
MUSIC

Bach Solo Cello Suites

Guy Fishman, Artist in Residence,
Sunday, March 21th ~ 11:00 AM, Sanctuary

Don't miss cellist Guy Fishman's final performance at Arlington Street Church! Over the last two years, Mr. Fishman has been an Artist in Residence at Arlington Street. His time here has featured performances of all six of Johann Sebastian Bach's solo cello suites, which he will be recording this year. Mr. Fishman's upcoming visit marks the final installment; he will perform Suite No. 6 in Major BWV 1012. Bach's cello suites were most likely composed between 1717 and 1723; nearly 300 years later, they continue to be regarded as some of the greatest works ever written for the instrument.

Add More Music to Your Life this spring!

Be part of our Arlington Street Church Choir! Do you love to sing? Would you like to be part of a community of sharing music? Do you want or need to take just a couple hours out of your week to create something beautiful? The Arlington Street Church Choir may be just the place for you! No musical experience necessary!

We find that making music with and for our community here at Arlington Street is a central and beautiful part of our spiritual practice as Unitarian Universalists. We rehearse one night a week and sing Sunday mornings at our weekly services, performing an array of challenging, evocative repertoire spanning dozens of cultures, and centuries of musical and liturgical history.

The choir is open to all interested singers able to make a commitment to the choir's schedule. Attendance each week is not mandatory, though members find that it's difficult to function effectively if they miss more than a quarter of the rehearsals. We rehearse on Thursdays from 7:00–9:00 pm in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles, who is available at the front of the sanctuary following the service or via email at MBuckles@ASCBoston.org.

The time is here to Indulge

*The deadline to purchase tickets and to
select your entrée was Friday, Feb. 26.*

*Indulge will be held Saturday, March 6 from 7p.m. to 10p.m.
in the Parish Hall of Arlington Street Church.*

*Last-minute inquiries should be made by calling the
church office at 617-536-7050.*

Tickets are \$75.00 per person or \$550.00 for table of eight.

*For information on volunteering or donating auction items
contact Daniel Fournier: office@ascboston.com.*

If your baby grows restless during worship, please bring him or her to the nursery (located off of the Chapel, through the leather door). Restless toddlers and older children are invited to join the church school program downstairs.

Suggestion Box

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org or leave a note in the suggestion box outside the Church Office. Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "Our Caring Community" to the right.

Inside Submission Guidelines

Please deliver all Sunday announcements before Tuesday at 3:00 pm by e-mail to communications@ASCBoston.org. Announcements will not be accepted by telephone. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

Scheduling Events at Arlington Street Church

All issues dealing with building usage, for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, Assistant to the Administrator. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617-536-7050 ext. *8 14 or by e-mail at JBouchard@ASCBoston.org.

Our Caring Community

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office. Our staff and ministers will be in touch to lend support.

Security Note

This is an urban church. Please do not leave your valuables unattended! Also, please be attentive when exiting the church into the alley. When walking in the alley avoid being alone, carry a cell phone, walk in the center of the road, and pay attention!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM
Phone: 617-536-7050 • Fax: 617-536-7051
E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY
SUNDAY, FEBRUARY 28TH, 2010

SPIRITUAL PASSIONS 2010 ~ FEBRUARY

Fractionate! Understanding and Resolving Conflict

Karl Paulnack

Sunday, February 28th ~ 1:00–3:00 PM, Clarke Room

Fractionation (the opposite of escalation) is a process by which big conflicts are broken down into little conflicts, where they can be more easily understood and resolved. We'll explore the way conflict manifests in three venues (intrapsychic, interpersonal and intergroup) but we'll focus on interpersonal aspects. We'll explore the important issue of when to engage a conflict (and, importantly, when not to!) as well as two strategies for engagement: winning a conflict vs. resolving a conflict (both are useful and appropriate, but involve completely opposite techniques). Perhaps most important, we will learn to use a handy little tool for diagnosing and analyzing conflicts, providing a framework for breaking them down into smaller pieces that can be more easily resolved.

Fun fact: did you know that there are only five things that people fight about? All conflicts are about one (or more) of these five things. (You'll have to attend the workshop to find out what those five are!)

Spiritual Passion of Singing and Choir Open House

Mark David Buckles, Director of Music and the Arlington Street Choir
Sunday, February 28th ~ 1:00–3:00 PM, Hunnewell Chapel

Welcome to an afternoon of communal music-making: the spiritual passion of singing! We believe that the act of singing together is a central and beautiful part of our spiritual practice as Unitarian Universalists. Will you join us? We will learn, briefly rehearse, and sing together an evocative selection of beautiful and interesting pieces, and offer answers to questions such as, "Can I sing in choir if I can't read music, or if I've never sung in a choir before?" (yes!), and, "What do you do during rehearsal anyway?" Come prepared to share the music within you!

CONGREGATIONAL ANNOUNCEMENTS

Arlington Street Church responds to Haiti

The devastation of the earthquake in Haiti is staggering—as individuals we may feel overwhelmed by the enormity of the need and the numerous ways to respond to that need. Arlington Street Church's Task Force for Haiti was recently formed in order to join together as a faith community and focus our efforts. We decided to collaborate with local organizations with close ties to Haiti to make more effective immediate and longer-term positive impacts. Please join us for these upcoming activities:

- Sheets/towels/diaper drive as part of a larger effort by the Haitian Coalition of Somerville. Please bring new sheets, towels and disposable diapers to church on Feb. 28, March 7, and March 14 (extended one week).
- Collecting donations for 10 Person tent(s) from ShelterBoxUSA. We are accepting donations at the Social Action table through Easter Sunday, April 4th. You can also send a check to ASC, 351 Boylston Street, Boston 02116 - Attention Task Force on Haiti. Make checks out to ASC (Haiti/TENT in the memo line). Watch for more information about extending the Big Tent of our church to homeless families of Haiti.
- **Nou Bon Zanmi ~ Our Good Friends**
Haitian Music, Dance, and Story
A Benefit Concert for the people of Haiti
Saturday, March 27th ~ 7:00 pm, Sanctuary
Music by Mirlande Butler and friends. Stories by Charlot Lucien and family, and eight Boston area story tellers! Proceeds to Eritaj and Partners in Health. Suggested donation: \$20.

If you'd like to get involved in the Task Force, learn more about the planned activities, or send a donation, please check out the information at the Social Action table in the Parish Hall, or contact Nancy Perna or Peter Lowber at Haiti@ascboston.org.

Social Action Committee Used Book Sale

Sunday, March 14th & 21st ~ 12:00 PM, Parish Hall

Use this as a great way to recycle your used books, and benefit the Arlington Street Church Jubilee Programs at the same time. We are looking for paperback and hardbound books, CDs, DVDs, and records that might be of interest to other church members, visitors, and the general public.

Jubilee Programs include New Orleans partnership, Only a Child, Partakers, Santuario and Villages without Walls. In addition the committee is looking for ways to support relief and rebuilding in Haiti. Please bring your books, CDs, DVDs, and records to the church for the sale. It would be helpful if you could bring them in a box.

Then, come ready to replenish your supply with other great choices, favorites of our congregation... at very reasonable prices!

We invite you to cut out this calendar and clip it to your refrigerator or bulletin board!

Coming Up...

Sunday, February 28th, 2010

9:30 AM	Choir Warm-Up - Sanctuary
10:00 PM	ASC Auction Committee - Archives Room
11:00 PM	Sunday Morning Worship - Sanctuary
12:00 PM	Coffee Hour - Parish Hall
12:30 PM	Young Adult Group Lunch - Stage Right Room
1:00 PM	Spiritual Passions 2010 - Singing and Choir Open House - Hunnewell Chapel
1:00 PM	Spiritual Passions 2010 - Fractionate - Clarke Room
1:00 PM	The Spirit of Desire - Frothingham Library

Monday, March 1st, 2010

6:30 PM	Membership Committee - Perkins Room
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Tuesday, March 2nd, 2010

No congregation related events at this time.

Wednesday, March 3rd, 2010

3:30 PM	* Staff Meeting - Perkins Room
6:00 PM	Kundalini Yoga - Chapel
7:30 PM	ASC Auction Decorating Team - Parish Hall

Thursday, March 4th, 2010

6:00 PM	So You Want To Be A Unitarian Universalist New Member Class Part Two - Perkins Room
6:30 PM	Center for Spirit Wellness at Arlington Street Church - Frothingham Library
7:00 PM	Choir Rehearsal - Clarke Room

Friday, March 5th, 2010

5:00 PM	Friday Night Supper Program - Parish Hall/Kitchen
7:00 PM	Fundraising Committee - Chapel

Saturday, March 6th, 2010

7:00 PM	ASC Winter Gala - Parish Hall/Kitchen/Chapel
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Sunday, March 7th, 2010

9:30 AM	Choir Warm-Up - Sanctuary
11:00 PM	Sunday Morning Worship - Sanctuary
12:00 PM	Path to Membership - Welcome Table
12:00 PM	Coffee Hour - Parish Hall
12:00 PM	Deconstruction of Winter Gala - Parish Hall
12:30 PM	Task Force on Haiti - Clarke Room
12:30 PM	Young Adult Group Lunch - Stage Right Room

NOTE: This calendar is accurate as of noon the Wednesday before publication and only includes events directly related to the congregation. For complete, up-to-date calendar listings over the coming months, visit www.ASCBoston.org.

* Denotes Closed Meetings



ARLINGTON
STREET CHURCH
Unitarian Universalist

CONGREGATIONAL ANNOUNCEMENTS *(Continued)*

Thinking about Membership in Arlington Street Church?

A good place to start is at our Welcome Table, where you will find basic information about Arlington Street Church, Unitarian Universalism, and the path to membership. Stop by and ask questions! Pick up literature! We'll tell you the basics about getting involved in our spiritual community, as well as membership classes.

Project Only A Child Annual Fundraiser

Saturday, March 27th ~ 7:00 PM, Sons of Italy Hall, Cedar Street, Waltham
Project Only A Child is the program for Guatemalan street youths founded by ASC's own George Leger and funded in part by Jubilee, ASC's work in the world. The annual fundraiser is a wonderful opportunity to learn more about the great job George is doing with the young people who live in Only A Child's group home and work in its carpentry shop. Enjoy a buffet supper and buy raffle tickets to win restaurant gift certificates, handcrafted Guatemalan textiles, and beautifully designed cedar boxes made by the young men of Only A Child. Tickets to the event are \$25 per person (\$15 seniors and students). Tickets will be available at the Social Action table on Sunday mornings in March. For more information about Only A Child, visit the OAC website at onlyachild.org.

The Arlington Street Center
for Liberal Religious Inquiry
and Spiritual Practice

The Spirit of Desire: Satisfying the Six Fundamental Human Desires

Sunday, February 28th ~ 1:00–3:00 PM, Frothingham Library
Sponsored by the Center for Spirit Wellness at Arlington Street

Here's our big idea: Beyond mere needs and wants, Spirit lives in and for Desire. Desires are more fulfilling than mere survival needs, but also more enduring and rooted than myriad wants. In this workshop, you'll get to know the Six Fundamental Human Desires that are found at the core of all spiritual and wisdom traditions, and start to make them work for you. Unlike unhealthy attachments, these six desires not only hold the key to an individual life of spirit wellness, but also are crucial to help us all to overcome the conflict and misunderstanding that can divide our communities and our world where "belief" is concerned. Desires are the common ground where all spirits can flourish. Please come check it out!