

2. Treasurer's Report (Susie Nacco)
3. Q&A on Written Reports
4. 501(c)(3) Update (Rev. Kim)
5. Affiliation of Rev. Fred Small (Rev. Kim)
6. Other Business

Spiritual Passions 2016: Spiritual Journaling

Sunday, March 13th, 1:00 - 3:00 PM, Hunnewell Chapel

Are you looking for new ways to journal? Have you always wanted to keep a journal but never started? This workshop, for beginning and experienced practitioners alike, will explore ways to approach writing for yourself as a spiritual practice. We'll look at time-honored traditions like Lectio Divina and out-of-the-box techniques. Join Liz Weber, seminarian and member of the Worship Team, in a time for introspection and expression. Paper and pens will be provided, but feel free to bring a journal if you have one.

Spiritual Passions 2016: The Art of Sabbath

New Date: Sunday, March 20th ~ 1:00-3:00 PM, Hunnewell Chapel

"Sabbath requires surrender. If we only stop when we are finished with all our work, we will never stop, because our work is never completely done. With every accomplishment there arises a new responsibility... Sabbath dissolves the artificial urgency of our days, because it liberates us from the need to be finished." (Wayne Muller) Join our affiliated minister, Joanna Lubkin, as we explore ways to balance the rhythm of our lives, to engage in those practices which are nourishing, life-giving, and restful. All are welcome!

Dining Out with Arlington Street Church Neighbors

The Membership Team would like to announce updates to our existing dinners, and the launch of a dinner in the South End area.

1. The dinner in the Wakefield, Medford, Melrose, and Malden area has been put on hold for the time being. We'll let you all know as soon as this changes.
2. We've added some areas to the Jamaica Plain dinner. Lois and Jenn Britt have teamed up to arrange a dinner for people who live in the Jamaica Plain, Brookline, and Brighton area.
3. Eve Lauria has taken over coordinating the Cambridge dinners while Gaby Whitehouse is out of town. Thank you Eve!
4. We'd like to announce that Carol Fisher and Bob Session are organizing a dinner for people who live in the South End area. If you are interested in joining one of these dinners, please contact them at office@ASCBoston.org, or sign up at the Welcome Table in the parish hall after church today.

More areas to follow!

COVENANT RENEWAL PLEDGE FORM

July 2015 through June 2016

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ _____ to support the work of Arlington Street Church for 2015-2016.

Signature: _____ Date: _____

Signature: _____ Date: _____

Phone: _____ Email: _____

Pledge contributions may be made by cash, check, or credit card.

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and "2015 Pledge Payment."
- Checks should be made payable to Arlington Street Church with "2015 Pledge Payment" written on the check memo line.
- If you wish to pay by credit card, please complete the following:

Accepted: Mastercard Visa

Credit Card #: _____

Expiration Date: mm _____ yy _____ Zip Code: _____

Please charge my credit card in either:

- One payment for my entire pledge on _____
- Equal monthly installments on the 10th of each month
- I'm adding a pledge of SERVICE! Here's how I'd like to serve:*

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729
Email: Office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, FEBRUARY 21ST, 2016

TODAY



Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table.

In preparation for Jon Ellertson's upcoming hip replacement and recovery, the Sandwich Board team is seeking new volunteers. Drop by the kitchen on Sunday around 10:00 AM to don an apron, learn the prep routines, and make some new friends. And thanks to the many, many who have been helping with prep and cleanup...it takes many hands! For more information, please email Jon at Office@ASCBoston.org.



Just Coffee - Just for You!

Today ~ Immediately following worship, Parish Hall

Friends, we have a new supply of Just Coffee! Please come and get yours at the Social Action table after the service. Just \$12 per pound for great 100% organic coffee! Help support the grower cooperative in Chiapas, Mexico, www.justcoffee.org.



Arlington Street Circle of Caring

Today ~ 12:30 PM, Carol Smith Room

Are you battling illness, caring for someone who is ill, struggling with isolation, or in the process of losing someone you love? Have you already lost someone and are trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through and be in a place of quiet listening and support, then please join the Circle of Caring.

Maureen Peterson is an ASC member who has lost her parents and several close friends to cancer and her brother and close friends to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love. She is joined this year by two amazing co-facilitators, Art Judge, who is both a retired physician and hospital chaplain and Lisa Kirk, one of ASC's newest members who has lead grief and small support groups for other congregations.

continued on next page...



CRE Volunteer Meeting

Today ~ 12:30 PM, Frothingham Library

If you are a volunteer in the CRE program, please stop by the Frothingham Library for a brief lunch meeting. We will review our weekly rituals and share our hopes for the rest of the church year. Anyone interest in learning more about volunteering with CRE is welcome!



Islam 101

Today (film discussion), and Sundays, March 13th (book discussion), and April 17th (speaker) ~ 1:00-3:00 PM, Hunnewell Chapel

Representatives of our Social Action Committee, Transformation Team for Racial Justice, and Rev. Kim are preparing a multi-faceted response to escalating violence toward the Muslim community. Toward the end of extending ourselves in friendship and sanctuary to our Islamic neighbors here in Boston, we'd like to begin with some opportunities to learn about Islam. On February 21st, we'll view Inside Mecca (2003), a one-hour National Geographic documentary that follows the spiritual journeys of three pilgrims to Mecca. For March 13th's book discussion, please read *The Muslim Next Door: The Qur'an, the Media and That Veil Thing* by Sumbul Ali-Karamali (available at the library as well as new and used from Amazon and ABE books). On April 17th we will be joined by Shannon Erwin, a convert to Islam and wonderful speaker! Please save the dates and plan to be part of this life-saving initiative! Childcare will be provided by Allie Dagg.

THIS WEEK



Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, February 23rd ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 Buddha's Belly: Tonight, we will begin our discussion of *Calming the Fearful Mind: A Zen Response to Terrorism* by Thich Nhat Hanh. Please read through Chapter 2.

7:00 Arlington Street Zen Center: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. This is the season for boots and warm jackets! Beginners and experienced meditators from all traditions are warmly welcome.



Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, February 21, 2016

*9:30 AM Music Rehearsal ~ Sanctuary
9:30 AM CRE Committee Meeting ~ Cosi Cafe, 399 Boylston Street
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education ~ Perkins, Parish Hall, Smith Room
12:00 PM Coffee Hour and Lunch ~ Parish Hall
12:30 PM ASC Circle of Caring ~ Carol Smith Room
12:30 PM CRE Volunteer Meeting ~ Frothingham Library
*1:00 PM OWL-Our Whole Lives ~ Perkins Room
1:00 PM Spiritual Passion: Islam 101 ~ Hunnewell Chapel

Monday, February 22, 2016

6:30 PM Membership Team Meeting ~ Perkins Room

Tuesday, February 23, 2016

6:00 PM Buddha's Belly ~ Hunnewell Chapel
7:00 PM Arlington Street Zen Center ~ Hunnewell Chapel | Sanctuary
7:00 PM Transformation Team for Racial Justice ~ Frothingham Library

Wednesday, February 24, 2016

*12:00 PM Staff Meeting ~ Perkins Room
3:30 PM Connections Meeting ~ Perkins Room
6:00 PM Kundalini Yoga ~ Hunnewell Chapel
6:00 PM New Member Class: Spiritual Journeys ~ Perkins Room

Thursday, February 25 2016

7:00 PM Choir Practice ~ Clarke Room

Friday, February 26, 2016

5:00 PM Friday Night Supper ~ Parish Hall

Saturday, February 27, 2016

No congregational events are scheduled.

Sunday, February 28, 2016

*9:30 AM Music Rehearsal ~ Sanctuary
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education ~ Perkins, Parish Hall, Smith Room
12:00 PM Coffee Hour and Lunch ~ Parish Hall
12:30 PM ASC Circle of Caring ~ Frothingham Library
12:30 PM New Member Class: Meet ASC ~ Perkins Room
12:30 PM Spiritual Passions: Meditation Retreat ~ Hunnewell Chapel
1:00 PM Ice Skating ~ Frog Pond

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON STREET CHURCH
Unitarian Universalist



New Member Class

Wednesday, February 24th, Spiritual Journey ~ 6:00 PM, Perkins Room
Sunday, February 28th, Meet ASC~ 12:30 PM, Perkins Room

All interested newcomers are warmly invited to our next two-session new member class. Rev. Kim joins us for the first session, where we share stories about our spiritual journeys and ask our burning questions. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. In our second session, we learn a little of Arlington Street's history, polity, and practices; and meet some of our illustrious leadership and staff. Please sign up at the Welcome Table in the parish hall after the service. All are welcome!

ANNOUNCEMENTS



Spiritual Passions 2016: Meditation Retreat

Sunday, February 28th ~ 1:00-5:00 PM, Hunnewell Chapel

Don't just do something; sit there! And when you sit, just sit. Very simple directives ... simple, but not easy!

Rev. Kim and members of the Arlington Street Zen Center invite you to an afternoon meditation retreat. We'll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)-the same format as our twice-monthly gatherings, just a longer session.

Whether you are experienced in meditation or interested in a full immersion introduction, please join us! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (we will be walking in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning and stay as long as you like. At 5:00, we'll celebrate by enjoying an early dinner together somewhere nearby. BYO\$.



Ice Skating!

Sunday, February 28th ~ 1:00 PM, Frog Pond

CRE is going skating! All are invited. Bring your friends and family! For more information, please email Laura Evonne at les@ascboston.org.



Arlington Street Corporation Meeting

Sunday, March 6th, Hunnewell Chapel *Vote required

1. Election of Delegates* (Nominating Committee)

General Assembly:

Rich Abreu
Morgan Johnstone
Peter Lowber
Joanna Lubkin
Karen Tausch

UUA Mass Bay District:

Charles Howes
Reese Millican
Karen Tausch

UU Urban Ministry:

Grady Deaton
Jon Ellertson
Nancy Perna