



### Children's Religious Education Wishlist

Please help CRE launch a fantastic program for this new church year! To volunteer or contribute, please contact CRE@ASCBoston.org. Our current wishlist includes: a new door for the Nursery and a round rug for the Spirit Play group. We are also looking for mentors for Coming of Age Youth (6th - 8th graders) and participants to march with us in the HONK festival on October 9th (www.honkfest.org). Thank you in advance!



### Join the Social Action Committee

Join our team and get support on the social action topic you are passionate about: voting rights, climate change, economic inequality, gun violence, Citizens United, homelessness, and more. We meet on the second Sunday of each month at 9:30 am. For more information, contact David McLain at SocialAction@ASCBoston.org. "The service begins when the service ends."



### Transformation Team for Racial Justice

The Transformation Team for Racial Justice is an ongoing task force of Arlington Street Church that seeks to identify and eliminate interpersonal and institutional barriers of racism and oppression, and build a justice-seeking, multiracial, multicultural community. If you have feedback or questions for The Team, please email Transformation@ASCBoston.org, attend our open meetings on the third Tuesday of every month from 7 - 8:30 p.m. or speak with a team member (Jonah Beukman, Sarah Cooleybeck, Margy Herley, Peter Lowber, Laura Pattison, Nancy Perna, and Barbara Seidl). Membership on the Team requires a one year commitment and anti-racism/anti oppression/multicultural training.



### Car Donations Made Easy!

Start your fall off on the right track by donating a vehicle. If you are finally splurging on that new vehicle, donate your trade-in to Arlington Street. Use the link below or call 855-500-RIDE (7433). [www.cardonatingiseasy.org/donate/?CharityID=4038](http://www.cardonatingiseasy.org/donate/?CharityID=4038)

## COVENANT RENEWAL PLEDGE FORM

July 2016 through June 2017

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ \_\_\_\_\_

to support the work of Arlington Street Church for 2016-2017.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Pledge contributions may be made by cash, check, or credit card.**

Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_

**Please charge my credit card in either:**

One payment for my entire pledge.

Equal monthly installments on the 12<sup>th</sup> of each month.

#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

#### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

#### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729  
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# INSIDE

ARLINGTON STREET CHURCH

## NEWS FROM THE SOUL OF SUNDAY

SUNDAY, SEPTEMBER 25<sup>TH</sup>, 2016

### TODAY



### In Celebration of Blessing of the Animals Coffee Hour and Lunch is Vegetarian & Vegan

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.



### PetPals in the Parish Hall

PetPals is dedicated to bringing the healing power of pets to over 650 Boston-area elders each week. The program connects canine and feline volunteers (and their owners) to elderly residents of long-term care facilities for weekly visits. Learn more at [www.fw4elders.org](http://www.fw4elders.org) or by contacting Ellen at 617-482-1510 or [ekirchheimer@fw4elders.org](mailto:ekirchheimer@fw4elders.org)



### 1st Annual New England Muslim Festival

Today ~ 11:30 AM - 6:00 PM, Malden City Hall Plaza

Celebrate the diversity and the rich cultural heritage of the American Muslim community at this free family event. The festival includes an international bazaar, Halal food, cultural songs, folk dances, poetry, a comedy show, bouncy houses, face painting, and much more. Learn more at [nemuslimfestival.org](http://nemuslimfestival.org)



### Uncomfortable Conversations

Today ~ 12:30 PM, Hunnewell Chapel

The Transformation Team for Racial Justice offers this time and space for facilitated discussion and continuing conversation about developing an anti-racist worldview. We plan to hold these conversations periodically at Arlington Street Church. All are welcome and no RSVP is needed. For more information or to suggest discussion topics in advance, email [transformation@ascboston.org](mailto:transformation@ascboston.org).

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## **Woody O'Kane Memorial Service**

Today ~ 2:00 PM, Sanctuary

Please join us this afternoon to celebrate the life of longtime Arlington Street member Mary Alice (Woody) O'Kane. Woody was a veteran of our choir and was with George Whitehouse in the bell tower on Christmas Eve, as always, ringing in the holiday. She will be greatly missed!

## **Protest the Proposed Changes to Prison Visitation**

The Department of Corrections is proposing extreme restrictions on visits to inmates. The proposed limits will further isolate prisoners, create bureaucratic delays, and make it difficult to maintain the community relationships that support successful reentry. Please sign the petition opposing these proposed changes at the Social Action table in the Parish Hall after the service. Also, please join us for the Department of Corrections hearing on this issue this Thursday, September 29th at 10am in the Ashburton Café of the McCormack Building (1 Ashburton Place, near the State House).

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## THIS WEEK

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## **Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center**

Tuesday, September 27<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

*6:00 Buddha's Belly:* We will begin our discussion of Charlotte Joko Beck's *Everyday Zen: Love and Work*. Please read through the first two sections of Chapter II.

*7:00 Arlington Street Zen Center:* Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.

## **Kundalini Yoga Class**

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

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## ANNOUNCEMENTS

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### **Please Support Arlington Street's Ramp Construction Project!**

After just a week, we are already halfway to our goal of raising \$5,000 to finish construction on our new ramp! If you have not yet donated, please check out our crowdfunding campaign Faithify at [tinyurl.com/ArlingtonStreetRamp](http://tinyurl.com/ArlingtonStreetRamp). Together, we are ramping up prophetic hospitality at Arlington Street Church. Thank you for your enthusiastic generosity!



*We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### **Sunday, September 25, 2016**

\*9:30 AM Music Rehearsal ~ Sanctuary  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children's Religious Education (CRE)  
12:00 PM Coffee Hour and Lunch ~ Parish Hall  
12:30 PM Uncomfortable Conversations ~ Hunnewell Chapel  
2:00 PM Woody O'Kane Memorial Service ~ Sanctuary

### **Monday, September 26, 2016**

6:30 PM Membership Team Meeting ~ Perkins Room

### **Tuesday, September 27, 2016**

6:00 PM Buddha's Belly ~ Hunnewell Chapel  
7:00 PM Arlington Street Zen Center ~ Sanctuary  
7:00 PM Transformation Team Meeting ~ Perkins Room

### **Wednesday, September 28, 2016**

\*12:30 PM Staff Meeting ~ Perkins Room  
6:00 PM Kundalini Yoga ~ Hunnewell Chapel

### **Thursday, September 29, 2016**

7:00 PM Choir Practice ~ Clarke Room

### **Friday, September 30, 2016**

5:00 PM Friday Night Supper ~ Parish Hall

### **Saturday, October 1, 2016**

No congregational events are scheduled.

### **Sunday, October 2, 2016**

\*9:30 AM Music Rehearsal ~ Sanctuary  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children's Religious Education (CRE)  
12:00 PM Coffee Hour and Lunch ~ Parish Hall  
12:30 PM Indulge 2017 Planning Meeting ~ Clarke Room  
12:45 PM Arlington Street Circle of Caring ~ Carol Smith Room

\* **Denotes closed meetings.** This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

***For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)***



## **Arlington Street Circle of Caring**

Sundays, October 2<sup>nd</sup>, 16<sup>th</sup>, and 30<sup>th</sup> ~ 12:45 PM, Carol Smith Room

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle. Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer and her brother and close friends to AIDS. Lisa Kirk, who officially joined the ASC Community last year has lead grief and small support groups for other congregations and has lots of experience and insight to share with the group.

Their vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.

## **Have You Made Your Pledge Yet?**

If you have not yet made a financial pledge of support to Arlington Street for this church year, it's not too late! This church is a self-supporting community that relies on the generosity of members to fund everything from our transcendent worship to our mundane electric bill. Coordinating your values with where your money goes is a powerful spiritual practice! Plus, pledging helps the church plan responsibly for the year ahead. We are very close to reaching our goal of \$260,000, which will allow for a fully-funded budget. Covenant Renewal forms are available in the pews and at [ASCBoston.org](http://ASCBoston.org). Please submit your pledge today!

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## ARLINGTON STREET MINISTRIES

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## **Join the Arlington Street Choir this Fall!**

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life!

Musicians and non-musicians are welcome - we are a mix of professionals and amateurs. We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at [MBuckles@ASCBoston.org](mailto:MBuckles@ASCBoston.org)

## **Sign Up for a Small Group!**

Sanctuary Boston is planning to offer 3 small groups in Cambridge and downtown Boston this fall. Each group of committed people meets 6 times over several months for the chance to talk deeply about a wide range of spiritual topics. Whether you're a seasoned veteran of small groups, or if you've never participated before, all are welcome! For more information, please contact Emily Balkam at [emilyrbalkam@gmail.com](mailto:emilyrbalkam@gmail.com).