

pounds per year) reaches landfills and incinerators than any other material in trash. Members of this team plan to tackle the task of finding creative uses for the compostable waste ASC generates. *Stay tuned!*

ágora events

Ágora is the Latinx cultural center nested here at Arlington Street. Elsa and Beba are featuring a host of celebrated artists and warmly welcome us to join in these ¡eventos fantásticos!

Unless otherwise noted, all Ágora events will be held in CROMA, the parish hall, with information and tickets available at [Facebook.com/culturalagora/events](https://www.facebook.com/culturalagora/events)

Shades of Black: The Hip-Hopera

Saturday, January 25th ~ 7:00 PM, English

Get to know Boston-based artist, activist, and scholar, Zakkiyah Sutton Zakkiyah up close and personal. Come join as the Queen of Hip-Hopera herself introduces you to her artistry and activism on a more intimate level. The event will feature a live performance, meet and greet, and a preview of what's to come. The \$15 cost of admission includes one book which will be donated to schools and organizations that serve incarcerated populations. Food and drinks will be available for sale.

EI CPI en Boston

Sunday, January 26th ~ 5:00 PM, Spanish

Puerto Rico's independent press organization, el Centro de Periodismo Investigativo (CPI), visits CROMA for a panel discussion about the importance of press funding and transparency in light of their experience in the past year.

Fiestas de la Calle en Boston: The After-Party

Saturday, February 1st ~ 4:00 – 10:00 PM

Puerto Rico's largest festival, *Fiestas de la Calle San Sebastián*, is the unofficial closing to the longest holiday season in the world. During the multi-day celebrations, Old San Juan is completely taken over by live music, impromptu dancing on every street corner, and even circus performances. This year, that won't be the end of the celebrations.... *The After-Party continues in Boston!*

Join us as we keep on celebrating with kiosks, traditional Puerto Rican food and drinks, art available for purchase, and the music of the great Julio César Sanabria. Invite family, friends, vecinos, comadres — it's going to be a good one! RSVP in advance! \$10 suggested donation secures your entrance and helps make events like this happen. *We appreciate your support!*



#YouBelongHere

COVENANT RENEWAL PLEDGE FORM

through June 2020

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ _____ to support the work of Arlington Street Church for 2019-2020.

Signature: _____ Date: _____

Phone: _____ Email: _____

Pledge contributions may be made by cash, check, or credit card.

Mastercard Visa

Credit Card #: _____

Expiration Date: mm _____ yy _____

Please charge my credit card in either:

One payment for my entire pledge.

Equal monthly installments on the 12th of each month.

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Congregational Administrator and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617-536-7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617-536-7050. Our staff and ministers will be in touch to lend support.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

FINDING EVENTS AT ARLINGTON STREET

Main level: Hunnewell Chapel is through the leather door to the right of the pulpit; **Nursery** is off the hallway outside the chapel; **Frothingham Library** is past the stairs and next to the Boylston Street entrance.

Upstairs: Clarke Room is up the stairs outside the nursery.

Downstairs: Parish Hall is the main room; **Carol Smith Room** is to the right of the stage; **Alan Helms Library** is to the left of the stage; **Perkins Room** (Family Ministry) is just past the kitchen; **Ágora office** is at the back of the Perkins Room.

SECURITY NOTE

Remember to be mindful of your belongings! Today and throughout the week, please help to keep the outside doors to the church secure.

Arlington Street Church, Unitarian Universalist
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729
Email: Office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, JANUARY 12TH, 2020

If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.

TODAY



Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! Please visit the Arlington Street Cares Table (on your right as you enter the Parish Hall) to sign cards for those who have shared candles of sorrow and joy with us. We welcome additional volunteers to help with the Cares table, food preparation, and, clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.



Take Action: The Secure Communities Act

The Secure Communities Act is an important immigration bill that needs our support! Our elected officials, especially Governor Baker, need to be encouraged to support the bill in advance of the public hearing on January 24th. Visit the Social Action Table to learn more about this bill and how you can take action to support it!



Spiritual Passions: Manifest Magic in 2020!

Today ~ 12:30 PM, Hunnewell Chapel

Learn how integrating techniques in the simple law of attraction can make massive changes in the new year and new decade! Arlington Street's Melissa Dlugolecki is a certified life coach, yoga instructor, and certified in NeuroLinguistic Programming. In this Spiritual Passion, she will teach you the basics of manifestation: what it is, how to use it, and why it can shift your life. Join us for this informational session with plenty of time for Q&A and see how the things you truly desire will magically enter your life!



Pledge Clinic

Today and February 23rd ~ 12:30 PM, Parish Hall

Do you have questions about your pledge? Or would you like to make one, pay one, change the way you're paying, make a stock donation, arrange to remember ASC in your will, or otherwise give lots of money to Arlington Street? Our beloved community thrives on all our gifts, but especially the ones that arrive automatically (and without fees) as ACH transfers from our bank accounts. It's easy to set up; let's make it happen! Stop by for a confidential conversation about your pledge with our treasurer, Liz Teixeira, and our executive minister, Rev. Beth, or pop in to say hello just because they're so awesome! *Thank you for your generosity!*

continued on next page...

THIS WEEK



Intersectional Book Discussion

Monday, January 13th ~ 5:30 PM, Frothingham Library

Join Rev. Kim for the fourteenth in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading Tara Westover's *Educated*. All are welcome!



Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Meditation Center

Tuesday, January 14th ~ 6:00 PM, Frothingham Library

Buddha's Belly and Arlington Street Meditation Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha's Belly (Book Group)*: We will finish our discussion of Sharon Salzberg's *Faith: Trusting Your Own Deepest Experience*. All are welcome!

7:00 *Arlington Street Meditation Center*: Our gathering includes seated and walking meditations, a brief reading from Buddhist teachings, and conversation. If you'd like to walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions (or none!) are warmly welcome.



Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

SAVE THE DATE



Connections Fair

Sunday, January 19th ~ 12:30 PM, Parish Hall

"Love is the spirit of this congregation, and service is our gift."

Let's get excited to:

- Deepen our connections to Arlington Street Church
- Discover how each of us can further engage in the great work of this spiritual community
- Join a group to honor our covenant of service to the church

Immediately following the service on Martin Luther King, Jr. Sunday, you are invited to the Arlington Street Church Connections Fair! All of the committees, teams, groups, and other organizations that serve and support our congregation are invited to participate. It's not a meeting; it's a party to speed-match your passions to your service!

The service begins when the service ends!



Arlington Street Circle of Caring

Sundays, January 26th & February 16th ~ 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitator, Maureen Peterson calls on her significant personal

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, January 12, 2020

| | |
|-----------|--|
| *9:30 AM | Choir Rehearsal ~ Sanctuary |
| 11:00 AM | Sunday Worship ~ Sanctuary |
| 12:00 PM | Lunch with Family Ministry ~ Perkins Room |
| 12:30 PM | Pledge Clinic ~ Parish Hall |
| *12:30 PM | Safe Congregation Committee ~ Carol Smith Room |
| 12:30 PM | Social Action Committee ~ Alan Helms Library |
| 12:30 PM | Spiritual Passions: Manifest Magic in 2020! ~ Hunnewell Chapel |
| *1:00 PM | OWL ~ Clarke Room |

Monday, January 13, 2020

| | |
|---------|--|
| 5:30 PM | Intersectional Book Discussion ~ Frothingham Library |
|---------|--|

Tuesday, January 14, 2020

| | |
|---------|---|
| 6:00 PM | Buddha's Belly ~ Frothingham Library |
| 7:00 PM | Arlington Street Meditation Center ~ Hunnewell Chapel |

Wednesday, January 15, 2020

| | |
|---------|-----------------------------------|
| 6:00 PM | Kundalini Yoga ~ Hunnewell Chapel |
|---------|-----------------------------------|

Thursday, January 16, 2020

| | |
|---------|------------------------------|
| 7:00 PM | Choir Practice ~ Clarke Room |
|---------|------------------------------|

Friday, January 17, 2020

| | |
|---------|---|
| 5:00 PM | Friday Night Supper Program ~ Parish Hall |
|---------|---|

Saturday, January 18, 2020

No congregational events are scheduled

Sunday, January 19, 2020

| | |
|----------|--------------------------------|
| *9:30 AM | Choir Rehearsal ~ Sanctuary |
| 11:00 AM | Sunday Worship ~ Sanctuary |
| 12:30 PM | Connections Fair ~ Parish Hall |

* **Denotes closed meetings.** This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON
STREET CHURCH
Unitarian Universalist

experience to create a safe space for sharing our stories and supporting one another through the crises of life.



The Wednesdays: Walt Whitman

Wednesdays, February 5th, 12th, 19th, and 26th ~ 3:00 - 5:00 PM

The Vendome, 160 Commonwealth Ave. (tell the doorman you're there to see Professor Helms)

Join Professor Helms and Rev. Kim on wintry Wednesday afternoons for a deep exploration of four Whitman masterpieces: *Crossing Brooklyn Ferry*, *Out of the Cradle Endlessly Rocking*, *As I Ebb'd with the Ocean of Life*, and the Lincoln elegy, *When Lilacs Last in the Dooryard Bloomed*. These poems are often overlooked because of the universal focus on "Song of Myself," but in any accounting of Whitman's accomplishment all four are essential reading. You can find all these poems on the web; we'll discuss one per gathering. A special packet for February 19th is available from Rev. Kim. *All are welcome!*

ARLINGTON STREET MINISTRIES



Family Ministry

Are you interested in the future of Family Ministry at ASC? The members of the Family Ministry committee are working hard to create a vision for a sustainable, vibrant program, and we need your support! We have written a mission statement to be presented to the Prudential Committee at their January 21st meeting. To read our statement and add your voice, please go to: <https://bit.ly/ASCCRE>. Members of the committee will be available after the service if you'd like to read the statement in person or share feedback, concerns, or ideas.



Join the Arlington Street Choir

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life.

Musicians and non-musicians are welcome! We are a mix of professionals and amateurs. We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.



Join the Social Action Committee

Join our team and get support on the social action topic you are passionate about: voting rights, climate change, economic inequality, gun violence, Citizens United, homelessness, and more. We meet on the second Sunday of each month at 12:30 pm. For more information, please contact Margy Herley at SocialAction@ASCBoston.org. *"The service begins when the service ends."*



Environmental Justice & Climate Crisis Team

Compost is decayed organic material, like food and paper, that can end up as trash—or be put to many eco-friendly uses, such as fertilizer. Why compost? If we don't, food waste ends up in a landfill or an incinerator. As we work to mitigate climate change, one important strategy is to reduce trash. The EPA estimates more food (75 billion+