

spiritual tree.” In a time of increasing addiction rates, William James is a most welcome companion and guide to anyone struggling with addiction or living a life of recovery.

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## ANNOUNCEMENTS

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### Next Buddha’s Belly Book

We are beginning a new book: *The Shambhala Principle: Discovering Humanity’s Hidden Treasure* by Sakyong Mipham. Please read chapters 1-4 for our next meeting on Tuesday, April 22<sup>nd</sup>.

### Requests for Jubilee Support

Our Jubilee initiative supports Arlington Street Church’s “work in the world”. Church members are welcome to submit requests for support (financial and other) that promote the Jubilee initiative and its guiding principles. Applications will be considered on an ongoing basis. Requests for Jubilee projects to begin this summer should be submitted by May 15<sup>th</sup>. Project ideas for the coming church year should be submitted by October 1<sup>st</sup>. For more information, please email [jubilee@ascBoston.org](mailto:jubilee@ascBoston.org).

### Connections Groups Are Still Open

Connections groups meet twice a month for small group facilitated sharing and reflection on a variety of topics. This year’s groups are meeting on Monday mornings, Tuesday evenings, and Thursday evenings. If you’re looking for an opportunity to listen to others’ stories and offer your own, please see Thomas Simers, Nancy Perna, or Jean Ko Stewart, or e-mail [connections@ascboston.org](mailto:connections@ascboston.org). Recent topics have included retirement, forgiveness, anger, grace, and disappointment.

### Albie Sachs, Hero of Anti-Apartheid & Equal Marriage

Sunday, April 13<sup>th</sup> ~ 3:30 PM, Temple Karem Shalom, 659 Elm St., Concord  
Justice Albie Sachs, appointed by Nelson Mandela to the Constitutional Court of South Africa, is a great hero of the Anti-Apartheid movement and author of the Court’s decision in *Minister of Home Affairs v. Fourie*, in which South Africa’s statute defining marriage to be between one man and one woman was declared a violation of the Constitution’s mandate for equality. He will be speaking about freedom! All are welcome at no charge!

### Jobs Not Jails: Rally to End Mass Incarceration!

Saturday, April 26<sup>th</sup> ~ 1:00 PM, Boston Common

- End Massachusetts funding for building jails and support funding for jobs instead!
- End mandatory sentences for non violent drug offenses!
- Sign the petition at the Social Action table

We will meet on the front steps of the church at 12:30 to walk over to the rally.

### Help Keep Immigrant Families Together

Sunday, May 4<sup>th</sup> ~ 2:00 PM, 20 Bradston Street, Boston

Help stop the raids and deportations of immigrant families by attending a vigil for immigrant detainees at the Suffolk County House of Correction. This vigil is sponsored by the Boston New

Sanctuary Movement. We will car pool from the church at 1:15.

If you want a ride, please email [socialaction@ascboston.org](mailto:socialaction@ascboston.org)!

### Mother’s Day Walk for Peace

Sunday, May 11<sup>th</sup> ~ 7:00 AM, Assemble at Town Field in Dorchester

This is the 18<sup>th</sup> Annual Walk to honor the mothers and families who have lost their children to homicide in the city of Boston. Come walk with the Arlington Street contingent! We will gather at Town Field in Dorchester. The walk takes a couple of hours, getting us back in time for Sunday service. Take the Red Line to Field’s Corner and walk to Town Field. If you drive, you can find parking on the side streets.

This is also the annual fund-raiser for the Louis D. Brown Peace Institute, which organizes the Walk. The Institute is staffed almost entirely by survivors of violence, and it supports other survivors while sponsoring anti-violence services and workshops in local schools. If you can, please contribute your financial support with the Arlington Street Team at [goo.gl/5zhdrk](http://goo.gl/5zhdrk). If you have any questions, please email [socialaction@ASCBoston.org](mailto:socialaction@ASCBoston.org).

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#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. The Church’s administrative assistant will pass your message on to the appropriate people. Please speak your “truths in love” and include your name and contact information so we can follow up. Thanks!

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#### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

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#### INSIDE SUBMISSION GUIDELINES

Please email all Sunday “Inside” announcements **before Tuesday noon to [print@ascboston.org](mailto:print@ascboston.org)**. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

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#### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

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#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

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Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303  
Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051  
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# INSIDE



## ARLINGTON STREET CHURCH

### NEWS FROM THE SOUL OF SUNDAY

SUNDAY, APRIL 13<sup>TH</sup>, 2014

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## TODAY

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### Coffee Hour

Today ~ Immediately following worship, Parish Hall

Let’s all gather downstairs for coffee, soup, sandwiches, and community! Thank you to the youth in CRE form making Passover food to share! If you’re visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson at [office@ascboston.org](mailto:office@ascboston.org).

### Share the Plate with Only A Child

Today ~ 11:00 AM, Sanctuary

We continue our new spiritual practice of generosity at Arlington Street. For April, *Share the Plate* donations will go to Only A Child. Only A Child, founded by our own George Leger, turns 20 this year! The organization maintains a group home and carpentry shop for street youth in Guatemala City, offering them something to belong to; a place where they are respected and cared for; a place where they can grow and develop an identity complete with confidence and self-esteem.

Half of this morning’s offering will sustain Arlington Street, and half will go to Only A Child. You may donate with cash, a check, or a credit card. You may also split a donation between your pledge to Arlington Street and *Share the Plate* with a notation specifying how much money goes toward each. Thank You!

### What I Love About Arlington Street ~ Photo Op

Today ~ Noon, Parish Hall Stage

As part of our Covenant Renewal activities this spring, please express what it is you love most about Arlington Street Church (ASC). Our own Christa Lamb will take photos of congregants as they hold a sign showing the one thing they love most about their Arlington Street experience. Enjoy the photos on display as a “wall of love” in the parish hall for the remainder of the church year. This is a great opportunity for you to share with others the things that most touch you about being a part of ASC. Please come down to the parish hall after services to put your message on a sign and have your photo

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taken. We encourage you to share your “message of love” on your facebook page and to your twitter account (#ILuvASC).

## Building the World We Dream—Lunch Conversation!

Today ~ Noon, Parish Hall Stage

The “Building the World We Dream” team invites you to eat lunch together in the Parish Hall after service. This will be an informal setting to talk about the issues of racism and multiculturalism and the charter for a Transformation Team at Arlington Street. Please come say hello and share your thoughts, or send an email to [transformation@ascboston.org](mailto:transformation@ascboston.org).

## Arlington Street Humanists

Sunday, April 13<sup>th</sup> ~ 1:00 PM, Stage Right Room

The Arlington Street Humanists will be continue discussing a good definition of Religious Humanism and how it can compliment the Unitarian Universalism experience. We’ll also continuing talking about the new TV program “Cosmos,” being presented by the American Humanist Association’s 2009 Isaac Asimov Award Winner, Dr. Neil deGrasse Tyson, and how it is being received. All are welcome!

## Veterans’ Poetry Coffee House: Midnight Voices

Tuesday, April 15<sup>th</sup> ~ 7:00–10:00 PM, Clarke Room

Calling all poets, slammers, wordsmiths, lyricists, rappers, misfits, and anyone who has the gift of gab!

The Smedley Butler Brigade (VFP Chapter 9), in conjunction with Warrior Writers and Veteran Friends, will be hosting a monthly coffee house, poetry, and spoken word event. The evenings will be structured around an invited reader for 20 minutes, plus a lottery draw to determine which 12 additional people will read, perform, or use 5 minutes in any sort of way. For more information, contact Eric Wasileski at [ericwasileski@gmail.com](mailto:ericwasileski@gmail.com). Come and be part of something fun and exciting!

## Claiming Our Faith!

Wednesday, April 16<sup>th</sup> ~ 6:00–7:30 PM, Perkins Room

Have you ever wished that you could be part of Arlington Street’s Coming of Age program for teens so that you could have deep conversations about your spiritual journey, Unitarian Universalist theology, and your personal credo? You’re in luck! Tonight, Rev. Kim finishes the 3-part series with a workshop to create personal credo statements of belief, wonderments, and guesses. Tea, sweets, and engaging spiritual conversations await! All are welcome!

## Kundalini Yoga Class

Wednesday, April 16<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 donation that goes to the church. First class is free!

## Women’s Spirituality Group

Saturday, April 19<sup>th</sup> ~ 10:00–Noon, Perkins Room

The Women’s Spirituality group at Arlington Street is seeking new members. We meet once a month on Saturdays to explore various spiritual and humanist topics, in a format similar to that used in

*We invite you to cut out this calendar and keep it handy or view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, April 13, 2014

9:30 AM	Choir Rehearsal ~ Sanctuary
9:30 AM	CRE Committee Meeting ~ Perkins Room
9:30 AM	Social Action Committee ~ Smith Room
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children’s Religious Education ~ Perkins, Parish, Carol Smith
12:00 PM	Coffee Hour and Lunch ~ Parish Hall
12:00 PM	What I Love about ASC “photo op” ~ Parish Hall Stage
1:00 PM	Arlington Street Humanists ~ Stage Right Room
12:30 PM	Coming of Age Group ~ CRE Program Office

### Monday, April 14, 2014

*10:30 AM	Connections Group ~ Perkins Room
*6:30 PM	Multiculturalism/Anti-Racism Class ~ Parish Hall

### Tuesday, April 15, 2014

6:00 PM	Prudential Committee ~ Perkins Room
7:00 PM	Veterans Poetry Coffee House ~ Clarke Room

### Wednesday, April 16, 2014

*12:00 PM	Staff Meeting ~ Perkins Room
6:00 PM	Claiming Our Faith ~ Perkins Room
6:00 PM	Kundalini Yoga ~ Hunnewell Chapel
6:30 PM	Talking Your Walk ~ Smith Room
*6:30 PM	Building the World We Dream ~ Clarke Room

### Thursday, April 17, 2014

7:00 PM	Choir Practice ~ Clarke Room
*8:00 PM	Connections Group ~ Perkins Room

### Friday, April 18, 2014

5:00 PM	Friday Night Supper ~ Parish Hall
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### Saturday, April 19, 2014

10:00 AM	Women’s Spirituality Group ~ Perkins Room
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### Sunday, April 20, 2014

9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children’s Religious Education ~ Perkins, Parish, Carol Smith
12:00 PM	Coffee Hour and Lunch ~ Parish Hall

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

Arlington Street’s Connections groups. All women are welcome, including, of course, transgender women. At this meeting we will explore collective trauma in observance of the one-year anniversary of the Boston Marathon bombings. If you would like to attend, please email Karen Sontag at [office@ascboston.org](mailto:office@ascboston.org)!

## SAVE THE DATE

### Connections Facilitators Training & Information Session

Saturday, April 26<sup>th</sup> ~ 1:00 PM, Perkins Room

Planning for next year’s Connections small group ministry is underway. Attend this Facilitators Training and Information Session to learn more about facilitating, ask questions, or jump right in. You can also e-mail Thomas at [connections@ascboston.org](mailto:connections@ascboston.org).

### Problems and Promises of Unearned Privilege

Sunday, April 27<sup>th</sup> ~ 12:30–2:00 PM, Hunnewell Chapel

In this workshop, we explore the privileges and advantages we experience as people of white or European ancestry, and the disadvantages and lack of opportunities we experience as people of color. We also look at how white privilege manifests in congregational life. Through these exercises, we have an opportunity to generate ways to become more intentional and inclusive in our practice. This workshop is offered by Building the World We Dream About (BTWWDA). Everyone is Welcome!

### New Member Class

Sunday, May 4<sup>th</sup>, Meet ASC ~ 12:30 PM, Clarke Room

Wednesday, May 7<sup>th</sup>, Spiritual Journeys ~ 6:00 PM, Perkins Room

All interested newcomers are warmly invited to our next two-session new member class. In our first session, we learn a little of Arlington Street’s history, polity, and practices; and meet some of our illustrious leadership and staff. Rev. Kim joins us for the second session, where we share stories about our spiritual journeys and ask our burning questions. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. Please sign up at the Welcome Table in the parish hall after the service. All are welcome!

### Spiritual Passions

#### Higher & Friendly Power: William James and Addiction

Sunday, May 4<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

Please attend this *Spiritual Passion* led by Peg O’Connor, professor of philosophy at Gustavus Adolphus College and the author of the *Psychology Today* blog, “Philosophy Stirred, Not Shaken: Philosophy and Addiction.” Peg has written several pieces for *The New York Times* on addiction and is a recovering alcoholic.

The philosopher/psychologist William James and his great work, *The Varieties of Religious Experience* (1902), had a profound influence on the founding of Alcoholics Anonymous. This talk introduces James’s concepts of “surrender,” “conversion,” “habitual centers of personal energy,” “misery thresholds,” “world sickness,” “higher and friendly power,” “healthy-mindedness,” and “practical fruits of the

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