March and Memorial for Ahmir Lee

Tuesday, October $22^{nd} \sim 3:00 \text{ PM}$, Copley Square; Leave from ASC at 2:30 On August 22nd, 2013, 22-year old Ahmir Lee was shot and killed in Copley Square. He is survived by two young daughters and many more family and friends. His mother, Patricia Lee, is organizing a march and memorial in honor of her fallen son, and has personally invited Arlington Street Church to stand in faithful solidarity with her and other families who have lost loved ones to gun violence. Contact intern minister Catie Scudera for more information (cscudera@ascboston.org).

Nominations for Open Positions

There is an open position on the Prudential Committee, the governing board of Arlington Street Church. The term of the position is through June 2016. There are also open positions for the Arlington Street Church delegates to the Mass Bay District of the Unitarian Universalist Association and to the UU Urban Ministry. If you are interested in being a nominee or would like to know more about the roles and their responsibilities, please send e-mail to nominating@ascboston.org.

Participate in a Connections Group

Connections continues, and registration is open. Connections is Arlington Street's small group ministry—facilitated experiences of deep sharing and listening around selected topics such as belonging, aging, fear, disappointment, living, and dving. These small groups of 6-10 people will deepen their relationships with one another and the congregation; explore and engage with shared Unitarian Universalist principles; and participants will be included and heard in a safe, nurturing environment. Connections groups meet twice a month for about 90 minutes.

To participate or learn more, e-mail connections@ascboston.org, speak with Thomas Simers, or look for the registration form at the Welcome Table in the Parish Hall during coffee hour.

Volunteer at Friday Night Supper

Every Friday ~ Served at 5:00 PM, Parish Hall

Friday Night Supper Program (FNSP) would like to remind Arlington Street folks that you are most welcome to help prep or serve the meal. If you would like to inquire about volunteer opportunities, please email Amber, the FNSP Director (info@ fridaynightsupper.org).

Emma's Revolution Concert for UU Mass Action

Friday, October 25th, Doors Open 7:30 PM, UU Church of Wakefield Activist singer/songwriter folk duo Sandy O and Pat Humphries are giving a benefit concert to support the mission of UU Mass Action. Tickets are \$25 in advance or \$30 at the door. More information and tickets can be found at uumassaction.org/emmasrevolution.

Come, Lend a Hand in the Garden!

Sunday, October 27th, 1:00-3:00 PM, Boylston Street Garden Sunday, November 5th, 1:00-3:00 PM, Boylston Street Garden Everyone is invited to help put the Arlington Street garden to bed for the winter. On October 27th, we'll plant 500 Daffodil bulbs with the City for Boston Blooms. On November 5th, we'll clean up the flower beds and rake the leaves. Tools will be supplied.

COVENANT RENEWAL PLEDGE FORM July 2013 through June 2014

Name:			
Address:			
City:	State:	Zip: _	
I/We commit an <u>annual total</u> the work of Arlington Street C			_ to support
Signature:		Date:	
Signature:		Date: _	
Phone:	_Email:		
Pledge contributions may be n	nade by cash,	check, or c	redit card.
 If you are paying with cash the envelope with your name. Checks should be made page. 	me(s) and "20	014 Pledge I	Payment".
Checks should be made pa <i>"2014 Pledge Payment"</i> writte	,	0	
• If you wish to pay by credit	card, please	complete tl	he following:

Accepted: \Box Mastercard \Box Visa

Credit Card #: ____

Expiration Date: mm_____ yy___

Please charge my credit card in either:

□ One payment for my entire pledge

□ Equal monthly installments on the **10th of each month**

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT **ARLINGTON STREET CHURCH**

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [Bouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Zip Code:

Please email all Sunday "Inside" announcements before Tuesday noon to print@ascboston. org. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessasary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended

Arlington Street Church, Unitarian Universalist 351 Boylston Street Boston, Massachusetts 02116-3303

Office Hours: Monday - Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-7051 E-mail: office@ASCBoston.org • Web: www.ASCBoston.org



costume parade!

Coffee Hour

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson or Sharon Pressly-Fiero at office@ ascboston.org.

On the Rocks Is a Form of Life: Philosophy & Addiction

News from the Soul of Sunday

SUNDAY, OCTOBER 20TH, 2013

SPECIAL REMINDER

El Dia de los Muertos ~ Day of the Dead

Sunday, October 27th ~ 11:00 AM, Sanctuary

Next Sunday, we will celebrate the lives of beloved family and friends who have gone before us, calling out their names to affirm their continuing presence in our lives. You are welcome to bring photographs and other mementos to place on the altar. Children of all ages are invited to wear costumes and take part in the

This year, the ashes from the ritual burning of the prayer flags will be on the altar. They will be saved for the one-year anniversary of the Boston Marathon bombings in the spring, when the ashes will be scattered in the Arlington Street garden.

TODAY

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

Today ~ 12:30 PM, Hunnewell Chapel

What an honor to welcome New York Times columnist Peg O'Connor! All are welcome!

How does a person make meaning or sense of her life when she feels defeated and worthless and experiences the world as alien, hostile, and devoid of meaning? Some of us looked to alcohol and drugs as a way to cope with our realities. In asking questions such as, "what kind of person do I want to be," or "who am I

continued on next page...

and why am I like this," and "does any of this matter in the bigger scheme of things," a person is seeking self understanding and an understanding of her place in the world. For millennia, philosophy has been grappling unapologetically with questions about meaning and value, seeking understanding of human nature and the human condition. This talk addresses addiction and recovery from a western philosophical perspective. Rates of addiction to alcohol, illicit drugs, and prescription drugs are reaching epidemic proportions. More people are interrogating themselves about their relationships to these substances and behaviors. This interrogation, the ancient Greek philosopher Socrates might claim, is about examining one's life. "On the Rocks" introduces some of the core concepts and vexing questions of philosophy as a way to help addicts and those affected by our addictions to examine ours and perhaps transform our relationship to our drugs or behaviors of choice. A recovering alcoholic for more than 25 years and a philosophy professor for 18, philosophy helped the speaker get and stay sober.

Sarah Richards Ordination

Today ~ 3:00 PM, (2:30 clergy robing) Sanctuary

Arlington Street Church, along with the First Parish in Waltham congregation, will be ordaining long-time member Sarah Richards into Unitarian Universalist ministry. All Arlington Street members and friends are invited to participate in this celebration of our family of faith. Dessert reception to follow in the Parish Hall.

THIS WEEK

Buddha's Belly ~ The Buddhist Book Discussion and the Arlington Street Zen Center

Tuesday, October 22nd ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

Buddha's Belly meets at 6 PM. Please finish Noah Levine's Against the Stream, and come discuss it tonight.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

Kundalini Yoga Class

Wednesday, October 23rd ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

The Wednesdays: Huckleberry Finn

Wednesdays, October 23rd, November 6th & 13th~ 6:00 PM, The Froth Please join Professor Alan Helms and Rev. Kim for Arlington Street's fall literary salon: Mark Twain's Huckleberry Finn!

Recommended text: The Norton Critical Edition of "The Adventures of Huckleberry Finn" (3rd edition). You'll find cheap copies at Amazon and abebooks.com, but pretty much any edition will work. For more information, please see ASCBoston.org.

We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at ASCBoston.org

This Week

Sunday, October 20, 2013

9:00 am	New Member Joining Ceremony ~ Hunnewell Chapel
9:30 ам	Choir Rehearsal ~ Sanctuary
10:00 ам	Decommissioning the Prayer Flags ~ ASC Garden Fence
11:00 ам	Sunday Morning Worship ~ Sanctuary
11:15 ам	Children's Religious Education ~ Perkins Room
12:00 рм	Coffee & Lunch Hour ~ Parish Hall
12:30 рм	Peg O'Connor Talk ~ Hunnewell Chapel
3:00 рм	Sarah Richards Ordination ~ Sanctuary

Monday, October 21, 2013

10:00 AM Connections Group ~ Hunnewell Chapel

Tuesday, October 22, 2013

6:00 рм	Buddha's Belly ~ Hunnewell Chapel
7:00 рм	Arlington Street Zen Center ~ Hunnewell Chapel

Wednesday, October 23, 2013

12:00 рм	Staff Meeting ~ Perkins Room
6:00 рм	Kundalini Yoga ~ Hunnewell Chapel
6:00 рм	The Wednesdays: Huck Finn ~ Frothingham Library
6:30 рм	Building the World We Dream Workshop ~ Perkins Room

Thursday, October 24, 2013

7:00 рм	Choir Practice ~ Clarke Room
7:00 рм	Channing School Concert ~ Sanctuary

Friday, October 25, 2013

Friday Night Supper ~ Parish Hall 5:00 рм

Saturday, October 26, 2013 No congregational events

Sunday, October 27, 2013

9:15 am	CRE Team Meeting ~ Perkins Room
9:30 am	Choir Rehearsal ~ Sanctuary
11:00 ам	Sunday Morning Worship ~ Sanctuary
11:15 ам	Children's Religious Education ~ Perkins Room
12:00 рм	Coffee & Lunch Hour ~ Parish Hall
12:30 рм	Tech Group ~ Smith Room
12:30 рм	Report on Trip to Palestine ~ Hunnewell Chapel
1:00 рм	Highly Sensitive Person's Support Group ~ Stage Right Room
*1:15 рм	Our Whole Lives ~ Perkins Room

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



Channing School in Concert

Thursday, October 24th ~ Doors open at 7:00 PM, Sanctuary Fifty girls from the choir and chamber orchestra of England's Channing School will be taking the stage at Arlington Street Church! The girls, aged 14-18, are very excited to be on their first Boston tour.

In this Benjamin Britten centenary year, the choir will perform Britten's Simple Symphony and his stunning Missa Brevis arranged for orchestra and choir. JS Bach's E major violin concerto and Tavener's The Lamb will also be featured. Directed by Peter Boxall, this exquisite ensemble is not to be missed!

Opening the evening will be Boston's own New England Conservatory Youth Chorale, directed by Jonathan Richter. This ensemble of 60 young singers will perform a collection of a cappella works by British composers. Together, the two groups will perform John Rutter's All Things Bright and Beautiful.

The Channing School in England is a Unitarian school founded on the principles of William Ellery Channing, the father of Unitarianism and the minister of this church from 1803-1842. Everyone is welcome to enjoy this special free musical evening! Any donations will be gratefully accepted.

Sunday, October 27th ~ 1:00 PM, Stage Right Room Have you ever been told "You're too sensitive"? Do you wonder why you sometimes get overwhelmed by everything going on around you? Do you "sense" other people's feelings before they express them? Then you might be one of the 20% of the population that is wired as a Highly Sensitive Person. Join our facilitator, Michael Parise, Life & Spirit Coach, and explore this wonderful and challenging gift with like-minded people. Receive the support you deserve! We will be meeting on the last Sunday of every month for 45 minutes.

Today and next Sunday, please consider signing a petition to support the "Raise Up Massachusetts" campaign to increase the minimum wage and earned sick leave in our state. This campaign is sponsored by the Massachusetts Community Action Network (mcan-pico.org). You can sign the petition at the Social Action table in the parish hall or look for people around the church with clipboards.

Save the Date

Report from Palestine

Sunday, October 27th ~ 12:45-2:30 PM, Hunnewell Chapel

Thirteen Unitarian Universalists traveled to the West Bank and Israel this past June on a trip sponsored by Unitarian Universalists for Justice in the Middle East. Alison Gottlieb from Theodore Parker Unitarian Church, Don McInnes from First Parish Church Cambridge, and Peter Lowber from Arlington Street Church will talk about the trip and the impact of the Occupation. All are invited.

Are You a Highly Sensitive Person

Announcements

Raise Up Massachusetts

continued on next page...