 AM, Sanctuary

Cellist Guy Fishman is Arlington Street's newest addition to our thriving Artist in Residence program! Beginning last Fall and continuing through the Spring of 2010, Guy's residency features performances of all six of Johann Sebastian Bach's solo cello suites; his upcoming visit

marks the fourth installment. The suites were most likely composed between 1717 and 1723; nearly 300 years later, they continue to be regarded as some of the greatest works ever written for the instrument.

## Cantabile II

Sunday, October 11<sup>th</sup> at 3:00 PM, Hunnewell Chapel

Violinist Alistair Kok and pianist Rumi Naito present an afternoon recital of exquisite chamber music in the Hunnewell Chapel! Join us!

- Alfred Schnittke: Suite in the Old Style
- Wolfgang Amadeus Mozart: Sonata in E minor, K.304
- J. S. Bach: Adagio from Concerto in C minor for violin and oboe, BWV 2060
- Johannes Brahms: Sonata No. 3 in D minor, Op.108
- Aaron Copland: Hoe-Down from "Rodeo"

## Love Singing? Love Community?

### Be Part of our Arlington Street Church Choir!

Do you love to sing? Would you like to be part of a community of sharing music? Do you want or need to take just a couple hours out of your week to create something beautiful? The Arlington Street Church Choir may be just the place for you! No musical experience necessary!

We find that making music with and for our community here at Arlington Street is a central and beautiful part of our spiritual practice as Unitarian Universalists. We rehearse one night a week and sing Sunday mornings at our weekly services, performing an array of challenging, evocative repertoire spanning dozens of cultures, and centuries of musical and liturgical history.

The choir is open to all interested singers able to make a commitment to the choir's schedule. Attendance each week is not mandatory, though members find that it's difficult to function effectively if they miss more than a quarter of the rehearsals. We rehearse on Thursdays from 7:00 – 9:00 PM in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at [MBuckles@ASCBoston.org](mailto:MBuckles@ASCBoston.org).

## Congregational Announcements

### Blessing of the Animals

Sunday, October 4<sup>th</sup>, 11:00 AM, Sanctuary

Each year on a Sunday near the Feast Day of St. Francis, we celebrate the animal companions in our lives by welcoming them (crated, on a leash, in a bowl) to be blessed. Come join in this happy, hilarious, and love-filled worship service.