

## Veterans' Poetry Coffee House

Tuesday, March 18<sup>th</sup> ~ 7:00–10:00 PM, Clarke Room

Calling all poets, slammers, wordsmiths, lyricists, rappers, misfits, and anyone who has the gift of gab.

The Smedley Butler Brigade (VFP Chapter 9), in conjunction with Warrior Writers and Veteran Friends, will be hosting a monthly coffee house, poetry, and spoken word event; we are calling this series "Midnight Voices". The evenings will be structured around an invited reader for 20 minutes, plus a lottery draw to determine which 12 additional people will read, perform, or use 5 minutes in any sort of way.

For more information, contact Eric Wasileski at [ericwasileski@gmail.com](mailto:ericwasileski@gmail.com). Come and be part of something fun and exciting!

## Women's Spirituality Group

Saturday, March 22<sup>nd</sup> ~ 10:00–Noon, Perkins Room

The Women's Spirituality group at Arlington Street is seeking new members. We'll meet once a month on Saturdays to explore various spiritual and humanist topics, in a format similar to that used in Arlington Street's Connections groups. All women are welcome, including, of course, transgender women. If you would like to attend, please RSVP to Karen Sontag through the church, [office@ascboston.org](mailto:office@ascboston.org)!

## Spiritual Passion

### Spirituality of Decluttering

March 23<sup>rd</sup> ~ 12:30 pm, Hunnewell Chapel

Our Affiliated Community Minister, Rev. Vera O'Brien, invites you to attend this year's Spirituality of Decluttering session. Is your "stuff" weighing you down? We'll prepare to spring clean our spirits by forgiving ourselves for our mistakes and imperfections, letting go of the reminders of our mistakes, and freeing up energy for new passions. We'll look at practical ways to bless others by sharing our excess stuff. See how Vera did on her 2013 in 2013 and 365 in 365 challenges. If you have any questions, or if there is a specific decluttering challenge you are facing, feel free to let Vera know by contacting her at [office@ascboston.org](mailto:office@ascboston.org). All are welcome, wherever you find yourself on your decluttering journey!

## ANNOUNCEMENTS

### Parking Your Car at Arlington Street Church

Arlington Street Church is renting a number of parking spaces in the alley: spaces 2, 7, 8, and 9. This is important revenue to the church and the renters expect their spots to be available Monday through Saturday, from 6:00 AM to 6:00 PM. Space 1 is reserved for Rev. Kim at all times. Please do not park in these spaces, or the renters will have to resort to towing your car! If you park in one of the non-rented spaces, please tuck your car into just one spot.

### Just Coffee—Just for You!

Friends, we have a new supply of Just Coffee! Please come and get yours at the Social Action table after the service. Just \$12 per pound for great 100% organic coffee! Help support the grower cooperative in Chiapas, Mexico, at [www.justcoffee.org](http://www.justcoffee.org).

## Lenten Spiritual Practice

Barb Greve invites Unitarian Universalists to join him in a Photo-a-Day Lenten Spiritual Practice. On each day of Lent, take one picture that represents the day's theme, and share it on [facebook.com/UUWinnipeg](https://facebook.com/UUWinnipeg).

## 2014 Photo a Day Lenten Spiritual Practice



5 connection	15 generosity	25 joy
6 worship	16 heal	26 honesty
7 listen	17 compassion	27 passion
8 feel	18 curiosity	28 play
9 struggle	19 memory	29 wonder
10 think	20 mindfulness	30 spiritual practice
11 laugh	21 creativity	31 vulnerability
12 trust	22 courage	
13 grow	23 community	
14 hospitality	24 purpose	



1 love	8 imagination	15 commitment
2 unique	9 justice	16 holy
3 beauty	10 wonder	17 transcend
4 humility	11 hunger	18 surrender
5 blessing	12 solitude	19 prayer
6 devotion	13 change	20 rejoice
7 freedom	14 hope	

Unitarian Universalism  
Nurture Your Spirit. Help Heal Our World.

Created by Mr. Barb Greve, Designed by Kristina Hensley

### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [print@ascboston.org](mailto:print@ascboston.org). Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*

351 Boylston Street

Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM

Phone: 617-536-7050 • Fax: 617-536-7051

E-mail: [office@ASCBoston.org](mailto:office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

# INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, MARCH 9<sup>TH</sup>, 2014

## TODAY

### Coffee Hour

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson at [office@ascboston.org](mailto:office@ascboston.org).

### Share the Plate with Friday Night Supper Program

Today ~ 11:00 AM, Sanctuary

Today, we continue our new spiritual practice of generosity at Arlington Street. For the month of March, *Share the Plate* donations will go to Friday Night Supper Program.

FNSP was cofounded by members of the Arlington Street Church and Dignity Boston, Peter Thoms and Michael Scally. Their vision was to provide a warm, balanced meal in a non-threatening and respectful environment, welcoming everyone who found themselves in need of a good meal. Thirty years ago, on March 2<sup>nd</sup> 1984, the Friday Night Supper Program (FNSP) served its first supper, opening its doors to Boston's hungry, disadvantaged, and underserved. To this day, FNSP serves approximately 120-150 guests a meal each Friday, with the same focus that its founders embraced 30 years ago.

- 50% of this morning's offering will sustain Arlington Street.
- 50% will go to Friday Night Supper Program.

You may give cash, write a check, or make a credit card donation. Whatever you put into the collection plate can be split between your pledge to Arlington Street and *Share the Plate*. Just note carefully on the check memo line or on the offering envelope how much money goes toward fulfilling your pledge and how much goes to *Share the Plate*. Thank You! Happy Birthday and Congratulations, Friday Night Supper Program!

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## Arlington Street Church Corporation Meeting

Today ~ 12:30 PM, Hunnewell Chapel      **\*Vote required**

\*Amendment to ASC Bylaws ..... Thomas Simers

\*Election of GA Delegates ..... Steve Vorenberg

Kate Birney      Greg Haig      Doc Kinne

Peter Lowber      Karen Tausch

Building the World We Dream Update ..... Barb Seidl

Nominating Committee ..... Steve Vorenberg

Q&A on Written Reports

Other Business

### Written Reports

- Treasurer ..... Susie Nacco
- Prudential Committee ..... Shane McBride
- Business Administrator ..... Phyllis Guiliano
- Social Action Committee ..... Doug Fiero

### \*Proposed Amendment of By-Laws

Insert the following in the Article III Prudential Committee section of the Arlington Street Church Bylaws:

Article III

E. Action and Voting Outside of Meetings

1. Action, including voting, may take place between meetings via any medium, electronic or otherwise, available to all Prudential Committee members.
2. A policy shall be established and approved by the Prudential Committee during a regular meeting. Amendments to the policy shall likewise be approved only during a regular meeting.
3. Any vote taken between meetings will be recorded in the minutes.

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## THIS WEEK

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### Buddha's Belly ~ The Buddhist Book Discussion and the Arlington Street Zen Center

Tuesday, March 11<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday.

Buddha's Belly meets at 6 PM. For tonight's discussion, please read through Chapter Two of *Love Your Enemies: How to Break the Anger Habit and Be a Whole Lot Happier* by Sharon Salzberg and Robert Thurman.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

### Kundalini Yoga Class

Wednesday, March 5<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 donation that goes to the church. First class is free!

*We invite you to cut out this calendar and keep it handy or view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, March 9, 2014

9:30 AM      Choir Rehearsal ~ Sanctuary  
9:30 AM      Social Action Committee ~ Smith Room  
11:00 AM      Sunday Morning Worship ~ Sanctuary  
11:15 AM      Children's Religious Education ~ Perkins Room  
12:00 PM      Coffee & Lunch Hour ~ Parish Hall  
12:30 PM      Corporation Meeting ~ Hunnewell Chapel

### Monday, March 10, 2014

\*10:30 AM      Connections Group ~ Perkins Room  
5:30 PM      Indulge Re-Cap ~ Hunnewell Chapel

### Tuesday, March 11, 2014

6:00 PM      Buddha's Belly ~ Hunnewell Chapel  
7:00 PM      Arlington Street Zen Center ~ Hunnewell Chapel

### Wednesday, March 12, 2014

\*12:00 PM      Staff Meeting ~ Perkins Room  
6:00 PM      Kundalini Yoga ~ Hunnewell Chapel  
6:30 PM      Talking Your Walk ~ Smith Room  
\*6:30 PM      Building the World We Dream ~ Perkins Room  
7:00 PM      Veterans for Peace: Parade Planning Meeting ~ Clarke Room

### Thursday, March 13, 2014

7:00 PM      Choir Practice ~ Clarke Room

### Friday, March 14, 2014

5:00 PM      Friday Night Supper ~ Parish Hall

### Saturday, March 15, 2014

No Congregational Events

### Sunday, March 16, 2014

9:30 AM      Choir Rehearsal ~ Sanctuary  
9:30 AM      Social Action Committee ~ Smith Room  
11:00 AM      Sunday Morning Worship ~ Sanctuary  
11:15 AM      Children's Religious Education ~ Perkins Room  
12:00 PM      Coffee & Lunch Hour ~ Parish Hall  
12:15 PM      St. Patrick's Peace Parade Marchers ~ depart from Parish Hall  
12:30 PM      *Behind the Kitchen Door* Reading Group ~ Clarke Room  
1:00 PM      Arlington Street Humanists Group ~ Stage Right Room

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

## Talking Your Walk

Wednesday, March 12<sup>th</sup> ~ 6:30 PM, Smith Room

Talking Your Walk meets every second Wednesday. This is a non-clinical support group in solidarity with those who are dealing with the challenge of depression. Our own John Sacco, LICSW, is the facilitator. Please see Rev. Kim or John with questions, or to let us know that you will be joining the group.

## Welcome, Veterans for Peace! Let's March Together!

Wednesday, March 12<sup>th</sup> ~ 7:00–10:00 PM, Clarke Room

Everyone is invited to attend the Veterans for Peace final meeting to organize for the St. Patrick's Day Parade in South Boston. The parade has been the source of much contention and heartache in the city; both Veterans for Peace and LGBTQQIA groups have been denied permits to march. Three years ago, a second parade was created. This year, it's going to be huge! Let's help bring it to fruition!

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## SAVE THE DATE

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### *Behind the Kitchen Door* ~ An ASC Reading Group

Sunday, March 16<sup>th</sup> and April 13<sup>th</sup> ~ 12:30–2:30 PM, Clarke Room

In *Behind the Kitchen Door*, author Saru Jayaraman reveals how restaurant workers live on some of the lowest wages in America. The book explores how poor working conditions—discriminatory labor practices, exploitation, and unsanitary kitchens—affect the meals that arrive at our restaurant tables.

*Behind the Kitchen Door* is this year's Unitarian Universalist Association Common Read. It makes visible the lives of people who are subject to discrimination and oppression based on economic status, race, ethnicity, gender, and/or immigration status. Common Reading groups are encouraged to let *Behind the Kitchen Door* inspire follow-up action, such as advocacy for just working conditions for restaurant workers, as part of a commitment to ethical eating.

The three-meeting UUA curriculum will provide the framework for our discussions. People can come to any or all of the meetings. The book is available from the UUA bookstore, Amazon, and the library. If you would like to be in this reading group, please RSVP in person to Kate Birney or Peter Lowber or send an email to [socialaction@ASCBoston.org](mailto:socialaction@ASCBoston.org).

### St. Patrick's Peace Parade: People's Parade for Peace, Equality, Jobs, and Social, Climate, & Economic Justice

Sunday, March 16<sup>th</sup> ~ 1:00 PM, D Street & W. Broadway, South Boston

Let's all march together! The Arlington Street group will leave for the parade at 12:15 from the parish hall, or meet us at the parade. Look for the white "Vets for Peace" flags, and say you're looking for the religious division. All ages, all in!

### Arlington Street Humanists

Sunday, March 16<sup>th</sup> ~ 1:00 PM, Stage Right Room

The Humanists group will be discussing how Humanism works on a day-to-basis, and its connection to Unitarian Universalism. Please join us!

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