

## Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, May 12<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday.

Buddha's Belly meets at 6 PM. We will continue our discussion of Matthew Bortolin's *The Dharma of Star Wars*. Please finish reading the book for this meeting!

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

## Covenant Renewal and Friday Night Supper Appreciation Luncheon

Sunday, May 17<sup>th</sup> ~ 11:00 AM, Sanctuary and 12:00 PM, Parish Hall

On Covenant Renewal Sunday, members and friends pledge their financial support for the coming church year, which provides almost half of the annual income for our spiritual community and our work in the world. Following worship, once again, in celebration of Covenant Renewal, Friday Night Supper Program's (FNPS) Board of Directors will serve a homemade lunch to thank the congregation for 32 years of support in helping to feed our neighbors who are hungry and homeless. For more information about FNPS, please go to [www.fridaynightsupper.org](http://www.fridaynightsupper.org). Thank you for your part in supporting our spiritual home and community!

## "...and Service is Our Gift"

Now through May 17<sup>th</sup>

Starting in September the Nominating Committee will begin piloting projects and ideas to help members and friends further develop their skills, talents, and gifts to provide service to the congregation, our local communities, and the world in which we live. Please contact [nominating@ascboston.org](mailto:nominating@ascboston.org) by May 17 to learn how to be a part of this exciting new endeavor. All are welcome!

## Concert: Inside Out Winds!

### Works by Bach, Nielsen, Milhaud and Ravel

Sunday, May 17<sup>th</sup> ~ 7:00 PM, Hunnewell Chapel

FREE, Donations Gratefully Accepted

The award-winning Inside Out approach helps concertgoers access their memories and activate their imaginations so that they can have more moving, meaningful, and personal experiences with classical music.

Inside Out Concerts show that a connection with music is not so much about knowing (although it's useful to know the historical and cultural context of a piece) as about tapping into the emotional essence and universal human experience that's inherent in every work of art, be it music, dance, theatre, film, or visual art.

May's concert will feature Lisa Hennessy, flute; Amanda Hardy, oboe; Rane Moore, clarinet; Ron Hartounian, bassoon; and Eli Epstein, horn and tour guide.

## COVENANT RENEWAL PLEDGE FORM

July 2014 through June 2015

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ \_\_\_\_\_ to support the work of Arlington Street Church for 2014-2015.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

*Pledge contributions may be made by cash, check, or credit card.*

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and "**2015 Pledge Payment**".
- Checks should be made payable to Arlington Street Church with "**2015 Pledge Payment**" written on the check memo line.
- If you wish to pay by credit card, please complete the following:

**Accepted:**  Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_ Zip Code: \_\_\_\_\_

*Please charge my credit card in either:*

One payment for my entire pledge on July 10, 2014

Equal monthly installments on the **10<sup>th</sup> of each month**

*I'm adding a pledge of SERVICE! Here's how I'd like to serve:*

\_\_\_\_\_

\_\_\_\_\_

### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street, Boston, Massachusetts 02116-3303

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# INSIDE

ARLINGTON STREET CHURCH

## NEWS FROM THE SOUL OF SUNDAY

SUNDAY, MAY 3<sup>RD</sup>, 2015

## TODAY

### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson.

### Covenant Renewal: #IamASCBoston

Today ~ 12:30 PM, Parish Hall

We are - every one of us! - the people of the beloved community at Arlington Street. Once a year, we renew our covenant of love and service with one another, and the world. This year's theme is #IamASC! This week and next, our own Christa Lamb will be in the photo booth to snap your head shot for our #IamASC social media campaign. We'll also be filling in the blanks on ASC "Mad Libs" to share a little bit more about who we are. Come on by after the service and be part of the fun!

### Welcome, Lama Surya Das!

Today ~ 11 AM, Sanctuary and 12:30 PM, Hunnewell Chapel

Lama Surya Das joins Rev. Kim in our high pulpit to release his newest book, *Make Me One with Everything: Buddhist Meditations to Awaken from the Illusion of Separation*. Lama Surya Das, an American-born lama in the Tibetan Buddhist tradition, is a poet, spiritual activist, and author of many popular works on Buddhism. He has long been involved in charitable relief projects in developing countries and in interfaith dialogue.

Lama Surya will stay after the service for a visit and book signing. All are welcome!

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## Social Action Committee's Winter Clothing Drive

Today

Why we are collecting winter apparel now that it's finally Spring? We're hoping that many of you and your neighbors will be disposing of unwanted winter items that can be put to good use. We plan to store cold weather clothing now for next winter, to distribute to people who are homeless. Please help us prevent cold weather injuries, such as frostbite and hypothermia, in a population that faces exposure to the elements on a daily basis. Donations may be dropped off today at the social action table. Thank you!

## Cheer on our Friday Night Supper Team!

Today

Hosted by Project Bread, the Friday Night Supper Team is out walking today! The Walk for Hunger takes place each year on the 1st Sunday of May. Rain or shine, this 20-mile walk raises money for over 400 area hunger relief programs, including the Friday Night Supper Program. To show your support and sponsor Team FNS, please visit [http://support.projectbread.org/site/TR/Walk/General?team\\_id=76394&pg=team&fr\\_id=1250](http://support.projectbread.org/site/TR/Walk/General?team_id=76394&pg=team&fr_id=1250).

## THIS WEEK

### Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

### The Wednesdays: Arlington Street's Literary Salon Whitman's "Song of Myself"

Wednesdays, May 6<sup>th</sup> and 13<sup>th</sup> ~ 6:00-8:00 PM, Frothingham Library

Join Professor Alan Helms and Rev. Kim to discuss Walt Whitman's "Song of Myself," one of the masterpieces of world literature. Whitman was the first American poet who published in free verse, and the first to write in the American vernacular, eschewing words like "swain" and "sward" and employing Americanisms like "duds" and "pal" and "reckon." He said women matter as much as men, black people matter as much as white people, and sex is nothing to be ashamed of but something to be celebrated, and he's refreshingly irreverent, as when he claims that "The scent of these armpits is aroma finer than prayer," the line which caused Oliver Wendell Holmes to throw his copy in the fireplace. Outside the United States, Whitman is recognized as the peer of Shakespeare, Homer, and Dante. Come one and all to find out why!

This book has slightly different titles, but basically you want *Leaves of Grass*, the Original Edition (Penguin paperback, usually). You'll find many copies for a penny at Amazon & ABEBooks, or for free at the public library. Please be sure to read sections 26-41 of *Song of Myself* before our third meeting.

We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)

## This Week

### Sunday, May 3, 2015

- 9:15 AM CRE Committee Meeting ~ Cosi Cafe, 399 Boylston Street
- \*9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins, Parish Hall, Stage R.
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Lama Surya Das Book Signing ~ Hunnewell Chapel
- 12:30 PM Indulge Meeting ~ Clarke Room

### Monday, May 4, 2015

No congregational events planned.

### Tuesday, May 5, 2015

- 6:00 PM Worship Committee ~ Perkins Room
- \*7:00 PM Spiritual Practice for Professional Caregivers ~ Frothingham Library

### Wednesday, May 6, 2015

- \*11:30 AM Staff Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel
- 6:00 PM The Wednesdays ~ Frothingham Library

### Thursday, May 7, 2015

- 7:00 PM Choir Practice ~ Clarke Room

### Friday, May 8, 2015

- 5:00 PM Friday Night Supper ~ Parish Hall

### Saturday, May 9, 2015

No congregational events planned.

### Sunday, May 10, 2015

- \*9:30 AM Music Rehearsal ~ Sanctuary
- 9:30 AM Social Action Committee Meeting ~ Smith Room
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins, Parish Hall, Stage R.
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Arlington Street Circle of Caring ~ Frothingham Library
- 12:30 PM Study Group on Palestine/Israel ~ Sanctuary

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

**For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)**



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

## Announcements

### Please join Team ASC for the 19<sup>th</sup> Annual Mother's Day Walk for Peace

Sunday, May 10<sup>th</sup> ~ 7 AM, Town Field, Dorchester

We hear and read about it every day: needless and senseless violence in our schools, on our streets, and in our neighborhoods. Let's ALL walk the walk that makes it clear: the time to end the violence is NOW. The walk takes a couple of hours; we'll be back in time for worship at Arlington Street Church. Take the Red Line to Field's Corner, and walk to Town Field. If you drive, you can find parking on the side streets.

This is the annual fundraiser for the Louis D. Brown Peace Institute, which serves as a center of healing, teaching, and learning for families and communities dealing with murder, trauma, grief, and loss. Their principles—Love | Unity | Faith | Hope | Courage | Justice | Forgiveness—are aligned with our Unitarian Universalist principles. If you can, please contribute for supporting the Walk by going to the ASC pledge page for the Walk at this link: <http://goo.gl/krCTMe>. If you have any questions, please email [transformation@ASCBoston.org](mailto:transformation@ASCBoston.org).

### Beth Robbins, Our Intern Minister, is Coming!

Sunday, May 10<sup>th</sup> ~ 11:00 AM, Sanctuary

Beth Robbins is currently a student at Meadville Lombard Theological School in Chicago. She and Rev. Kim began their work together, mostly long distance, this year (and Rev. Kim is already crazy about her!). Beginning this coming September, Beth will be among us for two years, serving as our intern minister. From Sunday, May 9th through Tuesday, May 12th, Beth will be visiting Boston from her home in Gainesville, Florida, and is eager to begin to meet all of us and to secure housing. Beth will be joining us on May 10th for the Mothers Day Walk for Peace and for worship. If you have any housing leads, or you would like a wonderful new housemate, please speak with Rev. Kim. Thank you!

### Arlington Street Circle of Caring

Sunday, May 10<sup>th</sup> and 24<sup>th</sup> ~ 12:30 PM, Frothingham Library

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle.

Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer, her Aunt to Alzheimer's and her brother and close friends to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.