

## The Alternatives to Violence Project

Sunday, October 14<sup>th</sup> ~ 1:00 PM, Sanctuary

Have you ever wondered if there's a program to reduce youth violence? A program to reduce all violence in our communities? Want to learn what you can do to stop the violence and murders in our schools and neighborhoods?

Please join us to address these and other questions as you learn about *The Alternatives to Violence Project (AVP)*, currently being used in juvenile detention programs, rehab centers, schools, community centers, and prisons in the U.S. and in over 20 other countries. AVP has been effective in dealing with the conflicts in both Rwanda and Attica. The program uses experiential exercises to understand our own, and other people's, acts of anger and revenge. It's an energizing, provocative and positive experience.

You will be invited to participate in a mini-workshop that will demonstrate the elements of the weekend-long workshop offered in prisons and schools. Learn more at [www.avpinternational.org](http://www.avpinternational.org).

## Gatherings for Healing

Thursday, October 18<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Gatherings for Healing will be offered every 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month, beginning October 18<sup>th</sup>, from 6:00-7:00 PM. We invite those struggling with illness and disability, and those who are touched by that struggle. Suffering is often isolating. It can leave us feeling overwhelmed and entirely emptied. These gatherings are intended to move us toward a sense of wholeness, and toward feeling more connected with the flow of life. Please come as you are for inspirational readings, contemplative prayer, and chamomile communion.

We are also looking for help to make these gatherings beautiful and meaningful (with music, for example). If you would like to be part of the Healing Team, please contact Lisa Mobayed, our student minister, at [LMobayed@ASCBoston.org](mailto:LMobayed@ASCBoston.org).

## Game Night Social for All!

Saturday, October 20<sup>th</sup> ~ 5:00-10:00 PM, Parish Hall

Everyone is invited to a fun, relaxing evening of games in the parish hall! Join the Young Adults to play a few rounds of cards, a board game or two, or maybe charades.

Come for all, or any part, of the evening (and consider bringing friends, games, and snacks!). All are welcome!

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## ANNOUNCEMENTS

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## Keep Immigrant Families Together

Sunday, November 4<sup>th</sup> ~ 2:00 PM, 20 Bradston Street, Boston

Come to a prayer vigil for immigrant detainees to help stop the raids and deportations and keep immigrant families together.

Arlington Street Church will organize a car pool to leave the church at 1:15 PM for the vigil at the Suffolk County House of Correction. For more information, email [socialaction@ascboston.org](mailto:socialaction@ascboston.org)

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## Volunteers Needed for GLAD's Legal InfoLine

Gay & Lesbian Advocates & Defenders (GLAD), seeks committed volunteers to staff its Legal InfoLine. Volunteer one weekday afternoon a week from 1:30-4:30 PM, helping people who have experienced discrimination, by providing legal information that can make a real difference in their lives! Register now for the next training, October 9<sup>th</sup> & 11<sup>th</sup> (5:30-9:30 PM) and October 13<sup>th</sup> (9 AM-4 PM). You can get more information and an application by contacting Bruce Bell, 617-426-1350, email [bbell@glad.org](mailto:bbell@glad.org), or at [www.glad.org/rights/infoline/volunteer](http://www.glad.org/rights/infoline/volunteer).

## What Can UUs Do About Rights for Israel & Palestine?

Saturday, October 27<sup>th</sup> ~ 10:00 - 3:00 PM, First Parish Church, Bedford MA

We are an Eastern MA network of Unitarian Universalists (UUs) concerned about justice and human rights for the people of Israel/Palestine. We invite you to meet with us for a day of exploration of the issues and ways to address them within our congregations and the wider community. The keynote speaker is Jill Baker, a UU member from Ann Arbor MI, who won a UU sermon contest on the topic. A donation of \$10-\$20 would be appreciated, and lunch will be provided. Please RSVP to [UUIPNetwork@gmail.com](mailto:UUIPNetwork@gmail.com). All are welcome!

## Friday Night Supper Program (FNSP) Invites Volunteers

Friday Night Supper welcomes Arlington Street Church members to volunteer at our program on Fridays from 5:00 - 7:30 PM.

Our Guest Clothing Closet is running extremely low on all MEN's clothing, especially socks and underwear in large sizes. Please contact Amber at [info@fridaynightsupper.org](mailto:info@fridaynightsupper.org) for more information about our needs or to arrange a donation delivery. Thank you for supporting FNSP!

### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "Our Caring Community" to the right.

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday - Friday, 8:00 AM - 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements before Tuesday noon to [print@ascboston.org](mailto:print@ascboston.org). Phyllis Guiliano (Business Administrator) will receive this email and will compile the announcements for publication. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### OUR CARING COMMUNITY

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

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Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday - Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051  
E-mail: [office@ASCBoston.org](mailto:office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

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# INSIDE



## ARLINGTON STREET CHURCH

*NEWS FROM THE SOUL OF SUNDAY*

SUNDAY, OCTOBER 7<sup>TH</sup>, 2012

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## TODAY

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### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson or Sharon through the church at [office@ASCBoston.org](mailto:office@ASCBoston.org).

### Parenting for the Spirit, in the Spirit

Today, and Nov. 4<sup>th</sup>, Dec. 2<sup>nd</sup> ~ 12:00-1:00 PM, Stage Right Room

When we are offered a window into our children's spiritual lives, we often end up peering into our own, and learning something about both our children and ourselves. We discover what we value, how we find meaning, and the importance of faith—and we convey that to our children in words and actions.

Please join Lisa Mobayed, one of our student ministers, for lunch and conversation inspired by the book, *The Gift of Faith: Tending the Spiritual Lives of Children*, by Jeanne Harrison Nieuwejaar. The book can be purchased from Laura Evonne Steinman.

Childcare will be available during the gatherings. We warmly welcome all who care for children!

### Gedymin Grubba Organ Recital

Today ~ 1:00 PM, Sanctuary

All the way from Poland, guest organist Gedymin Grubba presents a recital on our own beautiful Aeolian-Skinner organ including works by Bach, Buxtehude, and Muschel. Mr. Grubba has given over 500 concerts throughout Europe, Asia, and Australia. He performs as a soloist, a chamber music player, a composer, and a conductor. This is his first concert tour of the United States.

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## THIS WEEK

### English as a Second Language (ESL) for Adults

Monday, Oct. 8<sup>th</sup> and Wednesday Oct. 10<sup>th</sup> ~ 10:00 AM, Perkins Room

Learn or improve your English! The class meets twice a week. Students practice speaking, listening, reading, and writing. Topics include general conversation, cooking, and holiday events, as well as grammar and pronunciation. The class is taught by Ann Troise, a member of Arlington Street Church, who has been certified to teach ESL by the Boston Academy of English.

### Gay Men's Spirituality Group

Monday, October 8<sup>th</sup> ~ 7:00 PM, Hunnewell Chapel

A new member of our group Tom G., will speak on erotica in gay literature. Tom will draw upon several of his favorite books and possibly share from his own work. Feel free to bring one of your favorite works to share during our Q&A.

### Buddha's Belly ~ The Buddhist Book Discussion and the Arlington Street Zen Center

Tuesday, October 9<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every second and fourth Tuesday throughout the church year.

Buddha's Belly meets from 6 PM to 7 PM. We are currently reading Jack Kornfield's *After the Ecstasy, the Laundry*. Please read part one for this evening's session.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

### Kundalini Yoga Class

Wednesday, October 10<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church.

### The Wednesdays Literary Salon: Richard Wilbur

October 10<sup>th</sup> ~ 6:00-8:00 PM, Frothingham Library

Please join Professor Alan Helms and Rev. Kim for another delightful series of The Wednesdays, Arlington Street's literary salon! Packets of Wilbur poems are available from Rev. Kim. All are welcome!

### Building the World We Dream About

Wednesday, October 10<sup>th</sup> ~ 6:30 PM, Perkins Room

We are beginning our journey toward Arlington Street Church being a more inclusive and multicultural community of faith. Using the 24-workshops program, *Building the World We Dream About*, we hope to empower ourselves to become more welcoming of

*We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, October 7, 2012

9:30 AM	Music Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee Hour & Light Lunch ~ Parish Hall
12:00 PM	Parenting for the Spirit ~ Stage Right Room
12:30 PM	Connections Group ~ Clarke Room
1:00 PM	Gedymin Grubba Organ Concert ~ Sanctuary

### Monday, October 8, 2012

10:00 AM	Adult ESL Class ~ Perkins Room
5:30 PM	Connections Group ~ Stage Right Room
7:00 PM	Gay Men's Spirituality Group ~ Hunnewell Chapel

### Tuesday, October 9, 2012

6:00 PM	Buddha's Belly ~ Hunnewell Chapel
6:30 PM	Connections Group ~ Perkins Room
7:00 PM	Arlington Street Zen Center ~ Hunnewell Chapel

### Wednesday, October 10, 2012

10:00 AM	Adult ESL Class ~ Perkins Room
*3:30 PM	Staff Meeting ~ Perkins Room
6:00 PM	Kundalini Yoga ~ Hunnewell Chapel
6:00 PM	The Wednesdays ~ Frothingham Library
7:30 PM	Connections Group ~ Hunnewell Chapel
6:30 pm	Building the World We Dream About ~ Perkins Room

### Thursday, October 11, 2012

7:00 PM	Choir Practice ~ Clarke Room
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### Friday, October 12, 2012

5:00 PM	Friday Night Supper ~ Parish Hall
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### Saturday, October 13, 2012

8:00 PM	Arcadia Players Concert ~ Sanctuary
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### Sunday, October 14, 2012

9:30 AM	Choir Rehearsal ~ Sanctuary
9:30 AM	CRE Committee ~ Perkins Room
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee Hour & Light Lunch ~ Parish Hall
12:30 PM	New Member Class ~ Clarke Room
1:00 PM	Alternatives to Violence ~ Sanctuary

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation. For complete, up-to-date calendar listings over the coming months, visit the website.

*For more information, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



racial, ethnic, and cultural diversity, and to dismantle racism and oppression in our congregation and in the broader community.

This is our first official meeting for the program. Subsequent meetings this fall are on October 24<sup>th</sup>, November 14<sup>th</sup> & 28<sup>th</sup>, and December 12<sup>th</sup>.

The program's goals are:

- To promote a multicultural welcome, inclusion, and affirmation in all facets of Unitarian Universalist congregational life
- To cultivate participants' knowledge and skills in addressing issues related to race, ethnicity, and cultural identity, both individually and institutionally
- To identify ways congregations can build multiracial/multicultural communities of love and justice

Through this series of interactive workshops, we will explore topics that increase our understanding of race and ethnicity through spiritual reflection, journaling, visual arts, poetry, music, theater tools, simulations, guest speakers, worship, and field trips. Our awareness of, and commitment to, anti-racism and anti-oppression can transform and expand the healing- and justice-centered mission of Arlington Street Church.

Please contact intern ministers Catie Scudera and Ann Clarke with questions or concerns about the program, childcare, accessibility, etc., at [CScudera@ASCBoston.org](mailto:CScudera@ASCBoston.org) or [AClarke@ASCBoston.org](mailto:AClarke@ASCBoston.org).

### Arcadia Players: Mozart and Haydn

Saturday, October 13<sup>th</sup> ~ 8:00 PM, Sanctuary

Arcadia Players presents a program of concertos by Mozart and Haydn on period instruments. The featured works are Haydn's Cello Concerto in C Major, featuring our Artist in Residence Guy Fishman on cello, and concertos by Mozart for bassoon and piano. Two other Mozart works round out this delightful and stimulating concert: the overture to *Bastien et Bastienne*, and his cantata for soprano and orchestra, *Exultate Jubilate* (including the famous "Alleluia").

## SAVE THE DATE

### New Member Class

Sunday, October 14<sup>th</sup>, Meet ASC ~ 12:30 PM, Clarke Room

Wednesday, October 17<sup>th</sup>, *Spiritual Journey* ~ 6:00 PM, Perkins Room

All interested newcomers are warmly invited to our next two-session new member class. In our first session, we learn a little of Arlington Street's history, polity, and practices; and meet some of our illustrious leadership and staff. Rev. Kim joins us for the second session, where we share stories about our spiritual journeys and ask our burning questions. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. Please sign up at the Welcome Table in the parish hall after the service. All are welcome!

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