

## Children's Religious Education Wants You!

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt? If the answer is yes, please contact Laura or Erica this week for more information at [CRE@ASCBoston.org](mailto:CRE@ASCBoston.org).

## Join the Social Action Committee

Join the committee and bring a social action topic that concerns you: voting rights, climate change, economic inequality, gun violence, Citizens United, homelessness, etc. The committee will support you! The committee meets on the second Sunday of each month at 9:30 AM. For more information, contact David McLain at [socialaction@ASCBoston.org](mailto:socialaction@ASCBoston.org). "The service begins when the service ends."

## Contacting the Transformation Team for Racial Justice

The Transformation Team for Racial Justice is an ongoing task force of Arlington Street Church that seeks to identify and eliminate interpersonal and institutional barriers of racism and oppression, and build a justice-seeking, multiracial, multicultural community. If you have suggestions, questions, comments, or concerns for The Team, please email [transformation@ascboston.org](mailto:transformation@ascboston.org), attend our open meetings on the third Tuesday of every month from 7 - 8:30 p.m. or speak with a team member (Sarah Cooleybeck, Margy Herley, Peter Lowber, Laura Pattison, Nancy Perna, Steve Marable, and Barbara Seidl). Membership on the Team requires a one year commitment and anti-racism/anti oppression/multicultural training.

## Animal Issues Group

Do you believe in kindness toward animals, yet are uneasy about the ways animals are treated in today's world? Have you considered switching to a plant based diet, but making changes seems over-whelming? Do you feel compassion for others should be as inclusive as possible? If you would like to see animal issues as part of our social action initiatives, please email [socialaction@ASCBoston.org](mailto:socialaction@ASCBoston.org), and place *animal issues* in the subject line.

We can discuss how to make changes in our daily lives, support the national UU Animal Ministry, and educate interested members of our congregation about living more mercifully, healthfully, and sustainably.

Elizabeth (Dinny) Fletcher is a lifelong animal lover, and current board member of the Boston Vegetarian Society. She also volunteers for the Massachusetts Animal Rights Coalition (MARC). Dinny would welcome any level of participation or discussion of animal issues.

## COVENANT RENEWAL PLEDGE FORM July 2015 through June 2016

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ \_\_\_\_\_ to support the work of Arlington Street Church for 2015-2016.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Pledge contributions may be made by cash, check, or credit card.**

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and "2015 Pledge Payment".
- Checks should be made payable to Arlington Street Church with "2015 Pledge Payment" written on the check memo line.
- If you wish to pay by credit card, please complete the following:

**Accepted:**  Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Please charge my credit card in either:**

- One payment for my entire pledge on July 10, 2015
- Equal monthly installments on the 10<sup>th</sup> of each month
- I'm adding a pledge of SERVICE! Here's how I'd like to serve:**

\_\_\_\_\_  
\_\_\_\_\_

### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday - Friday, 8:00 AM - 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday - Friday, 9:00 AM to 5:00 PM

Phone: 617-536-7050 • Fax: 617-536-2729

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# INSIDE

## ARLINGTON STREET CHURCH

*NEWS FROM THE SOUL OF SUNDAY*  
SUNDAY, OCTOBER 18<sup>TH</sup>, 2015

### TODAY

## Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson.

## Just Coffee- Just for You!

Today ~ Following worship, Social Action Table, Parish Hall

Our fall order of Just Coffee has arrived! You can purchase a one-pound bag of the organic coffee for *just* \$12. Just Coffee is grown and roasted by a growers' cooperative in Chiapas Mexico. You can buy dark or medium roast, beans or ground. For more information, please visit [www.justcoffee.org](http://www.justcoffee.org).

## Justice Reinvestment

Today ~ Following worship, Social Action Table, Parish Hall

Come to the Social Action table to learn about and send a letter in support of Justice Reinvestment omnibus bills in the Mass. Senate and House. These bills would improve our systems of criminal justice, end mass incarceration, and reinvest the resulting savings in our communities through jobs and educational opportunity.

## Remembering Rev. Dan Kane

Today ~ 12:30-1:30 PM, Frothingham Library

Beth, our intern minister, will be holding a space for us to remember Dan, who died earlier this month. Dan served as our intern minister from 2007-2009, and was ordained here at Arlington Street. Please feel free to bring photos or mementos to share. All are welcome as we grieve and celebrate his remarkable life!

*continued on next page...*

## THIS WEEK



### Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



### The Wednesdays: Flannery O'Connor

Wednesday, October 21<sup>st</sup> ~ 6:00 PM, Frothingham Library

Join Professor Alan Helms and Reverend Kim for an unforgettable reading adventure! Alan writes, "Flannery O'Connor is unarguably one of the finest American writers of the past century, especially famous for short stories which feature working class oddballs and misfits. Supreme in all aspects of her craft—plot, dialogue, characterization, description, pacing—she writes with such precision, psychological acuity, and dark humor that once read, her stories remain indelible. For my money, her only peers among American short stories are Faulkner and Hemingway, and I would rank her first among equals."

We'll be reading from Flannery O'Connor, *The Complete Stories* (FSG Classics). There are many copies on Amazon for \$5.00.

For each of our Wednesdays, Alan has combined a short story with two longer ones, to even out your readings. We'll discuss the stories as follows:

**October 21:** "The Life You Save May Be Your Own" ~ "Everything That Rises Must Converge" ~ "Revelation"



### Maine Walk for Peace

October 9-24<sup>th</sup> ~ Maine

Our own Connie and Pat Scanlon invite us to join in any or all of the Maine Walk for Peace, sponsored by the Maine Veterans for Peace! The walk, which will travel along Route 1 from Ellsworth, Maine to Portsmouth, New Hampshire, will call attention to the Pentagon's impact on the oceans, and is calling for their demilitarization of the seas. For more information, please visit <http://vfpmaine.org>



### Massachusetts Bay District of Unitarian Universalist Congregations

*Delivering Our Gifts is Doing Justice: Fall Workshops* for Social Action/Justice Committee Members and Congregational Leaders who wish to strengthen their Justice Ministries. For more information, please visit [www.newenglanduua.org](http://www.newenglanduua.org).

## Announcements



### Arlington Street Circle of Caring

Sunday, October 25<sup>th</sup> ~ 12:30 PM, Frothingham Library

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling,

*We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, October 18, 2015

\*9:30 AM Music Rehearsal ~ Sanctuary  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children's Religious Education ~ Nursery, Chapel, Perkins  
12:00 PM Coffee Hour and Lunch ~ Parish Hall  
\*1:00 PM OWL ~ Perkins Room

### Monday, October 19, 2015

\*6:30 PM Meditation in Everyday Life-Shambhala ~ Hunnewell Chapel

### Tuesday, October 20, 2015

6:00 PM Prudential Committee Meeting ~ Perkins Room  
7:00 PM Transformation Team for Racial Justice ~ Frothingham Library

### Wednesday, October 21, 2015

\*12:30 PM Staff Meeting ~ Perkins Room  
3:30 PM Connections ~ Smith Room  
6:00 PM Kundalini Yoga ~ Hunnewell Chapel  
6:00 PM The Wednesdays ~ Frothingham Library

### Thursday, October 22, 2015

7:00 PM Choir Practice ~ Clarke Room

### Friday, October 23, 2015

5:00 PM Friday Night Supper ~ Parish Hall

### Saturday, October 24, 2015

No congregational events are scheduled.

### Sunday, October 25, 2015

\*9:30 AM Music Rehearsal ~ Sanctuary  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children's Religious Education ~ Nursery, Chapel, Perkins  
12:00 PM Coffee Hour and Lunch ~ Parish Hall  
12:30 PM Arlington Street Circle of Caring ~ Frothingham Library  
1:00 PM Nominating Committee ~ Clarke Room

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

**For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)**



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STREET CHURCH  
Unitarian Universalist

or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle.

Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer, her Aunt to Alzheimer's and her brother and close friends to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.



### Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, October 27<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

Buddha's Belly meets at 6 pm. We continue our discussion of Daniel Goleman's new book, *A Force for Good: The Dalai Lama's Vision for Our World*. Please read Part Three.

Arlington Street Zen Center meets at 7 pm and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!



### Arlington Street Samhain Celebration

Saturday, October 31<sup>st</sup> ~ 8:00 PM, Hunnewell Chapel

Morgan Johnstone, Doc Kinne, and Rachel Corey warmly invite you to join in observing Samhain, the Pagan New Year! We will celebrate the year behind us and focus our intentions towards the year ahead. Please see the Welcome Table for more information. All are welcome!



### El Día de los Muertos ~ Day of the Dead

Sunday, November 1<sup>st</sup> ~ 11:00 AM, Sanctuary

Join in as we celebrate the lives of beloved family and friends who have gone before us, calling out their names to affirm their continuing presence in our lives. You are welcome to bring photographs and other mementos to place on the altar. Children of all ages are invited to wear costumes and take part in the costume parade!



### Jay Michaelson Book Release!

Sunday, November 8<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

Let's join in welcoming our beloved friend, Jay Michaelson, as he reads from his new book, *Gate of Tears*, which chronicles his spiritual journey through grieving the death of his mother. All are welcome!



### Join the Arlington Street Choir!

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome—we are a mix of professionals and amateurs.

We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at [MBuckles@ASCBoston.org](mailto:MBuckles@ASCBoston.org).