

## Congregational Announcements

### Celebrate Bethel Tabernacle Pentecostal Church's Grand Opening!

Monday, December 28<sup>th</sup>, 4:30 PM  
Bethel Tabernacle Pentecostal Church  
12 Bicknell Street, Dorchester

In 2007, Bethel began a major church renovation project. As part of Arlington Street Church's work in the world, Jubilee, Arlington Street members joined Bethel and assisted in their renovation efforts. The work is now finished and Bethel Pentecostal has extended an invitation for Arlington Street to join them in celebration at their grand opening service. More information is available at the Social Action during Coffee Hour.

Bethel is home to Villages without Walls, a project supported by Jubilee, Arlington Street Church's work in the world.

### Corporation Meeting – Arlington Street Church

Sunday, January 10<sup>th</sup>, 2010, 2:30 PM, Sanctuary

- |   |                    |
|---|--------------------|
| *I. Membership Update                       | Clerk              |
| *II. Additional Nominating Committee Member | Dan Moon           |
| III. Treasurer's Report                     | Mark MacDonnell    |
| IV. Prudential Committee Report             | Elizabeth Lindholm |
| V. Church Council Report                    | Mark Watanabe      |
| VI. Social Action Committee Report          | Peter Lowber       |
| VII. GA Follow-up                           | Heleni Thayre      |
| VIII. Other Business                        |                    |

\* Indicates vote required

### National Service Day Feed and Blanket the Homeless

Monday, January 18<sup>th</sup>, 2010

Arlington Street Church will partner with Volunteers of America to make and distribute bag lunches for our homeless neighbors in and around the surrounding area. This year we hope to surpass the 500 bag lunch total we were able to distribute last year. In addition to lunches, we will distribute granola bars and fleece blankets.

If you are unable to volunteer, please consider sponsoring a blanket for \$10 or making a contribution towards food purchases.

Look for a donation bucket in the Parish Hall during Coffee Hour.

### Center for Spirit Wellness

Arlington Street Church

Everyone desires a life of total wellness, body, mind and spirit. But spirit is often the challenging part, and it needn't be. Arlington Street Church is hosting Michele DeMarco Wilkie and Bill Wilkie,

authors and creators of Spiritful Living®. *The Center for Spirit Wellness* is designed to help all people, regardless of background or belief, whether spiritual or secular, understands and live from spirit like never before. *The Center for Spirit Wellness* offers exciting workshops and public programs, as well as individual counseling/advising. There will be conflict transformation and mediation programs through the *Build Pathways for Peace* framework and movement.

Winter workshop brochures are available in the entrance of the sanctuary, and in the church office. For more information, visit [www.spiritfulliving.com](http://www.spiritfulliving.com) or email [info@spiritfulliving.com](mailto:info@spiritfulliving.com). Please join us to experience first-hand and share with others the power of Spirit Wellness. Most workshops are FREE to Arlington Street Church members and attendees!

If your children grow restless during worship, please be welcome to bring them to the nursery (located off of the Chapel, through the leather door). The service is piped-in, so you won't miss a word, and your child will be happy.



UNITARIAN  
UNIVERSALIST  
ASSOCIATION OF  
CONGREGATIONS

#### Suggestion Box

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org) or leave a note in the suggestion box outside the Church Office. Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "Our Caring Community" to the right.

#### Inside Submission Guidelines

Please deliver all Sunday announcements before Tuesday at 3:00 pm by e-mail to [communications@ASCBoston.org](mailto:communications@ASCBoston.org). Announcements will not be accepted by telephone. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### Scheduling Events at Arlington Street Church

All issues dealing with building usage, for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, Assistant to the Administrator. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617-536-7050 ext. \*8 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

#### Our Caring Community

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office. Our staff and ministers will be in touch to lend support.

#### Security Note

This is an urban church. Please do not leave your valuables unattended! Also, please be attentive when exiting the church into the alley. When walking in the alley avoid being alone, carry a cell phone, walk in the center of the road, and pay attention!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051  
E-mail: [office@ASCBoston.org](mailto:office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

# INSIDE

## ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, DECEMBER 27<sup>TH</sup>, 2009

SUNDAY, JANUARY 3<sup>RD</sup>, 2010

### Children's Religious Education

Erick DuPree, religious educator, welcomes all children to church school. Church School is held downstairs in the Perkins Room and all are welcome.

The Arlington Street Center  
for Liberal Religious Inquiry  
and Spiritual Practice

### Sacred Eros: Discussion Group on Sexuality and Spirituality

Monday, December 28<sup>th</sup>, 7:00 PM, Perkins Room

'Tis the season for gifts and celebration! You are invited to attend a special candle service to celebrate the gifts enjoyed this past year — a new relationship, the joy of coming out, or an experience of healing. Come one, come all, and bring your joys and treats to share!

All are welcome.

### The Wednesdays: Three Chinese Poets

Wednesdays, January 6<sup>th</sup>, 13<sup>th</sup>, and 27<sup>th</sup>, 6:00 – 8:00 PM, Frothingham Library (please note that we do NOT meet on January 20<sup>th</sup>)

Join Professor Alan Helms and Rev. Kim for our latest literary adventure at Arlington Street's *The Wednesdays* literary salon: Three Chinese poets! For our first gathering on January 6<sup>th</sup>, please read the poems of Wang Wei, the Preface, and "Introduction to Chinese Poetic Form" in *The Anchor Book of Chinese Poetry*, edited by Tony Barnstone and Chou Ping.

For more information, please visit <http://www.ASCBoston.org>.

### Women's Spirituality Group

A lively multi-generational group of sixteen Arlington Street Church women met in retreat during November, and enjoyed being together so much that they've decided to continue meeting monthly as the **Second Saturday Soul Sistahs**. Our next gathering of the

Sistahs will be on Saturday, January 9<sup>th</sup>, from 10:00 AM until 2:00 PM in the Perkins Room. Beginning with the January meeting, we'll use a Unitarian Universalist curriculum, *Evensong*, to help shape our gatherings, deepening our conversations and connecting our souls. If you can, please bring a potluck lunch item for sharing or your own brown bag lunch. RSVP to [wsg@ascboston.org](mailto:wsg@ascboston.org), subject: Sistahs.

The Sistahs will continue meeting on the second Saturday of each month, so calendar these dates now if you plan to attend: January 9<sup>th</sup>, February 13<sup>th</sup>, March 13<sup>th</sup>, April 10<sup>th</sup>, May 8<sup>th</sup>, and June 12<sup>th</sup>. We ask for a commitment to attend regularly.

All Arlington Street Church women of any age are very welcome to join us for the January gathering, and after that, the group will be closed to new members until after the June meeting.

If you have any questions, please be in touch with Acting Associate Minister Yvonne Schumacher Strejcek or Linda Evans, both of whom can be reached at [wsg@ascboston.org](mailto:wsg@ascboston.org).

## UU Reading Group postponed until February

Watch for the rescheduled dates. Email Sarah Richards at [office@ascboston.org](mailto:office@ascboston.org) if you have any questions.

---

## Spiritual Passions 2010! ~ January

---

Let's gather on a winter Sunday afternoon from 1:00 PM – 3:00 PM for these wonderful offerings of our spiritual passions! All are welcome!

### Meditation 101: Introduction to Meditation

Rev. Kim K. Crawford Harvie, Senior Minister  
Sunday, January 3<sup>rd</sup> ~ 1:00–3:00 PM

Don't just do something; sit there! And when you sit, just sit. Very simple directives ... simple, but not easy! Join Arlington Street Church's senior minister, Rev. Kim K. Crawford Harvie, and members of Arlington Street Zen Center for Meditation 101, including answers to burning questions such as, "Where do I put my legs?" and "How do I quiet my mind without going to sleep?" This ancient spiritual practice will bring profound benefits not just to you, but to all whose life yours touches. Wear comfortable clothing (and yes, you can meditate in a chair!).

### Money, Spirituality, and Emotions: Gaining Peace with Money Issues

Rev. Yvonne Schumacher Strejcek  
Sunday, January 17<sup>th</sup> ~ 1:00–3:00 PM

Some say the remaining conversational taboo is no longer politics, or religion, or sexuality, but rather money. Let's unpack that, together. This interactive workshop gives us an opportunity to explore our thoughts and feelings about money and finances, where they came from, and how they impact our spiritual wellbeing.

## Coming Up...

### Sunday, December 27<sup>th</sup>, 2009

11:00 AM Sunday Morning Worship - Sanctuary  
12:00 PM Coffee Hour - Parish Hall  
12:30 PM Young Adult Group Lunch - Stage Right Room

### Monday, December 28<sup>th</sup>, 2009

7:00 PM Sacred Eros - Perkins Room

### Tuesday, December 29<sup>th</sup>, 2009

No congregation related events at this time.

### Wednesday, December 30<sup>th</sup>, 2009

6:00 PM Kundalini Yoga - Chapel

### Thursday, December 31<sup>st</sup>, 2009

7:00 PM Choir Rehearsal - Clarke Room  
10:00 PM First Night A.G.O. - Sanctuary | Parish Hall | Chapel

### Friday, January 1<sup>st</sup>, 2010

5:00 PM Friday Night Supper Program - Parish Hall | Kitchen

### Saturday, January 2<sup>nd</sup>, 2010

No congregation related events at this time.

### Sunday, January 3<sup>rd</sup>, 2010

9:30 AM Choir Warm-Up - Sanctuary  
10:00 AM Children's Chapel - Chapel  
11:00 AM Sunday Morning Worship - Sanctuary  
12:00 PM Coffee Hour - Parish Hall  
12:00 PM Path to Membership - Archives Room  
12:30 PM Young Adult Group Lunch - Stage Right Room  
1:00 PM Spiritual Passions 2010 - Chapel

### Monday, January 4<sup>th</sup>, 2010

6:30 PM Membership Committee - Perkins Room

### Tuesday, January 5<sup>th</sup>, 2010

6:00 PM Worship Committee - Perkins Room  
7:00 PM \*Spiritual Practice for Professional Caregivers  
Frothingham Library

### Wednesday, January 6<sup>th</sup>, 2010

3:30 PM \*Staff Meeting - Perkins Room  
6:00 PM Kundalini Yoga - Chapel  
6:00 PM The Wednesdays Literary Salon - Frothingham Library

### Thursday, January 7<sup>th</sup>, 2010

7:00 PM Choir Rehearsal - Clarke Room

### Friday, January 8<sup>th</sup>, 2010

5:00 PM Friday Night Supper Program - Parish Hall | Kitchen

### Saturday, January 9<sup>th</sup>, 2010

10:00 AM Soul Sistahs Meeting - Perkins Room | Kitchen

### Sunday, January 10<sup>th</sup>, 2010

9:30 AM Choir Warm-Up - Sanctuary  
9:30 AM Social Action Committee - Archives Room  
10:00 AM ASC Auction Committee - Clarke Room  
11:00 AM Sunday Morning Worship - Sanctuary  
12:00 PM Coffee Hour - Parish Hall  
12:30 PM Young Adult Group Lunch - Stage Right Room  
12:30 PM Corporation Meeting - Sanctuary  
1:00 PM Spiritual Passions 2010 - Chapel

\*Closed meeting

**NOTE:** This calendar is accurate as of noon the Wednesday before publication and only includes events directly related to the congregation. For complete, up-to-date calendar listings over the coming months, visit [www.ASCBoston.org](http://www.ASCBoston.org).

## Spirituality and Architecture

Seanan Holland, Intern Minister  
Sunday, January 31<sup>st</sup> ~ 1:00–3:00 PM

How well have we created our cities and towns? Do they serve our human condition well? If our cities are a monument to god, then what is that god like? Bring your imaginations to explore possibilities for the future. Our intern minister, Seanan, will lead a visual exploration of spiritual expression in human (and non-human) dwellings.

---

## 2010 Spiritual Passions! ~ February

---

### Writing from Real Life: The Spiritual Passion of Judah Leblang

Judah Leblang  
Sunday, February 7<sup>th</sup> ~ 1:00–3:00 PM

We all carry stories — true life events, shaped by memory and our life experiences — within us. In this workshop, we'll discuss what makes a compelling personal story or memoir vignette and then do a few exercises to practice the writing process. You'll come out of the workshop with a draft of a short memoir piece, and ideas for improving/developing your writing.

Judah Leblang grew up in Cleveland, Ohio. His essays and commentaries have been broadcast on National Public Radio stations around the US, and published in various newspapers and magazines in Boston and Cleveland. His column, "Life in the Slow Lane," appears regularly in *Bay Windows*, a Boston-area weekly newspaper. His book, *Finding My Place: One Man's Journey from Cleveland to Boston and Beyond* has just been published.

## Arlington Street Zen Center Retreat

Rev. Kim K. Crawford Harvie, Senior Minister,  
and members of the Arlington Street Zen Center  
Sunday, February 7<sup>th</sup> ~ 1:00–5:00 PM

Don't just do something; sit there! Rev. Kim and Arlington Street Zen Center members invite you to an afternoon meditation retreat. We will be practicing alternate sitting and walking meditation, interspersed with readings from the dharma (Buddhist teachings) – the same format as our twice-monthly gatherings, but over a longer period of time.

If you are experienced in meditation, or interested in a full-immersion introduction, please join us! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (we will be walking in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning, and stay as long as you'd like.

At 5:00, we'll celebrate by walking down to Bangkok Blue to enjoy Thai food together! BYO\$. All are welcome!