

What Moves Us: Unitarian Universalist Faith Reflections

Mondays, February 28th through May 9th ~ 6:00 PM, Perkins Room/Chapel

This 10-session Adult Religious Education program facilitated by our Intern Minister, Rebecca Froom, provides a space for participants to reflect on what it means to live in the world as a Unitarian Universalist person of faith. This course, written by the UU theologian Rev. Dr. Thandeka, explores the life experiences of historic and contemporary UU theologians, highlighting that which caused in them a change of heart, a new direction, new hope, and a deeper understanding of their own liberal faith. These workshops invite participants to reflect on their own personal experiences in light of the questions raised by each theologian. Register at the Welcome Table by Sunday February 21st or at office@ASCBoston.org.

SPECIAL ANNOUNCEMENTS

Temporary Nursery Area

While the church is under construction, the nursery has temporarily moved to the Hunnewell Chapel! If your baby is restless, please feel free to retreat to the chapel, right through the leather door at the front right of the sanctuary. There's a changing table, rocking chair, and the service is broadcast through a speaker; you won't miss a thing!

To Renewal House With Love

It's time for our annual lovefest for Renewal House, our shelter for women and children escaping domestic violence. This year, they are in need of first aid items: rubbing alcohol, hydrogen peroxide, Neosporin, and Band-aids, as well as children's Tylenol and over-the-counter meds for common afflictions such as headaches, heartburn, and upset stomach. Complete first aid kits would also be gratefully received. Please bring your contributions to church next Sunday, February 13th or any time in the next week. Thank you!

Indulge in a Taste of Spring

Second Annual Gala Celebration to Benefit Arlington Street Church
Saturday, March 5th ~ 6:30 PM, Parish Hall

A fun-filled evening with hors d'oeuvres and cocktails, gourmet dinner, silent and live auctions, entertainment, and more! Plans are coming together for Indulge 2011! We have a recruited Head Chef, Nicolas Besesti of Beacon Hill's 2nd Amendment Restaurant, to prepare our dinner, and Don Cloutier and Dave Hanks of Berries 'n Bears Catering to coordinate the hors d'oeuvres and a dessert buffet. David Brown will be back again as our guest auctioneer (we're working on some wonderful auction items that will have great appeal). Our Parish Hall will be transformed into a Spring Garden setting!

We hope you will join us for this fun-filled evening that provides important support for Arlington Street Church. Tickets are \$75 per person or \$550 for a table of 8. Invitations will be out by the end of January. Please contact ASCIndulge2011@aol.com with your ideas, feedback, or any questions.

COVENANT RENEWAL PLEDGE FORM 2010 thru. 2011

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

I/We Commit an Annual Total Of \$ _____ to Support the Work of the Arlington Street Church for 2010-2011.

My/Our Pledge for the Year Will Be Paid:

Weekly Monthly Quarterly

Semi-annually One payment Or As Follows: _____

Signature: _____ Date: _____

Signature: _____ Date: _____

Phone: _____ Email: _____

Contributions may be made via cash, check, or credit card. If you are paying your pledge with cash via the Sunday collection, be sure to clearly mark the envelope with your name(s) and indicate "**Pledge Payment**". Checks should be made payable to Arlington Street Church and also please include "2011 pledge payment" on memo line. If you wish to use a credit card, please complete the information below:

Mastercard Visa Zip Code: _____

Credit Card #: _____

Expiration Date: _____

One Time Charge Monthly Contribution

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "**Our Caring Community**" to the right.

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, Assistant to the Administrator. Jeffrey is able to help you Monday - Friday, 8:00 AM - 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements before Tuesday noon to **print@ascboston.org**. Phyllis Guiliano (church administrator) will receive this email and will compile all of the announcements for publication. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*

351 Boylston Street

Boston, Massachusetts 02116-3303

Office Hours: Monday - Friday, 9:00 AM to 5:00 PM

Phone: 617-536-7050 • Fax: 617-536-7051

E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, FEBRUARY 6TH, 2011

TODAY

Coffee Hour

Parish Hall, immediately following the worship service

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

Our kitchen team is friendly and has a wonderful time! Join the fun and serve! To officially join the team, please contact Jon Ellertson or Sharon Pressly-Fiero at office@ASCBoston.org.

Mezzo Soprano Katarzyna Sadej & Pianist Mark McNeill

Sunday, February 6th ~ 11:00 AM, Sanctuary

Sunday, February 13th ~ 2:30 PM, Sanctuary

The Canadian duo of mezzo soprano Katarzyna Sadej and pianist Mark McNeill join us as guest musicians for Sunday morning worship and present a full recital the following Saturday. Enjoy a vibrant feast of songs in English, French, Polish, and Spanish!

Arlington Street Zen Center Retreat

Today ~ 1:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Zen Center

Don't just do something; sit there! We invite you to an afternoon meditation retreat. We'll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings) -- same format as our twice-monthly gatherings, just a longer session.

Whether you are experienced in mediation or interested in a full-immersion introduction, please join us! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (we will be walking in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning, and stay as long as you like. At 5:00 we'll celebrate by walking down to Bangkok Blue to enjoy Thai food together! BYO\$. All are welcome!

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MLK National Volunteer Fundraiser Continues

Parish Hall, immediately following the worship service

Arlington Street Church continues the drive to support School On Wheels of Massachusetts by providing homeless children (K-12) with new, high quality backpacks filled with school supplies. \$50 will sponsor a filled backpack. However, all donations will be gratefully accepted! Please mail checks to ASC made out to Arlington Street Church, with a notation for School on Wheels; or drop off your donations at the Membership Table. For more information, speak to Susie Nacco, Rob Cuddi, or go to www.schoolonwheelsmass.org.

THIS WEEK

English as a Second Language (ESL) for Adults

Tuesday and Thursday, February 8th & 10th ~ 9:30 AM, Perkins Room

Learn or improve your English! This class meets twice a week. Students practice speaking, listening, reading, and writing. Topics include general conversation, cooking, and holiday events, as well as grammar and pronunciation. Students are also welcome to suggest their own topic ideas. Instructor Helen Bhardwaj has taught ESL in the United States, China, and Thailand.

Buddha's Belly ~ The Buddhist Book Discussion of the Arlington Zen Center

Tuesday, February 8th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly meets the 2nd and 4th Tuesdays throughout the church year. We are currently discussing Chogyam Trungpa's *Smile at Fear*, through chapter 7. Buddha's Belly is followed by gatherings of the Arlington Street Zen Center at 7:00 with seated and walking meditations, a dharma talk, and conversation. All are welcome!

Boston New Sanctuary Movement

Tuesday, February 8th ~ 7:00 PM, Clarke Room

Three of our members will report on their recent trip to the border. We will also determine our plans for the spring. All are welcome!

Kundalini Yoga Class

Wednesday, February 9th ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There will be a \$10 charge that goes to the church.

SAVE THE DATE

Soul Sisters

Saturday, February 12th ~ 10:00 AM, Perkins Room

Soul Sisters is a women's spirituality group that meets on the 2nd Saturday of each month. The small group format, coupled with topics chosen to facilitate sharing and reflection, provides opportunities for deepening relationships and building community. Our time together

We invite you to cut out this calendar and clip it to your refrigerator or bulletin board!

This Week

Sunday, February 6, 2011

9:30 AM Choir Rehearsal ~ Sanctuary
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education ~ Perkins Room
12:00 PM Coffee Hour ~ Parish Hall
12:30 PM Nominating Committee Meeting ~ Smith Room
1:00 PM Arlington Zen Center Retreat ~ Hunnewell Chapel

Monday, February 7, 2011

*7:00 PM Ministerial Intern Committee ~ Frothingham Library

Tuesday, February 8, 2011

9:30 AM Adult English as a Second Language Class ~ Perkins Room
6:00 PM Buddha's Belly ~ Hunnewell Chapel
7:00 PM Arlington Street Zen Center ~ Hunnewell Chapel
7:00 PM New Sanctuary Movement ~ Clarke Room

Wednesday, February 9, 2011

*3:30 PM Staff Meeting ~ Perkins Room
6:00 PM Kundalini Yoga ~ Chapel

Thursday, February 10, 2011

9:30 AM Adult English as a Second Language Class ~ Perkins Room
7:00 PM Choir Rehearsal ~ Hunnewell Chapel

Friday, February 11, 2011

5:00 PM Friday Night Supper Program ~ Parish Hall | Kitchen

Saturday, February 12, 2011

10:00 AM Soul Sisters ~ Perkins Room

Sunday, February 13, 2011

9:30 AM Choir Rehearsal ~ Sanctuary
9:30 AM Social Action Committee ~ Smith Room
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education ~ Perkins Room
12:00 PM Corporation Meeting ~ Sanctuary
12:00 PM Coffee Hour ~ Parish Hall
12:30 PM Spiritual Passions 2011 ~ Hunnewell Chapel
12:30 PM Ice Skating ~ Frog Pond
2:30 PM Mark McNeill & Katarzyna Sadej ~ Sanctuary

NOTE: This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation. For complete, up-to-date calendar listings over the coming months, visit www.ASCBoston.org.

* Denotes closed meetings

For more information, please visit www.ASCBoston.org



is spent sharing, listening, laughing, and enjoying a meal. If you are interested in joining the group, please ask for information at the welcome table during coffee hour or contact the church office.

Social Action Committee Meeting

Sunday, February 13th ~ 9:30 AM, Smith Room

All of those interested, please come with your ideas!

Gu-zheng

Sunday, February 13th ~ 11:00 AM, Sanctuary

2011 is the Year of the Rabbit! Congratulations and be prosperous! In honor of the Chinese New Year, Phil and Megan Savoy perform music for the Sunday morning worship service on the gu-zheng, a traditional Chinese 21-stringed zither.

Special Corporation Meeting ~ One Agenda Item

Sunday, February 13th ~ 12:00 PM immediately following service, Sanctuary

Election to replace one Pru Member for completion of a 3-year term. The Nominating Committee has selected Art Nava.

Spiritual Passions 2011!

Making Every Day a Sacred Day

Intern Minister, Rebecca Froom

Sunday, February 13th ~ 12:30 PM, Hunnewell Chapel

Join our Intern Minister Rebecca Froom for an interactive workshop to reflect on the ways in which we can creatively ritualize our days. What thoughts and practices might we use to mark the every day transitions of our lives such as waking up, eating, taking breaks during work, arriving home, and preparing for bed? This workshop will include opportunities for reflection and discussion as well as creative, playful engagement of new and familiar spiritual practices. If you have a personal journal, or a favorite book of contemplative readings, feel free to bring it along (and if you don't, no worries; supplies for your spiritual toolbox will be provided).

Second Sunday Circle Celebration

Sunday, February 13th ~ 5:00 PM, Hunnewell Chapel

In the cold, dark months of winter, many tribal people share the stories and histories of the people as a way to insure that the history and culture lives on. Come, sit by the fire, share and listen to stories for all ages. Hear stories about Arlington Street Church, our families, our tribes, our clans, Unitarian Universalism.

This monthly worship service by and for people of color and their families (including children) is sponsored by Diverse, Revolutionary, Unitarian Universalist Multicultural Ministries (DRUUMM). Please bring food for the potluck, and then join us for worship.

Gay Men's Spirituality Group

Monday, February 14th ~ 7:00 PM, Hunnewell Chapel

Our Valentine's Day topic will be "Heart Meditation." Newcomers are welcome to attend this meeting. For questions, contact David Dietz or Kevin Tyrrell at office@ASCBoston.org.

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