

# ágora events

Ágora is the Latinx cultural center nested here at Arlington Street. Elsa and Beba are featuring a host of celebrated artists and warmly welcome us to join in these ¡eventos fantasticos!

Unless otherwise noted, all Ágora events will be held in CROMA, the parish hall, with information and tickets available at [Facebook.com/culturalagora/events](https://www.facebook.com/culturalagora/events)

## Shades of Black: The Hip-Hopera

Saturday, January 25<sup>th</sup> ~ 7:00 PM, English

Get to know Boston-based artist, activist, and scholar, Zakiyyah Sutton up close and personal. Come join as the Queen of Hip-Hopera herself introduces you to her artistry and activism on a more intimate level. The event will feature a live performance, meet and greet, and a preview of what's to come. The \$15 cost of admission includes one book which will be donated to schools and organizations that serve incarcerated populations. Food and drinks will be available for sale.

## El CPI en Boston

Sunday, January 26<sup>th</sup> ~ 5:00 PM, Spanish

Puerto Rico's independent press organization, el Centro de Periodismo Investigativo (CPI), visits CROMA for a panel discussion about the importance of press funding and transparency in light of their experience in the past year.

## Fiestas de la Calle en Boston: The After-Party

Saturday, February 1<sup>st</sup> ~ 4:00 – 10:00 PM

Puerto Rico's largest festival, *Fiestas de la Calle San Sebastián*, is the unofficial closing to the longest holiday season in the world. During the multi-day celebrations, Old San Juan is completely taken over by live music, impromptu dancing on every street corner, and even circus performances. This year, that won't be the end of the celebrations.... *The After-Party continues in Boston!*

Join us as we keep on celebrating with kiosks, traditional Puerto Rican food and drinks, art available for purchase, and the music of the great Julio César Sanabria. Invite family, friends, vecinos, comadres — it's going to be a good one! RSVP in advance! \$10 suggested donation secures your entrance and helps make events like this happen. *We appreciate your support!*



### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Congregational Administrator and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617-536-7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617-536-7050. Our staff and ministers will be in touch to lend support.

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### FINDING EVENTS AT ARLINGTON STREET

**Main level:** Hunnewell Chapel is through the leather door to the right of the pulpit; **Nursery** is off the hallway outside the chapel; **Frothingham Library** is past the stairs and next to the Boylston Street entrance.

**Upstairs:** **Clarke Room** is up the stairs outside the nursery.

**Downstairs:** **Parish Hall** is the main room; **Carol Smith Room** is to the right of the stage; **Alan Helms Library** is to the left of the stage; **Perkins Room** (Family Ministry) is just past the kitchen; **Ágora office** is at the back of the Perkins Room.

### SECURITY NOTE

Remember to be mindful of your belongings! Today and throughout the week, please help to keep the outside doors to the church secure.

# INSIDE

## ARLINGTON STREET CHURCH

### NEWS FROM THE SOUL OF SUNDAY

SUNDAY, JANUARY 19<sup>TH</sup>, 2020

If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.

## TODAY



### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! Please visit the Arlington Street Cares Table (on your right as you enter the Parish Hall) to sign cards for those who have shared candles of sorrow and joy with us. We welcome additional volunteers to help with the Cares table, food preparation, and, clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.



### MA State Flag + Safe Communities Act

Come to the Social Action table to learn more about the problematic imagery on the MA state flag and a campaign by some of our State Representatives to change it. Also, you can still get information about the Safe Communities Act and a bill to allow undocumented immigrants to apply for drivers' licenses.



### Indulge 2020 Planning Meeting

Today ~ 12:30 PM, Alan Helms Library

Join in as we plan decorations, menu, and auction details. Indulge 2020 is our eleventh annual fundraiser. Come be a part of helping make this fun night a reality! *And save the date: Saturday, March 28, 2020.*

## THIS WEEK



### Family Ministry

Are you interested in the future of Family Ministry at ASC? The members of the Family Ministry committee are working hard to create a vision for a sustainable, vibrant program, and we need your support! We have written a mission statement to be presented to the Prudential Committee at their January 21st meeting. To read our statement and add your voice, please go to: <https://bit.ly/ASCCRE>. Members of the committee will be available after the service if you'd like to read the statement in person or share feedback, concerns, or ideas.



### Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

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## SAVE THE DATE

### **Arlington Street Circle of Caring**

Sundays, January 26<sup>th</sup> & February 16<sup>th</sup> ~ 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitator, Maureen Peterson calls on her significant personal experience to create a safe space for sharing our stories and supporting one another through the crises of life.

### **Uncomfortable Conversations about Race**

Sunday, January 26<sup>th</sup> ~ 12:30 – 2:00 PM, Hunnewell Chapel

Concerned about the rise of overt racism in our communities? Does talking about race make you uncomfortable? The Transformation Team for Racial Justice holds space for facilitated discussion about developing an antiracist worldview. All are welcome and no RSVP is needed. For more information, email [transformation@ascboston.org](mailto:transformation@ascboston.org).

### **ASC Young Adults Group**

Sunday, January 26<sup>th</sup> ~ 12:45 PM, Alan Helms Library

Come on by and find out what we're up to next! *All young adults are welcome!*

### **Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Meditation Center**

Tuesday, January 28<sup>th</sup> ~ 6:00 PM, Frothingham Library

Buddha's Belly and Arlington Street Meditation Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

*6:00 Buddha's Belly (Book Group):* We will begin our discussion of Pema Chödrön's *Welcoming the Unwelcome: Wholehearted Living in a Brokenhearted World*. Please read the first four chapters. *All are welcome!*

*7:00 Arlington Street Meditation Center:* Our gathering includes seated and walking meditations, a brief reading from Buddhist teachings, and conversation. If you'd like to walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions (or none!) are warmly welcome.

### **What's Your Elevator Speech?**

Sunday, February 2<sup>nd</sup> ~ 12:40 PM, Hunnewell Chapel

You get into an elevator and, as the doors close, someone turns to you and asks, "What's a Unitarian Universalist?" You only have the duration of the ride to answer the question. What do you say?! Join Rev. Kim and Rev. Erica to discuss and articulate the beliefs and values we seek to uphold. UU-curious, brand new and lifetime UUs, and those who are just wanting to polish up your elevator speech: *All are welcome!*

### **The Wednesdays: Walt Whitman**

Wednesdays, February 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, and 26<sup>th</sup> ~ 3:00 – 5:00 PM

The Vendome, 160 Commonwealth Ave. (tell the doorman you're there to see Professor Helms)

Join Professor Helms and Rev. Kim on wintry Wednesday afternoons for a deep exploration of four Whitman masterpieces: *Crossing Brooklyn Ferry*, *Out of the Cradle Endlessly Rocking*, *As I Ebb'd with the Ocean of Life*, and the

*We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, January 19, 2020

\*9:30 AM Choir Rehearsal ~ Sanctuary  
11:00 AM Sunday Worship ~ Sanctuary  
12:30 PM Indulge 2020 Planning Meeting ~ Alan Helms Library

### Dr. Martin Luther King, Jr. Day, January 20, 2020

Church office is close for the holiday.

### Tuesday, January 21, 2020

6:00 PM Prudential Committee ~ Perkins Room  
6:30 PM Finance Committee ~ Carol Smith Room  
7:00 PM Transformation Team ~ Frothingham Library

### Wednesday, January 22, 2020

6:00 PM Kundalini Yoga ~ Hunnewell Chapel

### Thursday, January 23, 2020

7:00 PM Choir Practice ~ Clarke Room

### Friday, January 24, 2020

5:00 PM Friday Night Supper Program ~ Parish Hall

### Saturday, January 25, 2020

7:00 PM Hip-Hopera ~ Parish Hall

### Sunday, January 26, 2020

\*9:30 AM Choir Rehearsal ~ Sanctuary  
11:00 AM Sunday Worship ~ Sanctuary  
12:30 PM Uncomfortable Conversations ~ Hunnewell Chapel  
12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room  
12:45 PM Young Adult Group ~ Alan Helms Library  
5:00 PM El CPI en Boston ~ Parish Hall

\* **Denotes closed meetings.** This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

Lincoln elegy, *When Lilacs Last in the Dooryard Bloomed*. These poems are often overlooked because of the universal focus on "Song of Myself," but in any accounting of Whitman's accomplishment all four are essential reading. You can find all these poems on the web; we'll discuss one per gathering. A special packet for February 19th is available from Rev. Kim. *All are welcome!*



### **Spiritual Passion: Heart Speaks ~ An Expressive Arts Presentation**

Sunday, February 16<sup>th</sup> ~ 1:00 – 3:00 PM, Hunnewell Chapel

Speaking the language of the heart through paintings, poetry and music, artist Kathleen Quigley will share her Heart Energy Transmissions. These heart transmissions will help each of us reconnect to our own heart language and the Universal Heart—the One. Please join Kathleen for this heart adventure expressing your heart's desires!!



### **Pledge Clinic**

Sunday, February 23<sup>rd</sup> ~ 12:30 PM, Parish Hall

Do you have questions about your pledge? Or would you like to make one, pay one, change the way you're paying, make a stock donation, arrange to remember ASC in your will, or otherwise give lots of money to Arlington Street? Our beloved community thrives on all our gifts, but especially the ones that arrive automatically (and without fees) as ACH transfers from our bank accounts. It's easy to set up; let's make it happen! Stop by for a confidential conversation about your pledge with our treasurer, Liz Teixeira, and our executive minister, Rev. Beth, or pop in to say hello just because they're so awesome! *Thank you for your generosity!*



### **Meditation Retreat: Don't Just Do Something—Sit!**

Sunday, February 23<sup>rd</sup> ~ 1:00 – 5:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Meditation Center invite you to an afternoon meditation retreat. We'll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)—the same format as our twice-monthly gatherings, just a longer session.

Whether you're experienced in meditation or interested in a full-immersion introduction, welcome! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (if you'd like to walk in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning and stay as long as you like. At 5:00, we'll celebrate by enjoying an early dinner together at a Thai restaurant nearby (BYO\$!).



### **Intersectional Book Discussion**

Monday, March 23<sup>rd</sup> ~ 5:30 PM, Frothingham Library

Join Rev. Kim for the fifteenth in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading bell hooks' *Ain't I a Woman: Black Women and Feminism*. All are welcome!