

7:00 *Arlington Street Zen Center*: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.

 **Active Bystander Intervention Training**  
Sponsored by Jewish Voice for Peace - Boston with Boston Area Rape Crisis Center  
Wednesday, Jan 25<sup>th</sup> ~ 6:00 - 8:00 PM, Parish Hall

Space is limited. You *must* apply here in order to participate: <http://tinyurl.com/readytofightboston>. Suggested donation \$5-10. If you would like to be an ASC host for the evening, please reach out to Laura Evonne Steinman at [LES@ASCBoston.org](mailto:LES@ASCBoston.org)

 **Arlington Street Church Corporation Meeting**  
Sunday, January 29<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

\* Indicates vote required

1. Membership Update\* (Doc Kinne)
2. Potential Renovation of the Clarke Room (Reverend Kim)
3. Treasurer's Update (Art Nava)
4. Accessibility Ramp Update (Tina Rose)
5. Congregation Retreat (Al Ingram)
6. Q&A on Written Reports
  - Children's Religious Education
  - Prudential Committee
  - Transformation Team for Racial Justice
  - Treasurer's Report
7. Any Other Business

 **Coming Together: Art and Music**  
First Friday of the month ~ 6:00 - 8:00 PM, JP Licks, 150 Charles Street  
The Hidden Art Gallery, run by Zoe Arguello, soprano in the Arlington Street Choir, brings together art and music. At these monthly gatherings on the flats of Beacon Hill, local professional artists and musicians bring joy, harmony, and warmth to our community.

A portion of proceeds from the sales of paintings and CDs will support the documentary *everythingmattersfilm* ([everythingmattersfilm.com](http://everythingmattersfilm.com)), which is about the healing aspects of meditation techniques used to overcome life-threatening illness. For more information, please visit [thehiddenartgallery.com](http://thehiddenartgallery.com). All are welcome!

 **Spiritual Passions 2017: Meditation Retreat: Chanting, Sitting, Walking, Eating**  
Sunday, February 5<sup>th</sup> ~ 1:00-5:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Zen Center invite you to an afternoon meditation retreat. During the first hour, we welcome guest musicians from Sri Sri Ravi Shankar's The Art of Living program, who will lead us in kirtan: call-and-response singing (chanting) Sanskrit prayers. It's heavenly!

Then we'll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)—the same format as our twice-monthly gatherings in a longer session.

Whether you are experienced in meditation or interested in a full immersion introduction, please join us! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (we will be walking in the Public

Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning and stay as long as you like. At 5:00, we'll celebrate by enjoying an early dinner together somewhere nearby. BYO\$.

 **Arlington Street's Literary Salon, The Wednesdays: Ezra Pound's "Cathay"**  
Wednesday, February 15<sup>th</sup> ~ 6:00 PM, Frothingham Library

In 1915, Ezra Pound published 15 translations from Chinese writers under the title "Cathay." Pound's little book electrified the reading public who had been mostly ignorant of the amazingly rich literature of China. Most of his translations are of Li Po, the Tang poet who is the Shakespeare of Chinese literature, and all of them are of an unparalleled beauty and tenderness. This is most definitely a book to take to your desert island! All are welcome!

 **Spiritual Passions 2017: The Spiritual Passion of Godless UUs**  
Sunday, February 19<sup>th</sup> ~ 1:00 PM, Hunnewell Chapel

Come join this conversation on defining meaning, values, and impact in a non-theistic framework. All are welcome!

 **Spiritual Passions 2017: Getting Your Financial Legacy In Order**  
Sunday, February 26<sup>th</sup> ~ 12:30 – 3:00 PM, Hunnewell Chapel

Do you have questions about setting up a will, or a trust, health care proxy, or other estate planning options? Would you like to leave behind a gift to Arlington Street Church or another charitable organization? Members of the Covenant Renewal Team invite you to a presentation and question/answer session featuring attorney Scott Squillace. Young and old, penny-savers and millionaires, this is where you can find out what to do!

#### **SUGGESTION BOX**

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

#### **SCHEDULING EVENTS AT ARLINGTON STREET CHURCH**

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

#### **INSIDE SUBMISSION GUIDELINES**

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### **OUR CARING COMMUNITY—EMERGENCIES**

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### **SECURITY NOTE**

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729  
Email: [Office@ASCBoston.org](mailto:Office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

# INSIDE

## ARLINGTON STREET CHURCH

### **NEWS FROM THE SOUL OF SUNDAY** SUNDAY, JANUARY 15<sup>TH</sup>, 2017

*If you are visiting Arlington Street Church (ASC) or would like information about Unitarian Universalism (UU), please visit the Welcome Table in the Parish Hall.*

#### **TODAY**

 **Coffee Hour and Lunch**  
Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community. Additional volunteers are always welcome to help with food preparation and, especially, with clean-up. To learn more about joining our team, please stop by the kitchen.

 **Girl Scout Cookies for Sale!**  
Today ~ 12:00 noon, Parish Hall

Our very own Girl Scout, Sonia Erbe, will be selling packages of Girl Scout Cookies! Come stock up on your favorites - thin mints, caramel delites, shortbreads, etc. - plus the new s'mores cookies and gluten-free peanut butter chocolate chip cookies! \$5 a box goes to an awesome cause!

 **Will UU be in DC for the Women's March on Washington?**

Today ~ 12:00 noon, Parish Hall

Come meet up with ASC folks who will be marching on Washington next weekend! Look for the table on the stage and sign up so we can find each other in D.C.

 **Spiritual Passions 2017: Arlington Street Church History in the 19th Century**

Today ~ 12:30-2:00 pm, Hunnewell Chapel

Holly Hendricks, Arlington Street Church historian, presents the second of a 3-part multimedia series on the church's history and its role in the larger community. Today's second session is about the 19th century history and addresses:

- Why did Rev. William Ellery Channing decline larger, more affluent congregations and choose to serve us from 1803-1842?
- How is our congregation associated with establishing Unitarianism in America?
- During the anti-slavery controversy, who were the "lords of the loom" accused of alliances with "lords of the lash?"
- Why did the congregation move from its historic Federal Street location to Arlington Street?

*continued on next page...*

- What was the “pew controversy?” What other social justice projects were undertaken?

### **The New Administration**

Today ~ 12:30 PM, Parish Hall

What is troubling you? What can be done? All are invited to join in a discussion after the service at the Social Action table.

### **UU Hosts at ASC - Warm Space**

Today ~ 1:00 pm, Perkins Room

Will UU be in Boston for the Women’s March next Saturday? Want to help with welcoming marchers to ASC to warm up and use the bathrooms? Come to this important meeting to learn all about what is needed for the day. If you can’t make the meeting, please email LES@ASCBoston.org

### **Opera unMet performance of The Ties That Bind**

Today ~ 3:00 PM, First Church in Roxbury UU Urban Ministry,  
10 Putnam St. Roxbury, MA 02119

Through music, readings and interactive participation, this celebration has drawn diverse audiences together in Boston for over 20 years to reflect on the great works and words of Dr. Martin Luther King.

Music ranges from Spirituals to American Folk, and the audience is invited to read some of King’s great words. Featuring Alan Rias, Marta Rymer, Taiko Drummer Mark Rooney, Cliff Blake, Ellen Polansky and Marshall Hughes. The performance is family-friendly! Suggested donation \$10.

### **Refuge Recovery**

Today ~ 6:00 PM, Hunnewell Chapel

Refuge Recovery is a Buddhist path to recovering from addiction. All are welcome! For more information, please visit facebook.com/refugebackbay or email refugerecoverybackbay@gmail.com.

## THIS WEEK

### **Kundalini Yoga Class**

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

### **Arlington Street’s Literary Salon, The Wednesdays: Frost ~ Winter Poems, Part II**

Wednesday, January 18<sup>th</sup> ~ 6:00 PM, Frothingham Library

Join Prof. Alan and Rev. Kim for a cozy evening of winter poems by Robert Frost. This session we’ll be discussing ten new Frost winter poems. Printed copies of the poems will be available, but if you’d like a head start, the poems are as follows (in chronological order). Climb in your sleigh and come join us! All are welcome!

Storm Fear	Good Hours
Christmas Trees	Snow
Wild Grapes	Two Witches

*We invite you to cut out this calendar or  
view the full calendar at ASCBoston.org*

## This Week

### Sunday, January 15, 2017

\*9:30 AM Choir Rehearsal ~ Sanctuary  
9:30 AM Social Action ~ Carol Smith Room  
9:30 AM CRE Committee ~ Panera, 450 Boylston Street  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children’s Religious Education - Nursery, Chapel,  
Perkins and Carol Smith Rooms  
12:00 PM Coffee Hour and Lunch ~ Parish Hall  
12:00 PM Women’s March on Washington Meeting ~ Parish Hall Stage  
12:30 PM The New Administration - Social Action ~ Carol Smith Room  
12:30 PM History Presentation ~ Hunnewell Chapel  
1:00 PM Boston Women’s March Hosts ~ Perkins Room  
1:00 PM CRE Bell Tower Tour ~ Bell Tower  
6:00 PM Refuge Recovery ~ Hunnewell Chapel

### Monday, January 16, 2017

No congregational events are scheduled.

### Tuesday, January 17, 2017

6:00 PM Pru Meeting ~ Perkins Room  
7:00 PM Transformation Team ~ Frothingham Library

### Wednesday, January 18, 2017

\*12:30 PM Staff Meeting ~ Perkins Room  
6:00 PM Kundalini Yoga ~ Hunnewell Chapel  
6:00 PM The Wednesdays ~ Frothingham Library

### Thursday, January 19, 2017

7:00 PM Choir Practice ~ Clarke Room

### Friday, January 20, 2017

5:00 PM Friday Night Supper ~ Parish Hall

### Saturday, January 21, 2017

9:30 AM Boston Women’s March Meetup ~ Perkins Room | Clarke Room  
1:00 PM Boston Women’s March Warm Space ~ Parish Hall

### Sunday, January 22, 2017

\*9:30 AM Choir Rehearsal ~ Sanctuary  
9:30 AM CRE Committee ~ Panera, 450 Boylston Street  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children’s Religious Education - Nursery, Chapel,  
Perkins and Carol Smith Rooms  
12:00 PM Coffee Hour and Lunch ~ Parish Hall  
12:30 PM Indulge Planning ~ Church Office  
12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room  
4:00 PM Inside Out Concert ~ Hunnewell Chapel  
6:00 PM Refuge Recovery ~ Hunnewell Chapel

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



Looking for a Sunset Bird in Winter    Dust in the Eyes  
There Are Roughly Zones                    To a Young Wretch

## ANNOUNCEMENTS

### **Arlington Street Circle of Caring**

Sundays, January 22<sup>nd</sup>, February 5<sup>th</sup> and 19<sup>th</sup>  
12:30 PM, Stage Right Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitators Maureen Peterson and Lisa Kirk lend their significant personal and professional experience to create a safe space for sharing our stories and supporting one another through the crises of life.

### **Indulge 2017 Planning Meeting**

Sunday, January 22<sup>nd</sup> ~ 12:30 PM, Church Office

Join the team as we continue planning decorations, menu, and auction details. Indulge 2017 is our spring time fundraiser scheduled for Saturday, April 1st. Come be a part of helping to make this fun night a reality!

### **Inside Out Concert:**

Sunday, January 22<sup>nd</sup> ~ 4:00 PM, Hunnewell Chapel  
FREE, Donations Gratefully Accepted

The award-winning Inside Out concert series returns to Arlington Street Church with works for wind quintet by Ligeti, Hindemith, and Bach. Hindemith wrote his Wind Quintet during the roaring twenties when jazz, jitterbug and all of the arts were flourishing after World War I. Ligeti’s music is at times super-energetic and provocative, and at other times deeply emotional and evocative. His works have been featured in such films as 2001: *A Space Odyssey* and *Eyes Wide Shut*. Bach is sublime. Hungarian composer Gyorgy Kurtag said, “Consciously, I am certainly an atheist, but I do not say that out loud, because if I look at Bach, I cannot be an atheist.”

### **Civil Disobedience Training**

Sponsored by Jewish Voice for Peace - Boston with Intelligent Mischief  
Monday, January 23<sup>rd</sup> ~ 6:00 - 9:00 PM, Parish Hall

Space is limited. You *must* apply here in order to participate: <http://tinyurl.com/readytofightboston>. Suggested donation \$5-10. If you would like to be an ASC host for the evening, please reach out to Laura Evonne Steinman at LES@ASCBoston.org.

### **Buddha’s Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center**

Tuesday, January 24<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha’s Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha’s Belly*: We will finish our discussion of Charlotte Joko Beck’s *Everyday Zen: Love and Work*.

Coming up in February: *The Book of Joy* by His Holiness The Dalai Lama and Bishop Desmond Tutu