

## New Member Class

Wednesday, March 27<sup>th</sup>, Spiritual Journey ~ 6:00 PM, Perkins Room

Wednesday, April 3<sup>rd</sup>, Meet ASC ~ 6:30 PM, Clarke Room

All interested newcomers are warmly invited to our next two-session new member class. Rev. Kim joins us for the first session, where we share stories about our spiritual journeys and ask our burning questions. In our second session, we learn a little of Arlington Street's history, polity, and practices; and meet some of our illustrious leadership and staff. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. Please sign up at the Welcome Table in the parish hall after the service. All are welcome!

## Sacred Eros: The Colonization of Eros

Wednesday, March 27<sup>th</sup> ~ 7:00 PM, Clarke Room

How did European colonization and domination distort our sexual interactions, even into the 21<sup>st</sup> century? From imposing gender hierarchies to exoticizing the "other," this month's discussion will touch on a number of these connections.

Sacred Eros is a monthly discussion group providing a safe and supportive space to explore questions about sexuality from a spiritual and ethical perspective. Anyone over 18 is welcome, and participants are expected to respect one another and keep personal matters discussed confidential.

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## ANNOUNCEMENTS

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### Dead Man Walking ~ the Opera

Today at 3:00 and March 18<sup>th</sup> at 7:30 ~ Somerville Theater, Davis Square

Jake Heggie's opera is adapted from the first-hand account of Sister Helen Prejean, C.S.J.'s unique relationship with an inmate on Death Row at a Louisiana State Penitentiary. It speaks of faith, redemption, and the bonds of family. Our Artist in Residence, Michael Sakir, is the musical director with libretto by Terrence McNally. Tickets at [bostonoperacollaborative.org](http://bostonoperacollaborative.org) and [somervilletheatreonline.com](http://somervilletheatreonline.com).

The Collaborative will host a number of events including a masterclass with composer Jake Heggie on March 17<sup>th</sup> and a pre-performance lecture by Sister Helen Prejean on March 18<sup>th</sup>.

### Community Meeting on Gun Violence

Sunday, March 24<sup>th</sup> ~ 12:30 PM, First Church Boston, 66 Marlborough

You are invited to a special presentation on gun violence, beginning with a showing of the documentary "Living for 32," which chronicles the life and work of one of the survivors of the Virginia Tech massacre. Following, there will be a discussion and talk by John Rosenthal. Mr. Rosenthal is recognized as a highly influential expert on this issue, principal sponsor of the powerful billboard on the Mass. Pike, and founder of [stophandgunviolence.org](http://stophandgunviolence.org). Please plan to join us for this educational opportunity!

### Anne Lamott Book Signing

Monday, April 8<sup>th</sup> ~ 7:30 PM, First Parish, Bedford MA

Author Anne Lamott will read from her newest best-selling book, *Help, Thanks, Wow: The Three Essential Prayers*, as well as from the new

paperback release of her book *Some Assembly Required*.

Both of these books will be available for sale, and Anne will sign them. This event is open to the public and free, though contributions will be gratefully received. A portion of all proceeds will go the human rights work of the Unitarian Universalist Service Committee—[uusc.org](http://uusc.org).

First Parish is on the Bedford Town Common, 75 The Great Road in Bedford. All facilities are accessible. For more information, [uubedford.org](http://uubedford.org) or 781-275-7994.



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#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

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#### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

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#### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [print@ascboston.org](mailto:print@ascboston.org). Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

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#### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

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#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

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Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051  
E-mail: [office@ASCBoston.org](mailto:office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

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# INSIDE

## ARLINGTON STREET CHURCH

*NEWS FROM THE SOUL OF SUNDAY*

SUNDAY, MARCH 17<sup>TH</sup>, 2013

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## TODAY

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### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table in the parish hall.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining the team, please stop by the kitchen today, or contact Jon Ellertson or Sharon Pressly-Fiero.

### The New Jim Crow ~ An Arlington Street Reading Group

Today ~ 12:30-2:30 PM, Clarke Room

Join a group to discuss Michelle Alexander's book, *The New Jim Crow*, the Unitarian Universalist Association's (UUA) Common Read of the year (meaning many congregations across the country will be reading this book together). The UU curriculum will provide the framework for the discussions. We will explore Alexander's call for building a spiritual movement to dismantle the new Jim Crow, and consider how we might begin the work.

If you would like to be in this reading group, please contact David Cecere or Peter Lowber at [socialaction@ASCBoston.org](mailto:socialaction@ASCBoston.org).

### Indulge Planning Meeting

Today ~ 12:30 PM, Stage Right Room

The Indulge auction committee is seeking donations for this year's gala on Saturday, April 6<sup>th</sup>. Suggested donations for the live and silent auctions are:

- Tickets—performing arts, sporting events, etc.
- Travel—airline tickets, a weekend or a week at your family's place on the lake in Maine, or somewhere equally wonderful!
- Gift Certificates—restaurants, spa services, self-care treats!
- Goodies—gourmet baskets, art, jewelry, and more.

Please contact Danny Fournier at [indulge@ASCBoston.org](mailto:indulge@ASCBoston.org) for details on how to make a donation. Unique and one-of-a-kind indulgences are welcome! Unfortunately, at this time we are unable

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to accept donations of large items, such as antiques or furniture.  
Planning meeting today at 12:30 PM in the Stage Right Room.

### St. Patrick's Day Peace Parade

Today ~ Assembly at 2:00 PM; Parade at 3:00 PM

There's the historic Saint Patrick's Day parade in South Boston ... and then there's the Saint Patrick's Peace parade—the "Alternative People's Parade for Peace, Equality, Jobs, Environmental Stewardship, and Social and Economic Justice!" Arlington Street will be leaving for the Peace Parade at 1:30 from the parish hall, or look for the white "Vets for Peace" flags at the intersection of D Street and West Broadway. Questions? Please contact Laura Evonne Steinman (LES@ASCBoston.org).

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## THIS WEEK

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### Spiritual Passions 2013!

#### The Spirituality of Decluttering

Wednesday ~ 6:30 PM, Frothingham Library

Join Rev. Vera O'Brien, our Affiliated Community Minister, for an hour focused on the spirituality of decluttering. Is your "stuff" weighing on your spirit? In this practical session, we'll look at topics like forgiving ourselves and letting go of the reminders of our mistakes. We'll free up space and energy for new passions. If you have attended in the past, feel free to join us and share your successes and challenges. You might decide to join Vera in her 365 in 365 and/or 2013 in 2013 decluttering challenges! If there are specific decluttering challenges you would like Vera to address, email her through the church office at office@ASCBoston.org.

#### Kundalini Yoga Class

Wednesday, March 20<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. Your first class is free!

#### Voices of Faith for Climate Justice

Thursday, March 21<sup>st</sup> ~ 6:00-8:00 PM, Parish Hall

Please come to an interfaith Seder with a focus on environmental justice. Bring a vegetarian potluck dish, your own plates and utensils, and a Passover-related reading or ritual object to share about justice, freedom, or our environment. For more information or to sign up, please contact Laura Evonne Steinman at LES@ASCBoston.org.

#### Tom Goss Concert

Saturday, March 23<sup>rd</sup> ~ 8:00 PM, Concert in the Chapel

Sunday, March 24<sup>th</sup> ~ 11:00 AM, Playing for Service in the Sanctuary

Musician Tom Goss returns to Arlington Street, performing a Saturday evening concert as well as playing during the Sunday morning worship service. Tom's music continues to stand at the forefront of LGBTQ equality and arts. His newest music video, "Make Believe", made a splash, generating over 70,000 views in its first week. His previous videos have tackled "Don't Ask Don't Tell" and marriage equality.

*We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, March 17, 2013

- 9:30 AM Choir Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM The New Jim Crow ~ Clarke Room
- 12:30 PM Indulge Meeting ~ Stage Right Room

### Monday, March 18, 2013

- \*10:00 AM Connections Group ~ Hunnewell Chapel
- \*6:30 PM Connections Group ~ Hunnewell Chapel

### Tuesday, March 19, 2013

- 6:00 PM Prudential Committee ~ Perkins Room

### Wednesday, March 20, 2013

- \*3:30 PM Staff Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel
- 6:30 PM The Spirituality of Decluttering ~ Frothingham Library
- \*6:30 PM Building the World We Dream ~ Perkins Room
- \*7:30 PM Connections Group ~ Smith Room

### Thursday, March 21, 2013

- 6:00 PM Voices of Faith for Climate Justice ~ Parish Hall | Kitchen
- 7:00 PM Choir Practice ~ Clarke Room
- \*8:00 PM Connections Group ~ Perkins Room

### Friday, March 22, 2013

- 5:00 PM Friday Night Supper ~ Parish Hall

### Saturday, March 23, 2013

- 8:00 PM Tom Goss Concert ~ Hunnewell Chapel

### Sunday, March 24, 2013

- 9:30 AM Choir Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:00 PM Fourth Sunday Discussion Group ~ Stage Right Room
- 12:30 PM Cracking the Codes: Film ~ Hunnewell Chapel
- 12:30 PM Mindful Self-Compassion Workshop ~ Frothingham Library
- 12:30 PM Indulge Meeting ~ Smith Room
- \*1:00 PM Connections Group ~ Parish Hall

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

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## SAVE THE DATE

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### Fourth Sunday Discussions

Sunday, March 24<sup>th</sup> ~ 12:00-2:00 PM, Stage Right Room

Join us the fourth Sunday of each month to share your thoughts or reactions to the sermon or discuss broader themes in our liberal faith. All are welcome to discuss, raise questions, share opinions, or listen to the conversation. Members of the Adult Religious Exploration team will be on hand to help facilitate the conversation.

### Spiritual Passions 2013!

#### Mindful Self-Compassion Workshop

Sunday, March 24<sup>th</sup> ~ 12:30-2:00 PM, Frothingham Library

Join Rev. Vera O'Brien, our Affiliated Community Minister, for an introduction to the practice of Mindful Self-Compassion. Vera studied these truly transformational practices with Christopher Germer who says, "Self-compassion is a skill that can be learned by anyone. It involves generating kindness and respect toward ourselves as imperfect human beings, and learning to be present with the inevitable struggles of life with greater ease". No prior experience with the practice of mindfulness needed. If you have any questions, feel free to contact Vera through the church office (office@ASCBoston.org). All are welcome. If there is enough interest, this group will continue to meet monthly.

### Spiritual Passions 2013!

#### Cracking the Codes: Interactive, Informative, Inspiring!

Sunday, March 24<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

A group of Arlington Street members has been meeting twice a month to understand race and racism in themselves and in our congregation. Today, they invite you to an amazing film that will leave you informed and inspired. "Cracking the Codes" offers a series of 15 minute vignettes of revealing stories about race and racism that share new insights and start compelling conversations. Created by Dr. Shakti Butler and multiple Emmy Award winning director/cameraman Rick Butler. If you missed the showing on the blizzard weekend, you won't want to miss it today! Refreshments too!

#### Buddha's Belly ~ The Buddhist Book Discussion and the Arlington Street Zen Center

Tuesday, March 26<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday.

Buddha's Belly meets at 6 PM. For this evening, please read the handout available from Jeffrey Bouchard in the church office. It is a chapter from Sylvia Boorstein's book *Happiness Is an Inside Job*. For our April 9<sup>th</sup> meeting, we will begin Thich Nhat Hanh's *Anger: Wisdom for Cooling the Flames*, chapters one and two.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

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