



Raise You Up

Sunday, March 3rd ~ 1:00 PM, Sanctuary

The Boston Gay Men's Chorus will *Raise You Up* with a free program of music including the *Last Words of the Unarmed* and the anthem *Glory* from the movie *Selma*. The one-hour program includes a Town Hall discussion about equality and inclusion. *All are welcome!*



Intersectional Book Discussion

Monday, March 4th ~ 5:30 PM, Frothingham Library

Join Rev. Kim for the eleventh in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading Arlie Russell Hochschild's *Strangers in Their Own Land*. All are welcome!



The Wednesdays Literary Salon

Mary Oliver: Spring Poems

Wednesday, March 27th, 6:00-8:00 PM, 160 Commonwealth Avenue

Join Professor Alan Helms and Rev. Kim for another evening with the work of Mary Oliver, one of America's best-loved poets. Just one week after the vernal equinox, let's celebrate the end of winter with this evening devoted to her poems of the season. *All are welcome!*



The Wednesdays Literary Salon

Shakespeare's Sonnets

Wednesdays, April 3rd & 17th and May 1st & 15th ~ 6:00-8:00 PM

The Vendome, 160 Commonwealth Avenue

Shakespeare is not only the best playwright in our language; he's also the best sonneteer. The sonnet is by far the most complicated verse form in English (only Persian has a more complicated verse form); Shakespeare is the Roger Federer/Tom Brady of language. Moreover, Shakespeare's sonnets are his only truly autobiographical writing. Of the 154 sonnets, roughly two thirds are addressed to a beautiful young man, with the remaining sonnets addressed to the "dark lady" ("dark" because she was a brunette, thus contravening the Elizabethan standard for feminine beauty that called for blond hair and fair skin). Emotionally complicated, the sonnets tell of Shakespeare's passion for the young man, his concerns for the boy's future, and his sense of jealousy and betrayal as the boy becomes Shakespeare's competitor for the attentions of the dark lady. It's an emotional roller-coaster that provides a memorable ride! *All are welcome!*

ANNOUNCEMENTS



Share Our Space!

If you're part of another organization or business that's looking for meeting space, a gathering place, or the use of a commercial kitchen, we'd love to welcome them to Arlington Street Church! Please be in touch with Rev. Kim at office@ASCBoston.org.

COVENANT RENEWAL PLEDGE FORM

through June 2019

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ _____ to support the work of Arlington Street Church for 2018-2019.

Signature: _____ Date: _____

Phone: _____ Email: _____

Pledge contributions may be made by cash, check, or credit card.

Mastercard Visa

Credit Card #: _____

Expiration Date: mm _____ yy _____

Please charge my credit card in either:

One payment for my entire pledge.

Equal monthly installments on the 12th of each month.

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Congregational Administrator and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

FINDING EVENTS AT ARLINGTON STREET

Main level: Hunnewell Chapel is through the leather door to the right of the pulpit; **Nursery** is off the hallway outside the chapel; **Frothingham Library** is past the stairs and next to the Boylston Street entrance.

Upstairs: Clarke Room is up the stairs outside the nursery.

Downstairs: Parish Hall is the main room; **Carol Smith Room** is to the right of the stage; **Alan Helms Library** is to the left of the stage; **Perkins Room** (Family Ministry) is just past the kitchen; **Program Room** is at the back of the Perkins Room.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*

351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729

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INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, FEBRUARY 3RD, 2019

If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.

TODAY



Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! Please visit the Arlington Street Cares Table (on your right as you enter the Parish Hall) to sign cards for those who have shared candles of sorrow and joy with us.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.



Dave Egan's Ordination!

Today ~ 3:00 PM, Old Ship Meeting House, 107 Main Street, Hingham, MA

First Parish Unitarian Universalist in Canton along with Old Ship Church in Hingham will co-ordain Dave Egan to the Unitarian Universalist ministry! Dave served as the intern last year at Old Ship and as the intern in Canton the year before. He is currently the Director of Family Ministry here at Arlington Street as well as the Program Director for the Friday Night Supper Program. Come celebrate Dave and this wonderful moment in the life of our congregation. *All are welcome!*

THIS WEEK



Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



The Wednesdays Literary Salon

Mary Oliver's Winter Poems

Wednesday, February 6th ~ 6:00-8:00 PM, The Vendome, 160 Commonwealth Ave.

Until her death on January 17th, Mary Oliver was considered the best living American poet. Something of a rarity in contemporary America, she was largely a nature poet, combining keen observation with a deeply felt reverence for the world around us. Accepting the Nobel Prize, William Faulkner said that "the poet's duty is to help man endure by lifting his heart." Mary

Oliver more than did that for all of us. Join Prof. Alan and Rev. Kim on a cold winter's night for a cozy, uplifting evening of reading and interpreting some of Mary Oliver's winter poems. Packets are available from Rev. Kim today. *All are welcome!*

SAVE THE DATE



To Renewal House with Love

Sunday, February 10th ~ Arlington Street Church

It's time for our annual lovefest for Renewal House, Unitarian Universalist Urban Ministry's shelter for women and children escaping domestic violence. This year, please bring full-sized toiletries: shampoo, conditioner, soap, razors, deodorant, toothbrushes, toothpaste, and tampons and pads. All contributions will be gratefully received! *Thank you!*



Spiritual Passions 2019! Dear White People

Sunday, February 10th ~ 12:30 PM, Perkins Room

The Netflix series "Dear White People," is a humorous but serious take on a campus culture war between black and white students in a fictitious Ivy League predominantly white college. Join the Transformation Team for Racial Justice to laugh, learn, and discuss what the students at Winchester University are up to.



Arlington Street Circle of Caring

Sundays, Feb. 10th & 24th, & March 10th & 24th ~ 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitator, Maureen Peterson calls on her significant personal experience to create a safe space for sharing our stories and supporting one another through the crises of life.



Second Sunday Song Circle

Sunday, February 10th ~ 12:45 PM, Sanctuary

Have a song or story in your heart? Come share it at our song circle. If you need inspiration, at least one copy of Pete Seeger's *Rise up Singing* will be provided. Feel free to bring your own! Voices and instruments of all skill levels welcome, and just listening is fine too!



Meditation Retreat

Sunday, February 10th ~ 1:00-5:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Zen Center invite you to an afternoon meditation retreat. We'll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)—the same format as our twice-monthly gatherings, just a longer session.

Whether you're experienced in meditation or interested in a full-immersion introduction, please join us! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (if you'd like to walk in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning and stay as long as you like. At 5:00, we'll celebrate by enjoying an early dinner together at a Thai restaurant nearby. BYO\$.

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, February 3, 2019

*9:30 AM Choir Rehearsal ~ Sanctuary
11:00 AM Sunday Worship Service ~ Sanctuary
11:15 AM Family Ministry Program ~ Perkins Room
3:00 PM Dave Egan's Ordination ~ Old Ship Meeting House. Hingham

Monday, February 4, 2019

No congregational events are scheduled.

Tuesday, February 5, 2019

*6:00 PM Worship Committee ~ Perkins Room

Wednesday, February 6, 2019

6:00 PM Kundalini Yoga ~ Hunnewell Chapel
6:00 PM The Wednesdays: Mary Oliver's Poems ~ 160 Commonwealth Ave.

Thursday, February 7, 2019

7:00 PM Choir Practice ~ Clarke Room

Friday, February 8, 2019

5:00 PM Friday Night Supper Program ~ Parish Hall

Saturday, February 9, 2019

No congregational events are scheduled.

Renewal House Sunday, February 10, 2019

*9:30 AM Choir Rehearsal ~ Sanctuary
9:30 AM Social Action Committee ~ Carol Smith Room
11:00 AM Sunday Worship Service ~ Sanctuary
11:15 AM Family Ministry Program ~ Perkins Room
12:30 PM *Spiritual Passions: Dear White People* ~ Perkins Room
12:30 PM ASC Circle of Caring ~ Carol Smith Room
12:45 PM Second Sunday Song Circle ~ Sanctuary
1:00 PM Meditation Retreat ~ Hunnewell Chapel

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON
STREET CHURCH
Unitarian Universalist



Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, February 12th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha's Belly*: We'll continue Lama Surya Das, *Awakening the Buddha Within*. Please read to page 46 (up to "Starting on the Spiritual Path Right Here"). All are welcome!

7:00 *Arlington Street Zen Center*: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



Spiritual Passions 2019! Pathways to Wholeness with Chris Cobb

Sunday, February 17th ~ 12:30 PM, Hunnewell Chapel

In our fractured current moment, which seems filled with intense anger and tribalism, people are seeking to heal what feels broken—and taking many paths to do that. How well do these pathways help people move toward thriving and connection? Arlington Street member Chris Cobb will use insights from his professional role as a leader of community change efforts focusing on substance use prevention, and examples from his personal spiritual journey, to facilitate dialogue and offer practical tools for pathways to healing and wholeness.



Potluck!

Saturday, February 23rd ~ 5:00 PM ~ Parish Hall

Just what the doctor ordered for the mid-winter doldrums: an old-fashioned potluck supper! Queen Cheryl and Rev. Kim invite you to join us for a wonderful evening of great food, fun board games, and best of all, the opportunity to visit and relax together. Her Majesty will be cooking up a storm of entrees and Rev. Kim is making a big batch of mac'n'cheese for the kids (and those of us with a kid's palate!). All beverages will be provided. Show off your culinary skills (appetizers, salads, desserts, more) or pick up your favorite food from the grocery store. As we all know, Queen Cheryl will see to it that there is more than plenty to eat, so if you can't cook and don't feel like going to the store, just bring you ... and friends, neighbors, coworkers! *All are welcome!*



Delegates needed by March 3rd for General Assembly Meeting

June 19-23, 2019 ~ Spokane, WA

Are you a voting member of the congregation planning on attending this year's General Assembly Meeting in Spokane, WA (either in person or online)? If your answer is yes, then would you consider using this trip as an opportunity to be of service to our beloved spiritual community? The Nominating Committee will be submitting the names of five delegates to represent our congregation at this year's meeting. If being of service in this way interests you, please contact the Nominating Committee before March 3, 2019 at nominating@ascboston.org or see Rachel Corey at the Welcome Table after the service for more information.