

## Transforming Pain & Anger into Power & Action

Sunday, April 21<sup>st</sup> ~ 11:00 AM, Sanctuary; 12:30 PM, Hunnewell Chapel

We are honored to welcome Tina Chéry, founder of the Louis D. Brown Peace Institute (LDBPI). During worship, Tina will give a brief testimonial about the Institute's work. Following the service, she will meet with us in the Hunnewell Chapel for an open discussion.

Seventeen years ago, Tina started the Mother's Day Walk for Peace. The walk became a place for families and friends who have lost a child killed by gun violence in Boston to feel the support and love of thousands who pledge their commitment to peace.

Please welcome Tina and be a part of the Arlington Street support team for the Mother's Day Walk for Peace at 8:00 AM on May 12<sup>th</sup>, Town Field, Field's Corner, Dorchester. You can donate to and/or come on the walk. Please donate through our team web site at <http://goo.gl/HYtq4>, or send a check to the Louis D. Brown Peace Institute, 1452 Dorchester Ave, 3<sup>rd</sup> floor, Dorchester, MA 02122 (put "ASC Team" in the memo line). If you need a ride to the walk, please email [socialaction@ascboston.org](mailto:socialaction@ascboston.org). For more information on the walk, please go to: [www.mothersdaywalk4peace.org](http://www.mothersdaywalk4peace.org).

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## ANNOUNCEMENTS

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### Anne Lamott Book Signing

Monday, April 8<sup>th</sup> ~ 7:30 PM, First Parish, Bedford MA

Author Anne Lamott will read from her newest best-selling book, *Help, Thanks, Wow: The Three Essential Prayers*, as well as from the new paperback release of her book *Some Assembly Required*.

Both of these books will be available for sale, and Anne will sign them. This event is open to the public and free, though contributions will gratefully be received. A portion of all proceeds will go the human rights work of the Unitarian Universalist Service Committee—[uusc.org](http://uusc.org).

First Parish is on the Bedford Town Common, 75 The Great Road in Bedford. All facilities are accessible. For more information, [uubedford.org](http://uubedford.org) or 781-275-7994.

### Do you 'like' us on facebook?

If you are on facebook, be sure to 'like' our page. You can view photos, post comments, ask questions, or RSVP to upcoming special events and concerts. It's an easy way to help our outreach efforts by showing your facebook friends that you support ASC. Simply go to [www.facebook.com/ArlingtonStreetChurch](http://www.facebook.com/ArlingtonStreetChurch), or go to our home page for a convenient link ([www.ascboston.org](http://www.ascboston.org)).



### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [print@ascboston.org](mailto:print@ascboston.org). Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

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Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
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Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051

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# INSIDE

ARLINGTON STREET CHURCH

*NEWS FROM THE SOUL OF SUNDAY*

SUNDAY, MARCH 31<sup>ST</sup>, 2013

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## TODAY

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### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson or Sharon Pressly-Fiero.

### Young Adult Group Visioning Session

Today ~ 12:30 PM, Clarke Room

At the visioning session, the members of the Young Adult Group will share ideas about what they bring to the congregation and their dreams for the future of the group. Catie Scudera will lead the meeting (and bring candy!).

### Indulge Planning Meeting

Today ~ 12:30 PM, Stage Right Room

Indulge is this coming Saturday, and it has sold out! This is Arlington Street Church's annual fundraiser. Even if you are not attending, please consider a donation, or volunteer to help set up next Saturday afternoon, April 6<sup>th</sup>.

Today's planning meeting at 12:30 will be an Indulge walk-through for our event volunteers.

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## THIS WEEK

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### Adult Religious Education Meeting

Monday, April 1<sup>st</sup> ~ 6:30 PM, Parish Hall

Please drop in on the next meeting to share your ideas or just be a fly on the wall. Are there particular types of programs that you would like to see more of at Arlington Street? Do you have questions about the current set of offerings? Are you passionate about a topic that you would like to offer to our community, but are not quite sure how to make it happen? Please share your energy, expertise, and insights with us.

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## Kundalini Yoga Class

Wednesday, April 3<sup>rd</sup> ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

## New Member Class

Wednesday, April 3<sup>rd</sup>, Meet ASC ~ 6:30 PM, Clarke Room

All interested newcomers are warmly invited to our next two-session new member class. In this session, we learn a little of Arlington Street's history, polity, and practices; and meet some of our illustrious leadership and staff. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. Please sign up at the Welcome Table in the parish hall after the service. If you missed the first session, please come this week!

## Gatherings for Healing

Thursday, April 4<sup>th</sup> ~ 6:30 PM, Hunnewell Chapel

Gatherings for Healing are offered the first Thursday of each month. They are designed to soothe, inspire, and feed anyone dealing with loss and challenge who would like the comfort and strength of spiritual community. Please join us for inspirational readings, contemplative prayer, sharing of joys and concerns, and chamomile communion—now with baked goods. Allow yourself this sweet gift, and gift others with your presence.

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## SAVE THE DATE

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## The New Jim Crow ~ An Arlington Street Reading Group

Sunday, April 7<sup>th</sup> ~ 12:30-2:30 PM, Clarke Room

Join a group to discuss Michelle Alexander's book, *The New Jim Crow*, the Unitarian Universalist Association's (UUA) common read of the year (meaning many congregations across the country will be reading this book together). The UU curriculum will provide the framework for the discussions. We will explore Alexander's call for building a spiritual movement to dismantle the new Jim Crow, and consider how we might begin the work. A quote from the author: "What has changed since the collapse of Jim Crow has less to do with the basic structure of our society than the language we use to justify it. In the era of colorblindness, it is no longer justifiable to use race. So we don't. Rather than rely on race, we use our criminal justice system to label people of color "criminals," and then engage in all the practices we supposedly left behind."

- Michelle Alexander, *The New Jim Crow*, 2010

If you would like to be in this reading group, please speak with David Cecere or Peter Lowber. Or contact them at [socialaction@ASCBoston.org](mailto:socialaction@ASCBoston.org).

*We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, March 31, 2013

- 9:30 AM Choir Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Indulge Meeting ~ Smith Room
- 12:30 PM Young Adult Group ~ Clarke Room

### Monday, April 1, 2013

- \*10:00 AM Connections Group ~ Hunnewell Chapel
- \*6:30 PM Connections Group ~ Hunnewell Chapel
- 6:30 PM Only A Child Mailing ~ Perkins Room
- 6:30 PM Adult Religious Education Committee ~ Parish Hall

### Tuesday, April 2, 2013

- 6:00 PM Worship Committee ~ Perkins Room
- \*7:30 PM Spiritual Practice for Professional Caregivers ~ Chapel

### Wednesday, April 3, 2013

- \*3:30 PM Staff Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel
- 6:30 PM New Member Class: Meet ASC ~ Clarke Room
- \*6:30 PM Building the World We Dream ~ Perkins Room

### Thursday, April 4, 2013

- 6:30 PM Gatherings for Healing ~ Hunnewell Chapel
- 7:00 PM Choir Practice ~ Clarke Room
- \*8:00 PM Connections Group ~ Perkins Room

### Friday, April 5, 2013

- 5:00 PM Friday Night Supper ~ Parish Hall

### Saturday, April 6, 2013

- 8:00 AM Indulge Set Up ~ Everywhere (all day)
- 6:30 PM Indulge Gala ~ Everywhere

### Sunday, April 7, 2013

- 9:30 AM Choir Rehearsal ~ Sanctuary
- 9:30 AM New Member Breakfast ~ Hunnewell Chapel
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- \*12:30 PM Connections Group ~ Stage Right Room
- 12:30 PM The New Jim Crow ~ Clarke Room
- 1:00 PM Are You a Highly Sensitive Person ~ Frothingham Library
- \*1:15 PM Our Whole Lives ~ Perkins Room

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

## Are You a Highly Sensitive Person?

Sunday, April 7<sup>th</sup> ~ 1:00-2:30 PM, Frothingham Library

Do you sometimes feel overwhelmed by your environment? Do you feel as if you're often on the "outside looking in?" Do you take too much responsibility for others, while neglecting your own needs? You may be Highly Sensitive! All are welcome to participate in a workshop to discover what it means for you or a loved one to be a Highly Sensitive Person. Twenty percent of all people are "wired" this way with particular life challenges.

Michael Parise and Alla Zollers, both trained life coaches and Highly Sensitive Persons, will offer tools to identify Highly Sensitive traits in ourselves that can be managed in a deeply creative and life-giving way.

## Spiritual Passions 2013!

### Cracking the Codes: Interactive, Informative, Inspiring!

Sunday, April 14<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

A group of Arlington Street members has been meeting twice a month to understand race and racism in themselves and in our congregation. Today, they invite you to continue watching an amazing film that will leave you informed and inspired. "Cracking the Codes" offers a series of 15 minute vignettes of revealing stories about race and racism that share new insights and start compelling conversations. Created by Dr. Shakti Butler and multiple Emmy Award winning director/cameraman Rick Butler. If you missed the first half, don't worry, the second half stands on its own. All are welcome!

## Two Who Dared

Sunday, April 14<sup>th</sup> ~ 1:00 PM, Lowes Cineplex/AMC; Tremont St., Boston

Martha and Waitstill Sharp, Unitarians from Wellesley, Massachusetts, are two of only three Americans inducted into Yad Vashem, the memorial that honors Righteous Gentiles. Working with the Unitarian Service Committee during WWII, the Sharps were responsible for saving Jewish children from the Holocaust. Following this Boston International Film Festival premiere of the award-winning documentary about the Sharps' life and work, we will host a reception here at Arlington Street to honor filmmaker Artemis Joukowsky III, the Sharps' grandson. For more information, please visit [BIFilmFestival.com](http://BIFilmFestival.com).

## Finding My Place: One Man's Journey through the Middle Ages

Saturday, April 20<sup>th</sup> ~ 7:30 PM, Hunnewell Chapel

After last year's sold-out performance, Judah Leblang returns with his (mostly humorous) tales of life in middle age, and his exploration of being a single gay Jewish man in Boston. Called "engaging," and "poignant," Judah's show speaks to universal themes: looking for love, dealing with the aging process, and dealing with situations when "Man plans, and God laughs."

Tickets are available at the welcome table in the parish hall or at [judahleblang.com](http://judahleblang.com). Arlington Street member tickets are \$12; general public, \$15.

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