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## CONGREGATIONAL ANNOUNCEMENTS *(Continued)*

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### Gay Men's Spirituality Group New Member Brunch

Sunday, February 7 ~12:00 PM, Parish Hall

Interested in finding a community of gay men supporting each other on their spiritual paths? Join members of the ASC Gay Men's Spirituality Group for coffee and refreshments in the Parish Hall immediately after Sunday's service. This is your chance to meet other members and ask any questions you may have about the group. We'll be at a table clearly labeled with the group's name.

### Gay Men's Spirituality Group Monthly Meeting

Monday, February 8 ~7:00 PM, Hunnewell Chapel

The Arlington Street Center  
● ● ● ● ● ● ● ●  
for Liberal Religious Inquiry  
and Spiritual Practice

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### What's It Like to Be in Military Service?

Wednesday, February 10<sup>th</sup> and 24<sup>th</sup>, 6-8 pm, Perkins Room

Have you or any of your loved ones served in the military? Are you concerned about the well-being of veterans returning from Iraq and Afghanistan? Join Seanan Holland, military chaplain intern, for a program on the spiritual challenges of being in modern military service. These gatherings continue an important discussion series, Unitarian Universalist Military Bridge Builders.

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## THE CENTER FOR SPIRIT WELLNESS

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### The Spirit of Desire: Introducing the Six Fundamental Human Desires

Sunday, February 14<sup>th</sup> ~1:00–3:00 PM, Frothingham Library

"Spirit lives in and for Desire." More information is available in the brochures in the main hallway and on our website: [www.spiritfulliving.com](http://www.spiritfulliving.com). (Note time change to only 2 hours!)

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## MUSIC @ ASC

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### Gu-zheng

February 14<sup>th</sup> 11:00 AM, Sanctuary

2010 is the Year of the Tiger! Congratulations and be prosperous! In honor of the Chinese New Year, Phil and Megan Savoy perform music for the Sunday morning worship service on the gu-zheng, a traditional Chinese 21-stringed zither.

*Indulge*  
*Give In & Give Back*  
*March 6<sup>th</sup>, 2010*

*Save the date for a gala evening to support  
Arlington Street Church's 150<sup>th</sup> Anniversary Fund!  
Join members and friends for an evening of  
fine dining, entertainment & spectacular items on auction  
for the benefit of Arlington Street Church.*

*Tickets are \$75.00 per person or \$550.00 for table of eight.*

*For information on volunteering or donating auction items  
contact Daniel Fournier: [office@ascboston.com](mailto:office@ascboston.com).*

If your baby grows restless during worship, please bring him or her to the nursery (located off of the Chapel, through the leather door). Restless toddlers and older children are invited to join the church school program downstairs.

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#### Suggestion Box

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org) or leave a note in the suggestion box outside the Church Office. Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "Our Caring Community" to the right.

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#### Inside Submission Guidelines

Please deliver all Sunday announcements before Tuesday at 3:00 pm by e-mail to [communications@ASCBoston.org](mailto:communications@ASCBoston.org). Announcements will not be accepted by telephone. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

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#### Scheduling Events at Arlington Street Church

All issues dealing with building usage, for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, Assistant to the Administrator. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617-536-7050 ext. \*8 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

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#### Our Caring Community

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office. Our staff and ministers will be in touch to lend support.

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#### Security Note

This is an urban church. Please do not leave your valuables unattended! Also, please be attentive when exiting the church into the alley. When walking in the alley avoid being alone, carry a cell phone, walk in the center of the road, and pay attention!

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Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051  
E-mail: [office@ASCBoston.org](mailto:office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

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# INSIDE

ARLINGTON STREET CHURCH

*NEWS FROM THE SOUL OF SUNDAY*

SUNDAY, FEBRUARY 7<sup>TH</sup>, 2010

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## SPIRITUAL PASSIONS 2010 ~ FEBRUARY

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### Writing from Real Life: The Spiritual Passion of Judah Leblang

Sunday, February 7<sup>th</sup> ~ 1:00–3:00 PM

We all carry stories — true life events, shaped by memory and our life experiences — within us. In this workshop, we'll discuss what makes a compelling personal story or memoir vignette and then do a few exercises to practice the writing process. You'll come out of the workshop with a draft of a short memoir piece, and ideas for improving / developing your writing.

*Judah Leblang grew up in Cleveland, Ohio. His essays and commentaries have been broadcast on National Public Radio stations around the US, and published in various newspapers and magazines in Boston and Cleveland. His column, "Life in the Slow Lane," appears regularly in Bay Windows, a Boston-area weekly newspaper. His book, Finding My Place: One Man's Journey from Cleveland to Boston and Beyond, has just been published.*

### Arlington Street Zen Center Retreat

Rev. Kim K. Crawford Harvie, Senior Minister,  
and members of the Arlington Street Zen Center  
Sunday, February 7<sup>th</sup> ~ 1:00–5:00 PM

Don't just do something; sit there! Rev. Kim and Arlington Street Zen Center members invite you to an afternoon meditation retreat. We will be practicing alternate sitting and walking meditation, interspersed with readings from the dharma (Buddhist teachings) — the same format as our twice-monthly gatherings, but over a longer period of time.

If you are experienced in meditation, or interested in a full-immersion introduction, please join us! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (we will be walking in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning, and stay as long as you'd like.

At 5:00 on, we'll celebrate by walking down to Bangkok Blue to enjoy Thai food together! BYO\$. All are welcome!

## SPIRITUAL PASSIONS 2010 ~ FEBRUARY *(Continued)*

### Mindful Eating

Erick DuPree, Religious Educator  
Sunday, February 14th ~ 1:00–4:00 PM

Mindfulness can transform our struggles with food and renew our sense of pleasure, appreciation, and satisfaction with eating. Mindful eating is an approach that involves bringing one's full attention to the process of eating and feelings that arise during a meal. This spiritual passion includes an introduction to meditation practices that tune into our body's own wisdom about what, when, and how much we eat and develop a more compassionate attitude towards struggles with eating.

### Peace, War, Politics

Seanan Holland, Intern Minister  
Sunday, February 14th ~ 1:00 PM - Archives Room

Obama wins Nobel Peace Prize and escalates war in Afghanistan! You are invited to discuss how Obama's Nobel Prize acceptance speech challenges us to look at questions of war and peace in the context of religious values. We will exchange our own perspectives, and look at how Obama's speech echoes theologian Reinhold Niebuhr.

For your convenience, you can find the text of Obama's Nobel acceptance speech at [wbur.org/2009/12/10/obama-nobel-speech](http://wbur.org/2009/12/10/obama-nobel-speech)  
Open to all. Facilitators: Seanan Holland, Arlington Street Church Military Chaplain Intern Minister, and Roger Hooper.

*We invite you to cut out this calendar and clip it to your refrigerator or bulletin board!*

## Coming Up...

### Sunday, February 7<sup>th</sup>, 2010

- 9:30 AM Choir Warm-Up - Sanctuary
- 10:00 AM ASC Auction Committee - Archives Room
- 11:00 AM Sunday Morning Worship - Sanctuary
- 12:00 PM Path to Membership - Archives Room
- 12:00 PM Coffee Hour - Parish Hall
- 12:30 PM Conversation on Project for the Haitian People - Sanctuary
- 12:30 PM Young Adult Group Lunch - Stage Right Room
- 1:00 PM Spiritual Passions 2010 - Chapel - Zen Center
- 1:00 PM Spiritual Passions 2010 - Clarke Room - Writing

### Monday, February 8<sup>th</sup>, 2010

- 6:00 PM Prison Education Group - Perkins Room
- 7:00 PM Gay Men's Spirituality Group - Chapel

### Tuesday, February 9<sup>th</sup>, 2010

- 6:00 PM Buddha's Belly - Chapel
- 6:00 PM Finance Committee - Perkins Room
- 7:00 PM Arlington Street Zen Center - Chapel

### Wednesday, February 10<sup>th</sup>, 2010

- 3:30 PM \* Staff Meeting - Perkins Room
- 6:00 PM Kundalini Yoga - Chapel
- 6:00 PM Building & Grounds Committee - Archives Room
- 6:00 PM Stories of Service: What's it Like Being a UU in the Military - Perkins Room
- 7:00 PM UU Affairs Committee - Perkins Room

### Thursday, February 11<sup>th</sup>, 2010

- 3:00 PM Dan Moore Music Lessons - Clarke Room
- 6:00 PM Children's Religious Education Committee - contact Religious Educator
- 7:00 PM Choir Rehearsal - Clarke Room

### Friday, February 12<sup>th</sup>, 2010

- 5:00 PM Friday Night Supper Program - Parish Hall/Kitchen
- 5:00 PM Dan Moore Music Lessons - Clarke Room

### Saturday, February 13<sup>th</sup>, 2010

- 10:00 AM Soul Sisters Meeting - Perkins Room/Kitchen

### Sunday, February 14<sup>th</sup>, 2010

- 9:30 AM Choir Warm-Up - Sanctuary
- 9:30 AM Social Action Committee - Archives Room
- 10:00 AM ASC Auction Committee - Clarke Room
- 11:00 AM Sunday Morning Worship - Sanctuary
- 12:00 PM Coffee Hour - Parish Hall
- 12:30 PM Nominating Committee - Sanctuary
- 12:30 PM Young Adult Group Lunch - Stage Right Room
- 12:30 PM YoUU and Unitarian Universalism - Clarke Room
- 1:00 PM Peace, War, Politics - Archives Room
- 1:00 PM Spiritual Passions 2010 - Chapel
- 1:00 PM Center for Spirit Wellness at ASC - Frothingham Library

**NOTE:** This calendar is accurate as of noon the Wednesday before publication and only includes events directly related to the congregation. For complete, up-to-date calendar listings over the coming months, visit [www.ASCBoston.org](http://www.ASCBoston.org).

\* Denotes Closed Meetings



## CONGREGATIONAL ANNOUNCEMENTS *(Continued)*

### Social Action Committee Used Book Sale

Sunday, March 14th and 21, Parish Hall

Use this as a great way to recycle your used books, and benefit the Arlington Street Church Jubilee Programs at the same time. We are looking for paperback and hardbound books, CDs, DVDs, and records that might be of interest to other church members, visitors, and the general public.

Jubilee Programs include New Orleans partnership, Only a Child, Partakers, Santuario and Villages without Walls. In addition the committee is looking for ways to support relief and rebuilding in Haiti.

Bring your books, CDs, DVDs, and records to church any Sunday from Feb 7 – Feb 28. You can leave them at the Social Action table in the Parish Hall. It would be helpful if you could bring them in a box.

Then, come ready to replenish your supply with other great choices, favorites of our congregation... at very reasonable prices!

### What Can We Do for the People of Haiti?

Sunday, February 7th ~ 12:30–2:00 PM, Sanctuary

Please come and participate in a discussion about what we can do for the people of Haiti in the immediate future. Our goal is to initiate a Task Force on Haiti with a defined plan of concrete tasks we can do now.

*Sponsored by the Social Action Committee*

### To Renewal House With Love

Sunday, February 14th ~ 11:00 AM, Sanctuary

Please plan to join in our annual lovefest for Renewal House! Renewal House, the Unitarian Universalist Urban Ministry's shelter for women and children escaping domestic violence, is now a member of the food bank, and no longer needs us to do a food drive. What they need now is sanitary pads, body lotion, shampoo and conditioner, deodorant, razors, shaving cream, and laundry detergent. They would also appreciate Stop & Shop, Target, and Walgreen's gift cards. Please bring these items to church with you! Let's love them up!

### Delegates to UUA General Assembly

Arlington Street Church is looking for members who are interested in representing Arlington Street Church at the Unitarian Universalist Association General Assembly, which is taking place in Minneapolis, Minnesota, on June 23 - 27, 2010. If you are interested in being a delegate and attending, please send an email to [office@ascboston.org](mailto:office@ascboston.org) by no later than February 7th.

This is a great opportunity for Arlington Street Church members to get more involved. You will join thousands of Unitarian Universalists (UUs) from across the United States and experience wonderful workshops and uplifting worship services led by some of UUA's best workshop and worship leaders. For more information on GA go to: [www.uua.org/events/generalassembly](http://www.uua.org/events/generalassembly)

## CONGREGATIONAL ANNOUNCEMENTS

### Thinking about Membership in Arlington Street Church?

A good place to start is at our Welcome Table, where you will find basic information about Unitarian Universalism and Arlington Street Church. Twice a month (first and third Sundays immediately following the 11 a.m. service) the Membership Team also offers "Path to Membership" conversations in the Archives Room off the Parish Hall. No RSVP needed; just come find us in the Archives Room. We'll tell you the basics about getting involved in our spiritual community, as well as membership benefits and expectations.

Periodically we offer the more in-depth new member class ("So You Want to Be a UU?") that's required of new members as part of the process of joining. All are welcome to attend these classes, including those who are already members. The class includes an opportunity to share the stories of our spiritual journeys, to gain more detailed information about how Arlington Street Church works, and about our history and theological beliefs. At the end of the class you will be invited, not pressured, to join the church. These classes are led by our ministers, our Membership Team, and other church staff and leaders. The next such class will be held in two parts on sequential Thursday evenings: Feb. 25th and March 4th, from 6 to 8 p.m., with a simple supper provided. Please plan to attend both parts. RSVP: [office@ascboston.org](mailto:office@ascboston.org), subject: membership class.