



THE WORSHIP COMMITTEE PRESENTS ...

Spiritual Passions, 2009

Spiritual Passion:

Reclaiming the Message in the Messenger's Word

Sunday, March 1st, 1:00 PM, in the Frothingham Library

The Bible is a source of great inspiration as well as controversy. Quotations from the Bible are often used to spawn hatred. As Unitarian Universalists, putting dogma aside, what remains is a search for deeper understanding and truth. How can we find the truth in Jesus' message and reclaim our spiritual past? Join Erick DuPree, religious educator, as we reclaim the message in the messenger's word. BYO Bible (if you have one!).

UPCOMING PASSIONS

CHECK *INSIDE* FOR MORE INFORMATION

Spiritual Passion: Journaling

Sunday, March 8th, 1:00 PM, in the Hunnewell Chapel

The Journal method is a remarkable and efficient way to open up new horizons in your life. This Spiritual Passion will show you different kinds of journals, and how they can be used for specific results. Learn how to write dialogues to work through difficult situations; lists of 100; "springboards;" steppingstones for clarifying thoughts and finding solutions; "topics du jour" to reflect on work and career problems; "journals to go" for ways to write in under 15 minutes, and many more techniques! Many of these journal exercises include an "entrance meditation" that allows you to clarify your thoughts before you put pen to paper. Journaling calls us to journey with our inner self, with humanity, and our own spirituality. Let the journey begin!

Spiritual Retreat in the Wilderness - An Arctic Sojourn

Sunday, March 15th, 1:00 PM, in the Hunnewell Chapel

Since childhood, nature has taught Lois spiritual lessons. In August 2008, she went on a women's wilderness camping trip to Gates of the Arctic National Park, which is in Alaska, north of the arctic circle. She will share her experiences of living in an area where the only human impact has been from nomadic hunter and gatherer cultures. On the last day of her trip, a grizzly bear came to the campsite, and one woman was mauled. She survived due to heroic efforts of the trip guides and all of the members. Discussion will consider lessons of 1) living with limited control of our environment; 2) appreciating the scale of wilderness in comparison to human experience; 3) discovering our true self by looking at the awesome beauty in wilderness and our vulnerability as humans.

Other Announcements

Friday Night Supper Program Donation Bins

The Friday Night Supper Program now has permanent donation bins in the Parish Hall located next to the piano. Donations of food items (canned vegetables, beans and soup), toiletries, and men's clothing can be placed in these bins during the week, and will be picked up on Fridays.

If you would like a tax receipt for your donated items, please include your name, address, and dollar amount.

Thank you for supporting the Friday Night Supper Program.

Young Adult Luncheon

Every Sunday, 12:15 pm after the service in the Stage Right Room

Join the Arlington Street Church's Young Adult Group (ages 18-35) for lunch after the service every Sunday. Get food at coffee hour, somewhere around Boston, or bring your own food and meet in the Stage Right Room. The Stage Right Room is the first room on your left after going down the stairs at the back of the sanctuary. Meet welcoming and social folks, check in about your week, and enjoy good company.

The Young Adult Group also meets two Fridays per month at 7pm in the Perkins Room (downstairs next to the kitchen) for activities, food, and worship.

All young adults are welcome

Suggestion Box

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org or leave a note in the suggestion box outside the Church Office. Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "Our Caring Community" to the right.

Inside Submission Guidelines

Please deliver all Sunday announcements before Tuesday at noon by e-mail to inside@ASCBoston.org. Announcements will not be accepted by telephone. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

Scheduling Events at Arlington Street Church

All issues dealing with building usage for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, facilities manager. Jeffrey is able to help you Monday - Friday, 8:00 AM - 3:00 PM. He can be reached by phone at 617-536-7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

Our Caring Community

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office. Our staff and ministers, will be in touch to lend support.

Security Note

This is an urban church. Please do not leave your valuables unattended! Also, please be attentive when exiting the church into the alley. When walking in the alley avoid being alone, carry a cell phone, walk in the center of the road, and pay attention!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street
Boston, Massachusetts 02116-3399

Office Hours: Monday - Friday, 9:00 AM to 5:00 PM
Phone: 617-536-7050 • Fax: 617-536-7051

E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, MARCH 1ST, 2009

Today's Events

Coffee Hour

Immediately following the service in the Parish Hall

Let's gather downstairs for coffee, comestibles, and community! If you're visiting Arlington Street Church, or would like more information about Unitarian Universalism, please visit the Welcome Table. The children are in the Perkins Room, right off the Parish Hall; stop by to see what they have been up to this morning. And there's always something going on at the Social Action Table. All are welcome. Enjoy!

Women's Spirituality Group

Today, 1:00 PM - 3:00 PM, in the Perkins Room

The Women's Spirituality group enjoyed a wonderful first gathering, and will gather again on March 1st to share "spiritual practices" with one another. Please join us and share a spiritual practice such as prayer, meditation, walking, journaling, or whatever practice helps connect you along your spiritual journey. We will also share practices we would like to grow into, as well as ways we can help each other keep before us the importance of spiritual practices for women. Nurturing our spirituality is central to our wellbeing.

Combatants for Peace

Today, 12:30 PM, in the Hunnewell Chapel

Can you imagine this scenario: a Palestinian fighter and an Israeli soldier laying down their weapons and coming together to work for peace? This event features two former combatants—one Israeli, the other Palestinian—who believe the solution to the conflict can only come through non-violence. Come and listen to what they have to say, and participate in a discussion. Sponsored by the Arlington Street Church Social Action Committee and Jewish Voice for Peace.



Global Poverty Study Group System of Rice Intensification

Today, 5:30 PM – 7:30 PM, in the Hunnewell Chapel

The System of Rice Intensification (SRI), which can result in a 50 - 100% increase in rice yield using less land, seed, and water, holds great promise for the major rice growing areas of the world. Much of the world is dependent upon rice as a major staple in its diet. Rice farmers in all but the most wealthy countries generally are at a subsistence level, and would stand to benefit greatly from improvements such as this.

Karthik Karkal and Sankalp Sethi, coordinators of a SRI project in Chhattisgarh State (east-central India), will present their research.

This is the third in our series of Global Poverty issues. A light supper will be served. Please contact Doug Fiero if you are interested in attending through the church office at 617-536-7050 x 10 or Office@ASCBoston.org.

Congregational Announcements

Save the Date

Chili and Contra Dancing to “Balance” the Budget

Saturday, March 28th, starting at 6:00 PM, in the Parish Hall

Join us for a fun evening of homemade chili and Contra Dancing, a family-friendly form of American folk dance in which the dancers form a set of two parallel lines which run the length of the hall. Each dance consists of a sequence of moves that ends with the dancers having progressed one position up or down the set. By the end of the evening, everyone will have danced with everyone else. Contra Dancing was all the rage in the 1800s. Let's help bring it back! All are welcome. Come alone or bring your friends!

Tickets and details to follow!

Ariana Valdes: from Arlington Street to the Opera

Arlington Street's Alto Section Leader Ariana Valdes will be taking a temporary leave of absence from the church due to preparations for two upcoming opera performances: Handel's Serse at The Boston Conservatory, followed by Jerry Springer: the Opera at SpeakEasy Stage. Next Sunday morning, please join us in welcoming interim alto section leader, Katherine McKellar.

Ariana invites you to stop by the welcome table following today's service where she will be taking orders for CD's of her Senior Recital for a suggested donation of \$10-15! She thanks everyone at Arlington Street Church for their constant support!

Coming Up...

Sunday, March 1st, 2009

8:00 AM	Children's Religious Education - Perkins Room
9:30 AM	Choir Warm-Up - Sanctuary
11:00 AM	Sunday Morning Worship - Sanctuary
12:00 PM	Coffee Hour - Parish Hall
12:30 PM	Nominating Committee - Clarke Room
12:30 PM	Security Task Force - Archives Room
12:30 PM	Young Adults Lunch - Stage Right Room
12:30 PM	Social Action Committee - Hunnewell Chapel
1:00 PM	Women's Spirituality Group - Perkins Room
1:00 PM	Spiritual Passion - Frothingham Library
5:30 PM	Global Poverty Study Group - Hunnewell Chapel

Monday, March 02, 2009

10:30 am	Monday Connections Group - Perkins Room
6:00 pm	Covenant Committee - Perkins Room

Tuesday, March 03, 2009

6:00 pm	Worship Committee - Perkins Room
7:30 pm	Spiritual Practice for Professional Caregivers - Frothington Library

Wednesday, March 04, 2009

3:30 pm	Staff Meeting - Perkins Room
6:00 pm	Kundalini Yoga - Hunnewell Chapel
6:00 pm	Talking our Walk Group - Perkins Room
6:00 pm	The Wednesdays Literary Salon - Frothingham Library

Thursday, March 05, 2009

7:00 pm	Choir Rehearsal - Clarke Room
---------	-------------------------------

Friday, March 06, 2009

5:00 pm	Friday Night Supper Program - Parish Hall and Kitchen
---------	---

Saturday, March 07, 2009

No congregational related events at this time

Sunday, March 08, 2009

8:00 am	Children's Religious Education - Perkins Room
9:30 AM	Choir Warm-Up - Sanctuary
9:30 am	Social Action Committee - Archives Room
11:00 AM	Sunday Morning Worship - Sanctuary
12:00 PM	Coffee Hour - Parish Hall
12:30 PM	Young Adults Lunch - Stage Right Room
12:30 PM	Council - Clarke Room
1:00 PM	Sunday Connections Group - Perkins Room
1:00 PM	Spiritual Passion - Frothingham Library

NOTE: This calendar is accurate as of noon the Wednesday before publication and only includes events directly related to the congregation. For complete, up-to-date calendar listings over the coming months, visit www.ASCBoston.org.

Plastic Bags

Support Bethel's food pantry

Sunday, March 8th, during coffee hour, at the Social Action table

Please bring grocery-sized plastic bags to the Social Action table on Sunday March 8th. We'll collect bags on the second Sunday of each month for the food pantry at Bethel Pentecostal Tabernacle Church in Dorchester. Bethel houses "Villages without Walls," one of our Jubilee funded projects.

The Arlington Street Center
for Liberal Religious Inquiry
and Spiritual Practice

Get Your Book for the New Book Club

Today, March 1st, during Coffee Hour, at the Welcome Table

March is the perfect month to do some reading with fellow UUs—winter lingers, spring can seem far away. Make the most of your indoor time and read with us! Our first selection is *Out of the Flames*, a book about Michael Servetus and his "polemical masterpiece that cost him his life," *Christianismi Restitutio*. "Though once an influence on Voltaire, Jefferson, and Emerson, Servetus has received little attention in recent decades. This fascinating study should remedy that neglect." (Booklist)

We'll meet 4 Mondays, from 7:00 pm – 8:00 pm in the Archives room, starting March 9th. The first eight people who ask can get the book for \$12 (\$3 discount). If we have as much fun as I think we will, we'll make plans for future UU-themed book reading. If you're interested, send an e-mail to Sarah Richards at Office@ASCBoston.org, or sign up (and see the book) at the Membership table after service.

The Wednesdays: Shakespearean Tragedies

Wednesday, March 4th, 6:00 PM, in the Frothingham Library

Join us for The Wednesdays, Arlington Street's literary salon. Professor Alan Helms will be on hand to lead us through another of Shakespeare's tragedies. Any text will do, as long as it has numbered acts, scenes, and lines. We'll be reading the plays in what most people think is the chronological order of composition. The plays may be read online (see the links below).

February 25th: **ANTONY AND CLEOPATRA**

http://en.wikipedia.org/wiki/Antony_and_Cleopatra

For this final meeting of the Shakespeare seminar, please join us to watch a DVD of one of the plays.

All are welcome!

Children's Religious Education

This Sunday, all children are invited to join Erick DuPree, religious educator, as the church school decorates cupcakes in celebration of March birthdays.

All are welcome!