

ancient wisdom healing techniques including light, sound, touch, and energy. Learn more at [www.drmariamichael.com](http://www.drmariamichael.com).



### Feed 20,000 in Two Hours

Sunday, March 26<sup>th</sup> ~ 1:00 PM, Parish Hall

Don't miss Arlington Street's 4th annual meal packaging event with Rise Against Hunger (formerly Stop Hunger Now). This year we will be joined by our neighbors from Emmanuel Church and Bethel Tabernacle Pentecostal Church for an all-ages assembly line! We will package 20,088 highly-nutritious, dehydrated meals that will be shipped across the globe to feed hungry people in dire circumstances.

Sign up now to join the assembly line and contribute to international hunger relief in this fun afternoon of hands-on service. Bring co-workers, friends, family, and neighbors of all ages! Donations are also welcome – a gift of \$29 covers the cost of 100 meals. Give \$100 and feed 345. To register for the event or make a contribution, please visit <http://events.stophungernow.org/ArlingtonSt2017>

Looking forward to seeing you on 3/26! Thank you for your support!



### Arlington Street's Literary Salon, The Wednesdays: Shakespeare

Wednesdays ~ 6:00 PM, Frothingham Library

March 29<sup>th</sup> ~ Henry V                      April 12<sup>th</sup> ~ Much Ado About Nothing  
April 26<sup>th</sup> ~ Julius Caesar              May 10<sup>th</sup> ~ As You Like It

Prof. Alan Helms and Rev. Kim welcome you to the next installment of the Wednesdays Shakespearathon! Reading all 38 of Shakespeare's plays is admittedly a huge ambition, but Shakespeare is, by universal consent, not only the greatest writer in the English language, but one of the immortals of world literature. We'll need patience with archaic language while attending to a plethora of footnotes (there's no doing without them unless you live in a world where you cut your meat with a bodkin and your children say their orizons at bedtime). In other words, these Shakespeare courses are not for the faint of heart. But since it's generally true that "as ye sow, so shall ye reap," the rewards will be enormous. For many of us, this will be one of the great experiences of our lives! All are welcome!



### Black Lives Matter & Unitarian Universalism Lecture Series

Friday, March 31<sup>st</sup> ~ 6:00 PM, Rev. Mark Morrison-Reed at First Church in Boston (66 Marlborough Street)

Saturday, April 1<sup>st</sup> ~ 3:00 PM, Rev. Rosemary Bray McNatt at First Parish in Cambridge (3 Church Street)

Who were the African American leaders in Unitarian, Universalist, and Unitarian Universalist congregations? Why don't today's UUs know about our black ancestors? What is the relationship between this "black hole" in white consciousness and the contemporary Black Lives Matter movement? The Minns Lectures Committee is honored to host leading UU historians, ethicists, and activists to present their research and address these critical questions. Each lecture will be followed by a wine and cheese reception. Learn more and register at no cost at [www.minnslectures.org](http://www.minnslectures.org).

## COVENANT RENEWAL PLEDGE FORM July 2016 through June 2017

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ \_\_\_\_\_ to support the work of Arlington Street Church for 2016-2017.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

***Pledge contributions may be made by cash, check, or credit card.***

Mastercard     Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_

***Please charge my credit card in either:***

- One payment for my entire pledge.
- Equal monthly installments on the 12<sup>th</sup> of each month.

#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

#### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

#### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729  
Email: [Office@ASCBoston.org](mailto:Office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

# INSIDE ARLINGTON STREET CHURCH

## NEWS FROM THE SOUL OF SUNDAY

SUNDAY, MARCH 5<sup>TH</sup>, 2017

*If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.*

## TODAY



### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community. Additional volunteers are always welcome to help with food preparation and, especially, with clean-up. To learn more about joining our team, please stop by the kitchen.



### New Member Breakfast & Book Signing

Today ~ 9:30 AM, Hunnewell Chapel

The newest members of Arlington Street Church will sign the membership book and enjoy a celebratory breakfast together in the chapel this morning before worship. Congratulations and welcome!



### Arlington Street Corporation Meeting

Today ~ 12:30 PM, Hunnewell Chapel (\*Vote required)

1. Membership Update\* (Doc Kinne)
2. Election of Delegates\* (Nominating Committee)

#### General Assembly:

Dan Brotman                      Joanna Lubkin  
Tina Rose    Claire Humphrey  
Peter Lowber (TBD)    Rich Abreu (TBD)  
Art Nava (TBD)

#### UU Urban Ministry:

Jon Ellertson  
Nancy Perna  
George Whitehouse

3. Treasurer's Update (Art Nava)
4. Accessibility Ramp Update (Tina Rose)
5. Congregational Retreat (Rev. Kim, Tina Rose)
6. Q&A on Written Reports
7. Any Other Business



### Arlington Street Circle of Caring

Today and Sundays, March 26<sup>th</sup>, April 9<sup>th</sup> and 23<sup>rd</sup> ~ 12:30 PM  
Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing,

*continued on next page...*

and love. Facilitators Maureen Peterson and Lisa Kirk lend their significant personal and professional experience to create a safe space for sharing our stories and supporting one another through the crises of life.



### Refuge Recovery

Every Sunday ~ 6:00 PM, Hunnewell Chapel

Refuge Recovery is a Buddhist path to recovering from addiction. All are welcome! For more information, please visit [facebook.com/refugebackbay](https://facebook.com/refugebackbay) or email [refugerecoverybackbay@gmail.com](mailto:refugerecoverybackbay@gmail.com).

## THIS WEEK



### #BlackLivesMatter Book Discussion: *Between the World and Me*

Monday, March 6<sup>th</sup> ~ 5:30 PM, Frothingham Library

Join Rev. Kim for a discussion of American writer, journalist, and educator Ta-Nehisi Coates' award-winning book, *Between the World and Me* (2015). In a review for Slate, Jack Hamilton wrote that the book, "is a love letter written in a moral emergency, one that Coates exposes with the precision of an autopsy and the force of an exorcism." All are welcome!



### Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



### Shaping Our Vision - A Retreat to Advance Our Future

Saturday, March 11<sup>th</sup> ~ 8:30 AM – 3:30 PM

Emmanuel Church Parish Hall, 15 Newbury Street

Register now to spend the day with Rev. Kim, the Prudential Committee, and the Arlington Street community as we come together to dream about the future and create a collective vision for our congregation. This is an all ages workshop and retreat that includes a light breakfast and lunch. Please visit <http://tinyurl.com/zlog43y> or scan the QR code for details and registration.



### Pru in Review

Arlington Street's governing board, known as the Prudential Committee or "the Pru," has these updates to share from their meeting on February 21st:

- Physical improvements are underway, including painting and repair work outside the Perkins Room and the renovation of the Stage Right Room.
- The details of the relationship between the church and our new associated nonprofit organization known as the "Foundation for the Preservation of 20 Arlington Street" remain under discussion.
- Final details for the March retreat are coming together, and it promises to be a fantastic event!
- Preservation architects, Hickox-Williams, have been retained to assist with construction of the new ramp.

As always, the complete minutes of the meeting are available upon request.

We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)

## This Week

### Sunday, March 5, 2017

- \*9:30 AM Choir Rehearsal ~ Sanctuary
- 9:30 AM CRE Committee Meeting ~ Panera on Boylston
- 9:30 AM New Member Breakfast ~ Hunnewell Chapel
- 11:00 AM Sunday Morning Worship and Joining Ceremony ~ Sanctuary
- 11:15 AM Children's Religious Education (CRE) - Nursery, Chapel, Perkins and Carol Smith Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM ASC Circle of Caring ~ Carol Smith Room
- 12:30 PM Corporation Meeting ~ Hunnewell Chapel
- 6:00 PM Refuge Recovery ~ Hunnewell Chapel

### Monday, March 6, 2017

- 5:30 PM BlackLivesMatter Book Discussion: Between the World and Me ~ Frothingham Library
- 7:00 PM Only A Child Board Meeting ~ Church Office

### Tuesday, March 7, 2017

- 6:00 PM Worship Committee ~ Perkins Room
- \*7:00 PM Spiritual Practice for Professional Caregivers ~ Frothingham Library

### Wednesday, March 8, 2017

- \*12:30 PM Staff Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel

### Thursday, March 9, 2017

- 7:00 PM Choir Practice ~ Clarke Room

### Friday, March 10, 2017

- 5:00 PM Friday Night Supper Program (FNSP) ~ Parish Hall

### Saturday, March 11, 2017

- 8:30 AM All-ages Congregational Retreat ~ Emmanuel Church

### Sunday, March 12, 2017

- \*9:30 AM Choir Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education (CRE) - Nursery, Chapel, Perkins and Carol Smith Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM History Film Series, Part 1 ~ Hunnewell Chapel
- 1:00 PM Coming of Age (COA) ~ Perkins Room
- 6:00 PM Refuge Recovery ~ Hunnewell Chapel

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)



ARLINGTON STREET CHURCH  
Unitarian Universalist



### Creative and Organized? The Tiffany Team Needs You!

Help the Tiffany Window Team prepare to welcome guests for sanctuary tours this spring. We are planning to offer a self-guided mobile tour that highlights the rich history of Arlington Street Church and the story of our majestic Tiffany windows. We are looking for a volunteer to coordinate collecting the necessary materials, including scripts, recordings, and pictures. Ideally, this volunteer will also be a part of configuring the tour with the aid of a consultant or an easy to learn platform. If the idea of this fun and creative project sparks your interest, please contact Art Nava at [office@ascboston.org](mailto:office@ascboston.org). Thank you!

## ANNOUNCEMENTS



### Film Series Coming to ASC: Long Strange Trip, A Journey through 2,000 Years of UU History

Part I: March 12<sup>th</sup> ~ 12:30 - 2:00 PM, Hunnewell Chapel

Throughout 2017, Arlington Street historian, Holly Hendricks, will be screening all six episodes of Ron Cordes' documentary series tracing Unitarian Universalist history from early Christianity to the modern era. The first episode, which looks at the pre-Reformation roots of liberal religion, will be screened on March 12th and followed by a discussion. For more information, visit [www.uuworld.org/articles/long-strange-trip-video](http://www.uuworld.org/articles/long-strange-trip-video)



### Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, March 14<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha's Belly*: We will continue our discussion of *The Book of Joy* by His Holiness The Dalai Lama and Bishop Desmond Tutu. Please read through the end of Day 1 (page 78).

7:00 *Arlington Street Zen Center*: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



### Judah Leblang: One-Man Show One Man's Journey through the Late Middle Ages

Friday, March 24<sup>th</sup> ~ 8:00 PM, Hunnewell Chapel

Writer/storyteller/columnist Judah Leblang presents a new version of his one-man show—One Man's Journey through the Late Middle Ages. The show, based on Judah's book *Finding My Place*, is a mostly humorous look at getting older and dealing with times when "man planned and God laughed." Tickets are \$15/\$12 for ASC members at the door. For more information, visit [www.judahleblang.com](http://www.judahleblang.com) or call 617-466-9637.



### From Spirit with Love: A Council Gathering of The Ancestors

March 25 - 26<sup>th</sup> ~ Roots and Wings Healing Arts, Natick

Join licensed psychologist and spiritual elder, Dr. Maria Michael, for this experiential workshop designed to promote physical, mental, emotional, and spiritual healing. Discover inner balance and alignment through